

# Multimodal Neuromonitoring & Advances in EEG for Seizure Detection

## “in the ICU”

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## Multimodal neuromonitoring in the ICU

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## Monitoring in the ICU

- Monitoring in the ICU aims to
  - 1) Early detect potential harmful derangements
  - 2) Predict prognosis
  - 3) Guide management in real time
    - The goal of optimizing conditions to maximize the potential for recovery

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## Patients in ICU <--> Acute brain injury (ABI)

- Primary injury
  - Trauma, infection, stroke, etc.
- Secondary injury
  - A cascade of maladaptive
    - Edema, seizures, spreading cortical depolarization, metabolic failure, neuro-inflammation
- A diverse and heterogenous range of pathologic processes that can lead to irreversible neurologic insult (subsequent cellular death)

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## Neuromonitoring

- Acute brain injury (ABI): complex cerebral pathology
- A single neuromonitoring device
  - Insufficient in a comprehensive scope
- Multimodal monitoring (MMM)
  - Bundling several devices
  - Each device has its specific strengths and limitations

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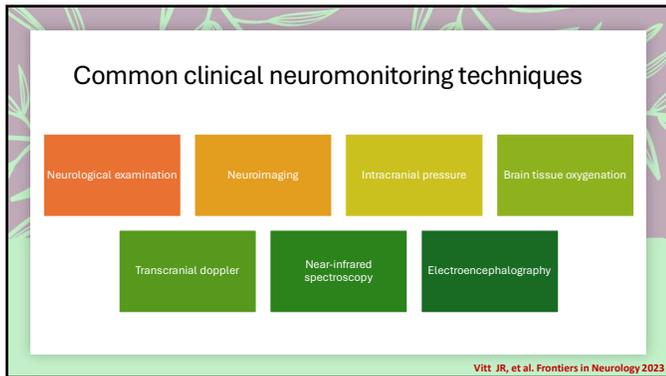
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## Neuromonitoring

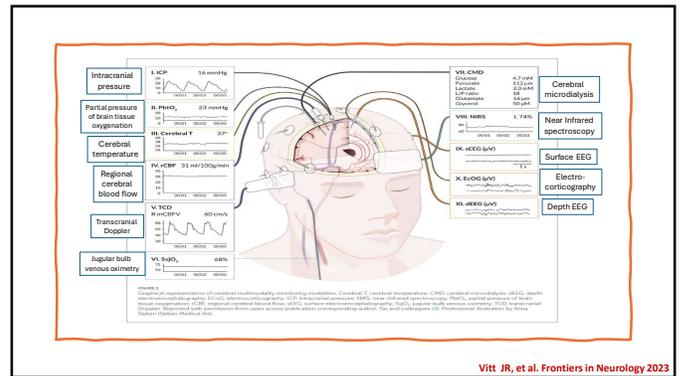
- Multimodal neuromonitoring
  - Bundling several neurologic devices
  - Non-invasive and/or invasive
- Complementary neuromonitoring techniques
  - To enhance the predictive value of the physiologic outputs
  - To manage and allow for individualized patient management decision
  - To characterize cerebral autoregulation capacity with the goal of optimizing cerebral perfusion

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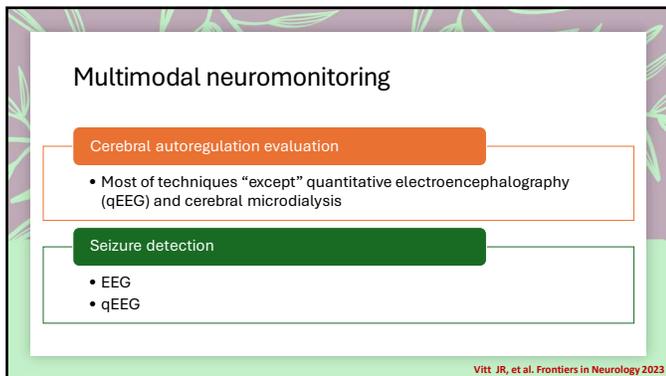
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Modality	Description	Primary signal output	Relevant thresholds	Cerebral autoregulation indices	Signals correlated	Thresholds
Intracranial pressure monitoring	Invasive insertion into cranium. Most commonly in the ventricular or parenchymal space.	ICP CPP	≤20 or 22 mmHg (14) 66–70 mmHg (14)	PRx	ICP and MAP	>0.2 Mortality (13) >0.05 Unfavorable Outcome (13)
Brain tissue oxygenation	Invasive probe measuring oxygen tension in brain parenchyma. Reflects the balance between cerebral oxygen delivery, diffusion and demand.	PbtO <sub>2</sub>	>15–20 mmHg (15)	ORx	PbtO <sub>2</sub> and CPP	>0.3–0.4 Unfavorable Outcome (14)

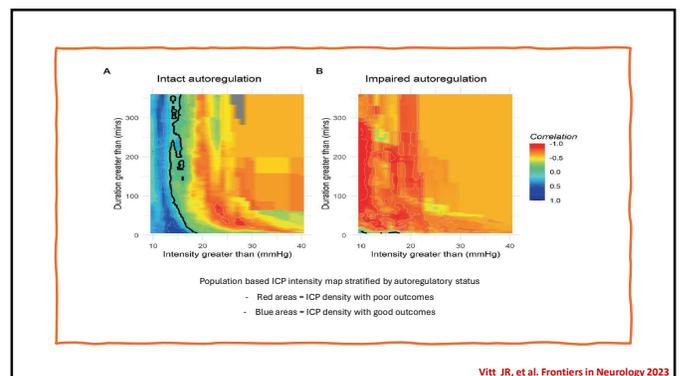
Vitt JR, et al. *Frontiers in Neurology* 2023

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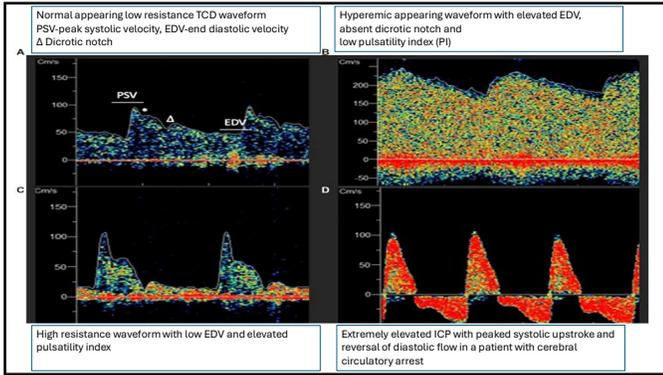
Modality	Description	Primary signal output	Relevant thresholds	Cerebral autoregulation indices	Signals correlated	Thresholds
Transcranial doppler	Non-invasive low frequency ultrasound capable of detecting proximal cerebral vessel blood flow	CBFV PSV EDV MFV PI	MCA MFV >160–200 cm/s suggests vasospasm in SAH (36, 37) MFV <40 cm/s or EDV <20–25 cm/s associated with worse outcome in TBI (38, 39) PI <1.5 associated with worse outcome in TBI (40, 41)	Sx Sx <sub>a</sub> Mx Mx <sub>a</sub>	PSV and CPP PSV and MAP MFV and CPP MFV and MAP	→0.2 Mortality (23) →0.15 Unfavorable Outcome →0.05 Mortality (25) →0.1 Unfavorable Outcome →0.3 Mortality (25) →0.3 Unfavorable Outcome →0.3 Unfavorable Outcome (27)
Near infrared spectroscopy	Non-invasive near infrared light source sensitive to oxygenation status of hemoglobin with ability to describe cerebral oxygenation and blood flow	rSO <sub>2</sub> TOI	Absolute values <50–60% (42) or decline in baseline by ≥1.9% concerning for ischemia (43)	COx TOI THx	rSO <sub>2</sub> and MAP TOI and MAP THx and MAP	Limited clinical evidence to support clear thresholds In general (+) values have been considered consistent with impaired autoregulation (4)

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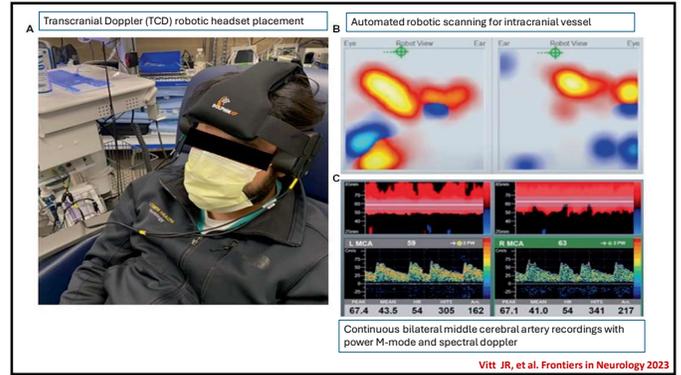
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### Common neurocritical monitoring tools

Physiologic events	Tools	Advantage	Disadvantage
Global neurological status	<ul style="list-style-type: none"> <li>- Glasgow coma scale</li> <li>- Full Outline of Unresponsiveness</li> <li>- Nociception coma scale-revised</li> <li>- Intensive care delirium screening checklist</li> </ul>	<ul style="list-style-type: none"> <li>- Mostly commonly used manually</li> <li>- No need of expensive instruments</li> </ul>	<ul style="list-style-type: none"> <li>- Too late to prompt preventive strategies for potential secondary brain injury</li> </ul>

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### Common neurocritical monitoring tools

Physiologic events	Tools	Advantage	Disadvantage
Cerebral oxygenation	PET scan	Gold standard	Usually unavailable in ICU
	Jugular bulb venous oximetry (SjvO2)	Measure the global brain oxygenation	Invasive with complications
	Intraparenchymal oxygen sensors	Measure the regional brain oxygenation	<ul style="list-style-type: none"> <li>- Invasive with complications</li> <li>- Variation by probe location</li> </ul>
	Near-infrared spectroscopy (NIRS)	Noninvasive	<ul style="list-style-type: none"> <li>- Limited by depth of light penetration interference from other sources</li> <li>- Uniform distribution of infrared light in CSF</li> </ul>

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### Common neurocritical monitoring tools

Physiologic events	Tools	Advantage	Disadvantage
Cerebral blood flow	Thermal diffusion flowmetry	Gold standard measure regional CBF	- Sensitivity to ambient light and temperature
	Laser Doppler flowmetry		- Sensitivity to positioning
	CT, MRI, PET scan	Noninvasive	<ul style="list-style-type: none"> <li>- Usually unavailable in ICU</li> <li>- Failure in continuous monitoring</li> </ul>
	TCD	<ul style="list-style-type: none"> <li>- Noninvasive</li> <li>- Available in ICU</li> </ul>	<ul style="list-style-type: none"> <li>- Limited by operator variability</li> <li>- Usually failure in continuous monitoring</li> </ul>

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### Common neurocritical monitoring tools.

Physiologic events	Tools	Advantage	Disadvantage
Cerebral pressure	Intracranial ICP sensors	Gold standard	Invasive with complications
	TCD	Noninvasive	-Less accurate
	Optic nerve sheath diameter (ONSD)	Noninvasive	Less accurate
	Tympanic membrane displacement (TMD)	Noninvasive	<ul style="list-style-type: none"> <li>- Less accurate</li> <li>- Large standard error and inter-subject variability</li> </ul>

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### Common neurocritical monitoring tools.

Physiologic events	Tools	Advantage	Disadvantage
Cerebral autoregulation	Intracranial oxygen sensor and ICP monitoring	Gold standard	Invasive
	Near-infrared spectroscopy (NIRS)	Noninvasive	Less accurate
	TCD	Noninvasive	Less accurate
Cerebral metabolism	Microdialysis	Measure common brain metabolites - markers of tissue injury, energy failure, cellular stress	- Timing consuming - Low temporal resolution - Volume limitation - Placement matters

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### Common neurocritical monitoring tools

Physiologic events	Tools	Advantage	Disadvantage
Cerebral electrical activity (real time)	EEG	- Primary aim: detect epileptiform discharges - Secondary aim: measure brain electrical activity for predict clinical outcome or prognosis	- High expense - Need for technicians to place EEG leads - Need experts to interpret the recordings - Variability of result between expert readers

Continuous and simultaneous EEG and ICP recordings showed a strong relationship, which could lead to the development of a medical device to measure ICP in a noninvasive way.

Yang MT, et al. Bimed J 2020

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## Advances in EEG for seizure detection in the ICU

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### The prevalence of seizure in the ICU

- Among patients with altered mental status (ASM)
  - 15%-30%
    - Up to 90% -- no/or subtle clinical signs
  - 87%-93% of seizure captured within 48-hour and increased frequency of seizures

Classen J, et al. Neurology, 2004., Friedman D, et al. Anesth Analg, 2009., Towne AR, et al. Neurology, 2000., Newey CR, et al. J Clin Neurophysiol, 2018.

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### Technical aspects of EEG monitoring in the ICU

**Electrode, colloidion**

**The contact impedance 1-10 KΩ (typical 5-10)**

**Even – right, odd – left**

**Fp, F, C, P, O, T, Z, representing anatomical areas of the brain**

**One-channel for EEG + EMG, EOG, respiratory sensors**

**Bipolar montage, referential, average**

**Net polarity: negative → upward deflection, positive → downward deflection**

**Frequency: delta (1-3Hz), theta (4-7Hz), alpha (8-12Hz), beta (13-30Hz), gamma (30-100Hz)**

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### Type of EEG in the ICU

- Ideal EEG**
  - The standard 21-electrode montage from the international 10-20 system
- Optional EEG**
  - Fewer electrode placement
- Surface EEG**
- Intracortical depth electrodes**
- Intermittent or routine EEG (rEEG) – 20-60 minutes**
- Short-term video EEG (STEEG) – 1-8 hours**
- Continuous EEG (cEEG) – 12-24 hour or longer**

Classen J, et al. Neurology, 2004., Friedman D, et al. Anesth Analg, 2009., Towne AR, et al. Neurology, 2000., Newey CR, et al. J Clin Neurophysiol, 2018.

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### Continuous electroencephalogram (cEEG)

- A widespread practice in neuro-ICU
- The American Clinical Neurophysiology Society (ACNS) recommends for detecting of secondary injury in critically ill patients with altered mental status
  - To detect nonconvulsive seizures and status epilepticus and to monitor response to treatment
  - To detect secondary ischemia
  - To detect pharmacological sedation
  - To provide prognostication after cardiac arrest
- Problem: resource consuming

Herman ST, et al. J Clin Neurophysiol. 2015

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### Indication for EEG monitoring in ICU: Critical care and neurophysiology societies guidelines

- Seizure detection
  1. Patients with convulsive status epilepticus (CSE) without return to baseline
  2. Comatose patients with or without brain injury and without clear explanation of their mental status
  3. Unresponsive hypoxic-ischemic brain injury (HIBI) patients, during hypothermia, and within 24 hour of rewarming
- Other indications
  1. Delayed cerebral ischemia in SAH patients
  2. Prognostication after coma esp. in patients with hypoxic ischemic brain injury (HIBI)
  3. Monitoring of continuous sedation

Claassen J, et al. Intensive Care Med. (2013), Le Roux P, et al. Intensive Care Med. (2014), Herman ST, et al. J Clin Neurophysiol. (2015).

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ONLINE REVIEW ARTICLE

### How and Whom to Monitor for Seizures in an ICU: A Systematic Review and Meta-Analysis

Limotai, Chrusak MD<sup>1,2</sup>; Ingsathit, Aniporn MD, PhD<sup>3</sup>; Thedavilpon, Kuntawat MD<sup>4</sup>; McEvoy, Mark PhD<sup>5</sup>; Attia, John MD, PhD<sup>6</sup>; Thakkinstian, Ammarin PhD<sup>7</sup>

Author information ©

*Critical Care Medicine* 47(4):p e366-e373, April 2019. | DOI: 10.1097/CCM.0000000000003641

Continuous EEG (cEEG) vs. intermittent routine EEG (rEEG)

A total of 78 (16,707 patients) and eight studies (4,894 patients)

**cEEG was superior to rEEG in detecting non-convulsive seizures (NCS) and non-convulsive status epilepticus (NCSE)**

Pooled odds ratios from studies with independent data was 1.57 (95% CI, 1.00–2.47)

	NCS	NCSE	Either NCS or NCSE
rEEG	3.1%	6.2%	6.3%
cEEG	17.9%	9.1%	15.6%
• Post CSE	33.5%	20.2%	32.9%
• CNS infection	23.9%	18.1%	23.9%
• Post cardiac arrest	20%	17.3%	22.6%

Limotai C, et al. Crit Care Med. (2019)

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**FIGURE 1 |** Point-of-care EEG. Suspected seizures in a 62-year-old man with decreased level of consciousness ruled out within 10 min with the use of a point-of-care limited EEG montage. The findings were later confirmed with the standard cEEG. **(A)** displays diffuse, irregular, attenuated mixed frequency delta-theta activity in the point-of-care limited EEG montage. Display: 10 s, Scale: ±50 µV, High Pass: 1 Hz, Low Pass: 70 Hz, Notch: 60 Hz. **(B)** displays diffuse, irregular, attenuated mixed frequency delta-theta activity in the standard international 10–20 EEG. Bipolar montage, LFF: 1 Hz, HFF: 70 Hz, Notch: 60 Hz, Sensitivity: 7 µV/mm, Timebase: 30 mm/s.

Sharma S et al. Frontier in Neurology 2022

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### The sub-hairline electrode montage

Clinical trials in critically ill patient

**A prospective study (n = 170)**

- Comparing the full-montage 10–20 placement of electrodes to the sub-hairline electrode montage
- 8% of patients had seizures
- Sensitivity of the sub-hairline montage = 54%, specificity = 100%

**A prospective study (n = 70)**

- Simultaneously connected with a full 10–20 system and the four-channel sub-hairline montage
- A sensitivity of 68% and specificity of 98% for seizure detection for both focal and generalized seizures

Tanner AE, et al. J Clin Neurophysiol 2014., Young GB, et al. Neurocrit Care 2009.

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### Rapid response EEG system

- 8 channels from a bipolar array of 10 electrodes
- A portable EEG recorder and a disposable electrode headband
- The data is acquired as digital samples at a rate of 250 Hz, with a frequency response of 0.5–100 Hz
- During recordings, the rapid response EEG recorder automatically measures electrode impedances at regular intervals
- A user “without prior training in EEG set up”

Kamoussi B, et al. Clinical Neurophysiology Practice 2019

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Rapid response EEG system channels	Corresponding conventional EEG channels	Rapid response EEG system channels	Corresponding conventional EEG channels
1-2	Fp1-F7	6-7	Fp2-F8
2-3	F7-T3	7-8	F8-T4
3-4	T3-T5	8-9	T4-T6
4-5	T5-O1	9-10	T6-O2

The tested rapid response EEG system's electrode pairs simultaneously with 2 conventional EEGs  
One healthy subject

Kamoussi B, et al. Clinical Neurophysiology Practice 2019

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### Comparison of epochs of interest

- The EEG waveforms captured by:
  - Rapid response EEG (blue traces)
  - Conventional EEG #1 (orange traces)
  - Conventional EEG #2 (yellow traces)

Kamoussi B, et al. Clinical Neurophysiology Practice 2019

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### 22 critically ill patients (non-simultaneously: rapid system vs. conventional EEGs)

Table 4: Characteristics of clinical subgroups obtained with the rapid response EEG and conventional EEG.

Time	Rapid response EEG Finding	Conventional EEG Finding
1	Rapid response to the right temporal system	Multiple epileptic discharges (epileptic bursts) with frontal involvement
3	1-2 (Fp1-F7) (bilateral)	Multiple epileptic discharges (epileptic bursts) with frontal involvement
4	2-3 (F7-T3) (bilateral)	Multiple epileptic discharges (epileptic bursts) with frontal involvement
5	3-4 (T3-T5) (bilateral)	Multiple epileptic discharges (epileptic bursts) with frontal involvement
6	4-5 (T5-O1) (bilateral)	Multiple epileptic discharges (epileptic bursts) with frontal involvement
7	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
8	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
9	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
10	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
11	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
12	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
13	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
14	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
15	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
16	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
17	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
18	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
19	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
20	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
21	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement
22	Multiple epileptic discharges (epileptic bursts) with frontal involvement	Multiple epileptic discharges (epileptic bursts) with frontal involvement

Conclusion:  
The tested rapid response EEG system provides EEG data that is equivalent in quality to the recordings made using conventional EEG systems despite the fact that the rapid response system can be applied within few minutes and with no reliance on specialized technologists.

Kamoussi B, et al. Clinical Neurophysiology Practice 2019

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### Rapid system for detecting status epilepticus

- A small prospective study
- 10 patients: rapid response EEG
- 20 patients: 18-electrodes EEG montage
- Time to diagnosis of status epilepticus
  - Rapid response: 23.8 minutes
  - 18-channel: 126.5 minutes

LaMonte MP, et al. Epilepsia Open 2021

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EEG Headband

EEG Recorder

EEG Monitoring Software Brain Stethoscope & Clarity

Real time streaming EEG display

EEG Portal

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### FDA approved 8-channel rapid response headband EEG system in ICU

	Conventional	Ceribell
Frequency		
Sampling rate (range)	200-1,000 Hz	250 Hz
Frequency response (range)	0.01-500 Hz	0.5-100 Hz
Channels	32	8
Number of electrodes	21	10

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**HHS Public Access**  
 Author manuscript  
 Crit Care Med. Author manuscript; available in PMC 2021 June 01.  
 Published in final edited form as:  
 Crit Care Med. 2020 September ; 48(9): 1249-1257. doi:10.1097/CCM.0000000000004428.

**Evaluating the Clinical Impact of Rapid Response Electroencephalography: The DECIDE Multicenter Prospective Observational Clinical Study**

Paul M. Vespa, MD<sup>1</sup>, DaiWai M. Olson, RN, PhD<sup>2</sup>, Sayona John, MD<sup>3</sup>, Kyle S. Hobbs, MD<sup>4</sup>, Kapil Gururangan, MD<sup>5</sup>, Xun Nie, PhD<sup>6</sup>, Masoom J. Desai, MD<sup>7</sup>, Matthew Markert, MD, PhD<sup>8</sup>, Joseph Perotti, MD, PhD<sup>9</sup>, Thomas P. Black, MD<sup>10</sup>, Lawrence J. Hirsh, MD<sup>11</sup>, Brandon Westover, MD, PhD<sup>12</sup>

- A recent larger prospective multicenter non-randomized observational study
- 5 centers in the US
- 164 critically ill patients: evaluated for NCSE
- Rapid response EEG compared to clinical diagnosis

**DECIDE trial**



Vespa PM, et al. Crit Care Med. (2020)

- The sensitivity improved from 77.8% to 100%
- The specificity improved from 63.9% to 89%
- Time to EEG placement was a median of
  - 5 minutes rapid response system
  - 239 minutes with conventional EEG
- The rapid response = economically feasible

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### Quantitative EEG (qEEG) in the ICU

- The real-time visual analysis
- Computational analysis of the EEG signal in a simplified display
- For reviewing large amounts of data → reducing the time to detect electrographic seizures
- Problems
  - No 24-hour availability of an experienced electroencephalographer for real time interpretation of the data
  - The data takes significant time and effort
  - Subtle changes to trends on raw EEG may be easily missed

ScheuerML, et al. J Clin Neurophysiol. (2004), Swisher CB, et al. J Clin Neurophysiol. (2016)

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### Quantitative EEG (qEEG) in the ICU

- A collection of sinusoidal waves with key properties utilized by the mathematical algorithms to produce different qEEG panels or trends
- The color spectrogram power scale is measured in decibels (dB) with cooler colors representing lower power and warmer colors representing higher power
- \*\*\* seizures are most easily recognized on a spectrogram by a "flame" appearing pattern due to the abrupt increase in power across a range of frequencies that stands out from the backgrounds

Westover MCNIJMB. Atlas of Intensive Care Quantitative EEG. (2020).

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### Common qEEG panels or trends

- Compressed spectral array (CSA)
- Density spectral array (DSA)
- Asymmetry relative spectrogram
- Fast Fourier transform (FFT) spectrogram
- Rhythmicity spectrogram
- The amplitude EEG (aEEG)
- Seizure detector panel

Goenka A, et al. Seizure. (2018)

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### Common qEEG panels or trends

- The compressed spectral array (CSA) generates a 3-dimensional display by plotting successive epochs as a function of time
- The density spectral array (DSA) depicts EEG spectral power amplitude as a grey-scale or color density function rather than vertical deflections as seen in the CSA
- The asymmetry relative spectrogram, displays power differences between homologous electrodes at discrete frequencies and illustrates power asymmetry across the 2 hemispheres
- It is a line graph that displays an average of the absolute values over a specified frequency range or relative asymmetry data as a function of time

Goenka A, et al. Seizure. (2018)

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### Common qEEG panels or trends

- The fast fourier transform (FFT) spectrogram displays color coded power of EEG at different frequencies using a FFT analysis of the amplitude of waveforms as a function of time
- The rhythmicity spectrogram displays a 3-dimensional representation of the power characteristics for the EEG
- A density spectral array of frequencies as a function of time



Goenka A, et al. Seizure. (2018)

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### Common qEEG panels or trends

- A graphical depiction of the amplitude of primary rhythmic EEG components present in four frequency bands: 1-4, 4-9, 9-16, 16-25 Hz
- Amplitude (aEEG) spectrogram displays amplitude characteristics of the EEGs as a function of time
- The seizure detector trend displays the combination of multiple inputs as a seizure probability, dichotomized into a value of zero or one

Goenka A, et al. Seizure. (2018)

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### Common qEEG panels or trends

Goenka A, et al. Seizure. (2018)

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### A 71-year-old man with autoimmune encephalitis with focal right temporal electro-clinical status epilepticus

- The artifact intensity panel
- The seizure probability panel (0-1)
- The left and right rhythmicity spectrogram panel; displays the power characteristics for each frequency band (1-4, 4-9, 9-16 and 16-25 Hz) as a function of time
- The left and right FFT (fast Fourier transform) spectrogram panel displays the color-coded power of different EEG frequency band
- The relative asymmetry spectrogram panel (left in blue and right in red) displays power differences between homologous electrodes at discrete frequencies and illustrates power asymmetry across the 2 hemispheres
- The left (in blue) and right (in red) hemisphere amplitude EEG (aEEG) panel displays amplitude characteristics of the EEG as a function of time

qEEG in 6 hours

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### Common qEEG panels or trends

Goenka A, et al. Seizure. (2018)

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### A 71-year-old man with autoimmune encephalitis with focal right temporal electro-clinical status epilepticus

- Black arrow: artifacts, detected by the artifact intensity panel
- Black box: The relative asymmetry spectrogram: increase peak asymmetry on the right
- Red box: Peaks in the right FFT (flame) spectrogram panel indicating discrete right temporal seizures
- Asymmetry: Several peak in red
- Higher amplitude on the right hemisphere

qEEG in 12 hours

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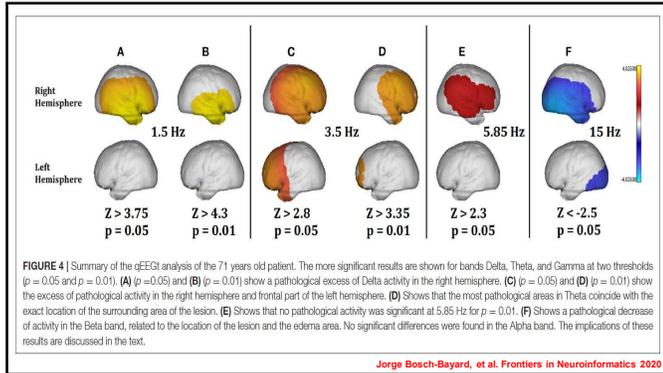
### Quantitative EEG display (left/right hemispheric montage): The display is condensed to review a 2-hour period.

#### A 2-year-old boy, who presented in CSE leading to NCSE after intubation

- shows the rhythmicity spectrogram for the left (above) and right hemisphere (below).
- shows the CSA/FFT spectrogram for the left (above) and right hemisphere (below)
- shows the asymmetry spectrogram
- shows the left and right hemisphere amplitude EEG (aEEG) superimposed on one another

(\*) examples of seizure activity.

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### Accuracy of qEEG in critically ill patients

A cohort of 562 seizures from 58 pediatric and adult patients

- Sensitivity for seizure detection ranges 43-72%
  - Highest sensitivity by seizure detection trend, 402/562, 72%
- Sensitivity for detecting focal seizure
  - Highest by the asymmetry spectrogram (94%)
- Most sensitive for detecting secondarily generalized seizures
  - The FFT spectrogram (158/187, 84%)
- Most sensitive for generalized onset seizures
  - The seizure detection trend 197/250, 75%

Goenka A, et al. *Seizure*. (2018)

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### Accuracy of qEEG in critically ill patients: A retrospective study 118 adult patients

qEEG Vs. gold standard (raw cEEG)	Sensitivity
Seizure detection	87.3%
Periodic epileptiform discharges	100%
Rhythmic delta activity	97.1%
Focal slowing	98.7%
Generalized slowing	100%

Data from	Mean duration to review 24 hours (minutes) ± SD
Compressed spectral array (CSA)-guided review	8 ± 4
Raw cEEG	38 ± 17

Moura LM, et al. *Neurology*. (2014)

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### An ICU qEEG survey in 2016

- 75 neurophysiologists from the American Clinical Neurophysiology Society (ACNS)
- Utilized qEEG for
  - Seizure detection (92%)
  - Prognosis for cardiac arrest (21.3%)
- The most frequently used qEEG trends or panels for seizure detection
  - Rhythmicity spectrogram (61%)
  - Automated seizure detector (55%)

Swisher CB, et al. *J Clin Neurophysiol* 2018.

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EPILEPSY CURRENTS

Current Literature in Clinical Research

### Continuous EEG in ICU: Not a Luxury After All

Continuous vs Routine Electroencephalogram in Critically Ill Adults With Altered Consciousness and No Recent Seizure: A Multicenter Randomized Clinical Trial

Rossetti AO, Schindler K, Sutter R, Rueegg S, Zubler F, Novy J, Oddo M, Warpelin-Decrausaz L, Alvarez V. *JAMA Neurol*. 2020;77(10):1-8. doi:10.1001/jamaneurol.2020.2264

- CERTA study (multicenter RCT in Switzerland)
- 364 patients using e30-48-hour total) or 2 eRRGs (either the cEEG (20 minutes each)
- This pragmatic trial shows that in critically ill adults with impaired consciousness and no recent seizure, "cEEG leads to increased seizure detection and modification of antiseizure treatment" but is "not related to improved outcome compared with repeated rEEG"

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### Conclusion

- The EEG is an essential apparatus in critical care that provides a relatively inexpensive tool for clinicians to monitor cerebral activity in real time.
- Although the awareness of subtle electro-clinical and electrographic non-convulsive seizures has increased in critical care, cEEG continues to be underutilized.
- With the rise in cEEG monitoring, the burden falls to the electroencephalographer and the institution to provide this necessary instrument to critically ill patient.
- The introduction of "qEEG" and "other future machines" learning applications, we may find more efficient and less taxing means of acquiring this necessary electrocerebral data.

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