Presurgical Evaluation before Epilepsy Surgery

Epilepsy Course for Neurology Resident 2015

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Solution Series Series

The course of epilepsy can be predicted with reasonable accuracy within the first 2 years of therapy, but early remission does not necessarily predict a favorable long-term outcome.

Predictors of intractability include high initial seizure frequency, partial seizures or multiple seizure types, age at onset 12, symptomatic generalized epilepsy, neurologic deficits, lesional TLE, and failure to respond to AEDs early on.

- Sepilepsy surgery is underutilized worldwide.
- Successful epilepsy surgery is more cost-effective than medical therapy, and greater savings accrue with earlier surgery.
- The most common criteria used to define surgical candidacy are seizure frequency (1 per month) and failure of 2 AEDs.

Approximately 60%-65% of patients are seizure-free after temporal lobe resection, compared to 40% of patients after extratemporal resection.

There is uncertainty about the proportion of patients who discontinue AEDs after surgery.

- Sepilepsy surgery is associated with specific cognitive changes (most often involving verbal memory and naming in left TLE), but may also improve cognition in some patients.
- There is either improvement or no change in psychiatric outcomes after surgery.
- **QOL** improves after surgery and is strongly influenced by seizure freedom.
- Improvement is seen after surgery in employment, driving, and relationships.

Surgical complications are usually minor or transient. Major permanent neurologic complications occur in up to 5% of patients (e.g., contralateral hemiparesis and major visual deficits in up to 2% of patients).

Mortality appears to be lower if patients are rendered seizure-free after epilepsy surgery.

Who should be referred?

- The epilepsy is not controlled with AEDs within 2 years.
- Management is unsuccessful after 2 AEDs.
- The child is aged under 2 years.
- Sexperiences or is at risk of unacceptable SE from AED.
- There is a unilateral structural lesion.
- There is psychological and/or psychiatric comorbidity.
- There is diagnostic doubt as to the nature of the seizures and/or seizure syndrome.

Who should be referred?

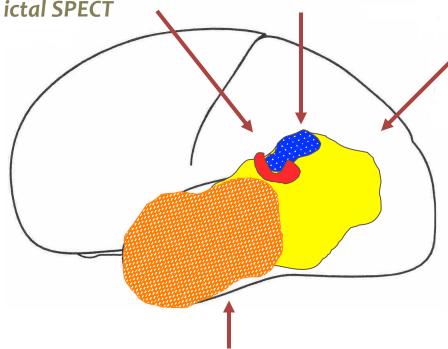
- A child or adult with these conditions.
- Example of complex syndromes: Rasmussen's encephalitis, tuberous sclerosis, Sturge-Weber syndrome, Landau-Kleffner syndrome, polymicrogyria, hypothalamic hamartoma, Dravet syndrome, Lennox-Gastaut syndrome, West syndrome, Ohtahara syndrome, infantile spasms, epilepsia partialis continua
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General Concept of Surgery

Ictal onset zone defined by ictal EEG & ictal SPECT

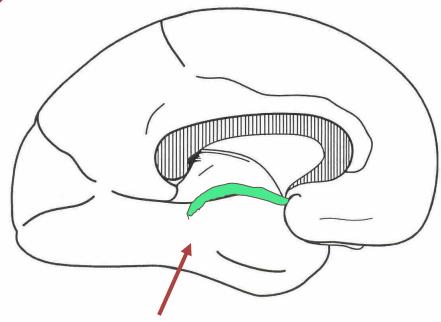
Epileptogenic lesion

defined by MRI



Irritative zone defined by interictal EEG, MEG

Functional deficit zone defined by neurological examination, WADA & PET



Symptomatogenic zone defined by *seizure semiology*

A 24-year-old, right handed, female physical therapist.

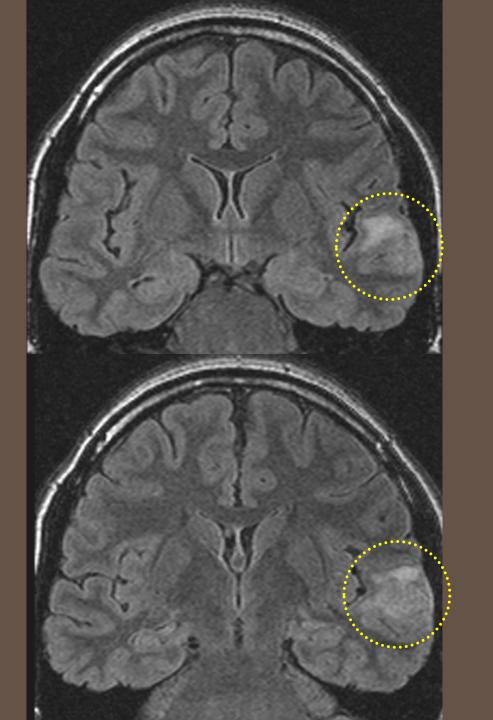
First seizure in April 2009, while traveling by a van she was told to have a convulsion following screaming. She was sent to the hospital nearby and had a CT scan of brain done which was *abnormal* (retrospectively).

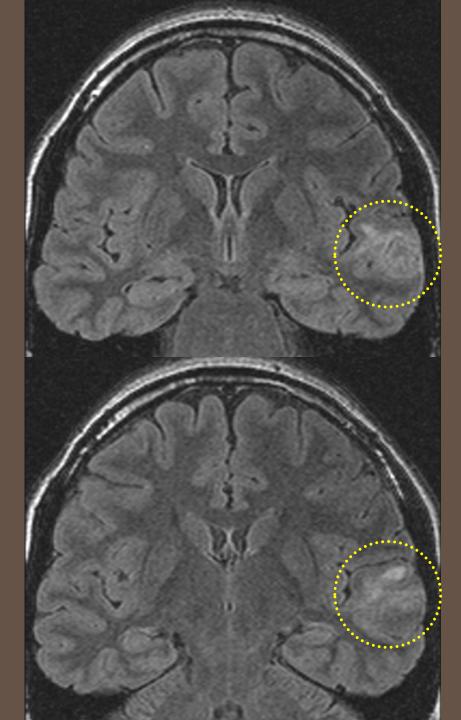
In August 2009, she had another convulsion, witnessed to began with <u>right facial twitching</u>. At time she had EEG done showing some <u>sharp waves</u>. She was then started on Topamax which was subsequently increased up to 300 mg/day.

Soluble months later, she developed another symptom, described as <u>losing tracks of time</u>. Prior to this she would <u>hear voices</u> (people talking) and has her right eye twitching.

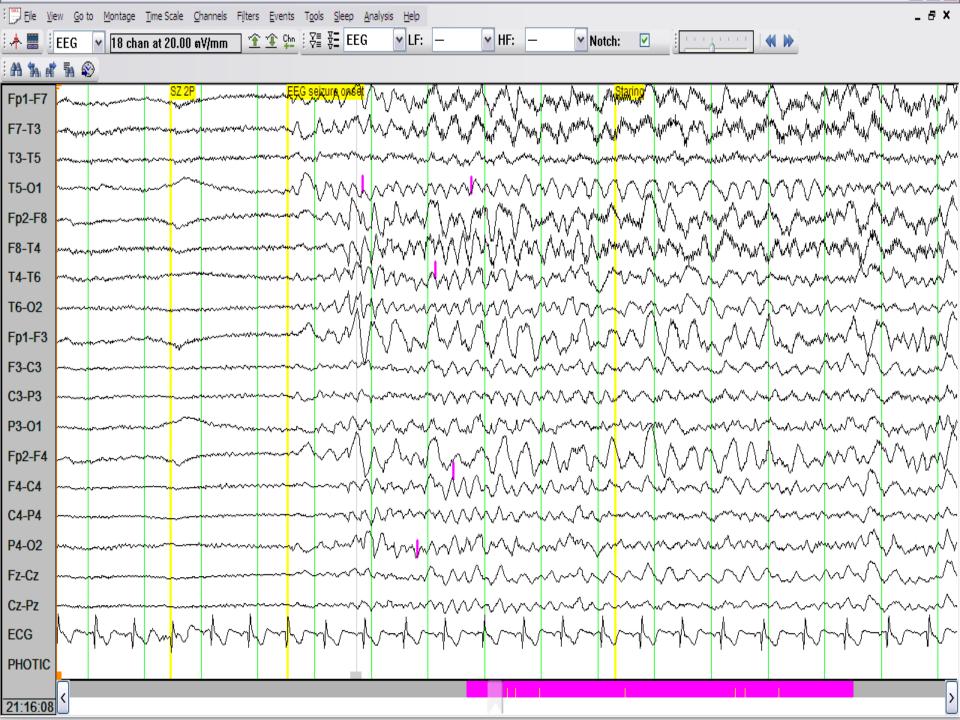
Tegretol 200mg BID was added on with no benefit; even that it gave her a hard time (woozy). Until September 2009, she continues having these episodes (4-5 times a month).

- Denied seizure as a child, developmental delay, seizure in family, CNS diseases, and head injury.
- Unremarkable past medical and surgical history.
- Previous antiepileptic drugs: Topamax 100-200 mg and Tegretol CR 200 mg BID.







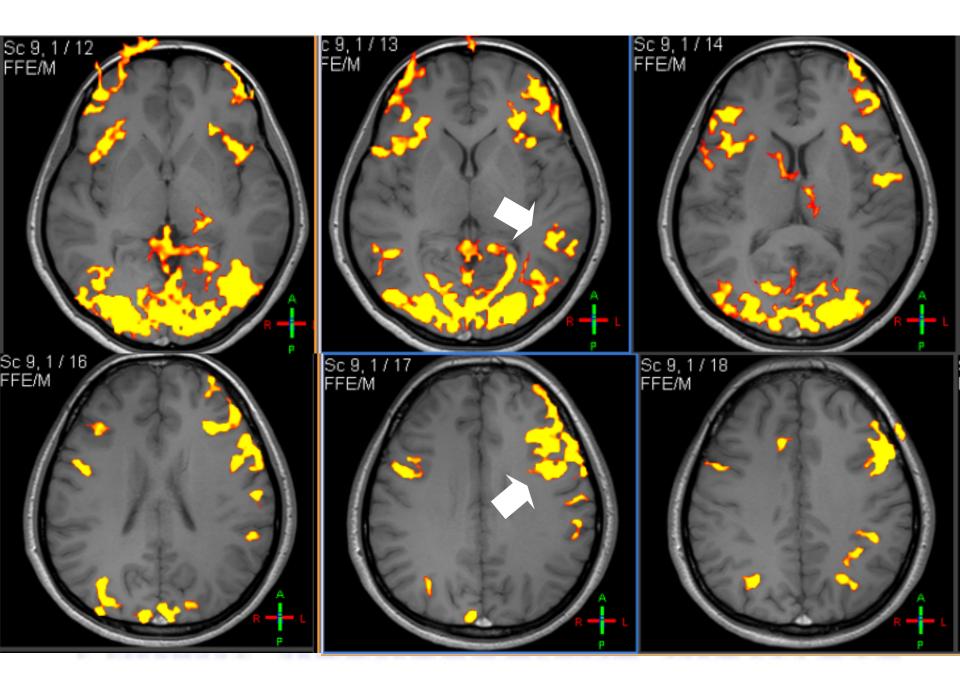




Neuropsychological test

จากแบบทคลอบ WMS-III พบว่าผู้ป่วยทำคะแนนความจำในแต่ละด้านคังนี้

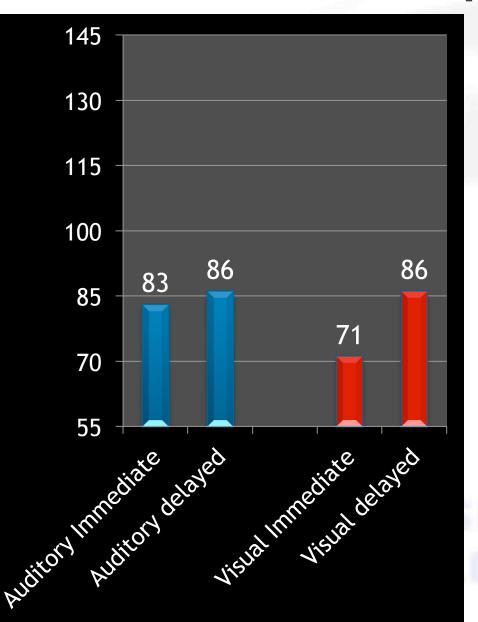
Primary Indexes	Index Scores	Qualitative Descriptions
Auditory Immediate	83	Low Average
Visual Immediate	71	Borderline
Immediate Memory	73	Borderline
Auditory Delayed	86	Low Average
Visual Delayed	75	Borderline
Auditory Recognition Delayed	100	Average
General Memory	82	Low Average
Working Memory	83	Low Average

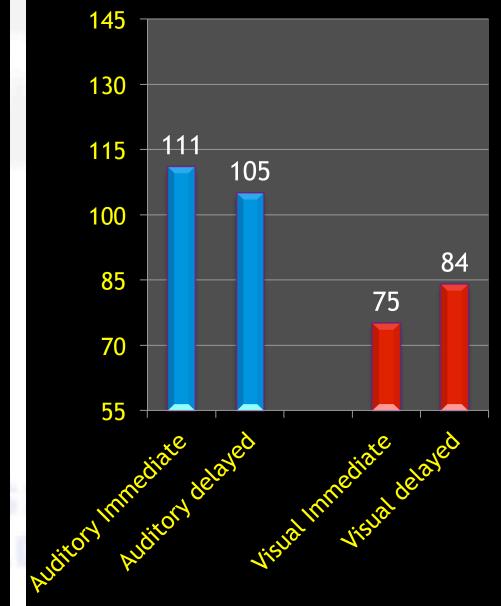


- Post-operative seizure free for 2 years.
- Typical seizures recurred, possibly due to recurrent tumors.

 After second resection, obtained seizure freedom with continue on AEDs.

Pre-Post neuropsychology score





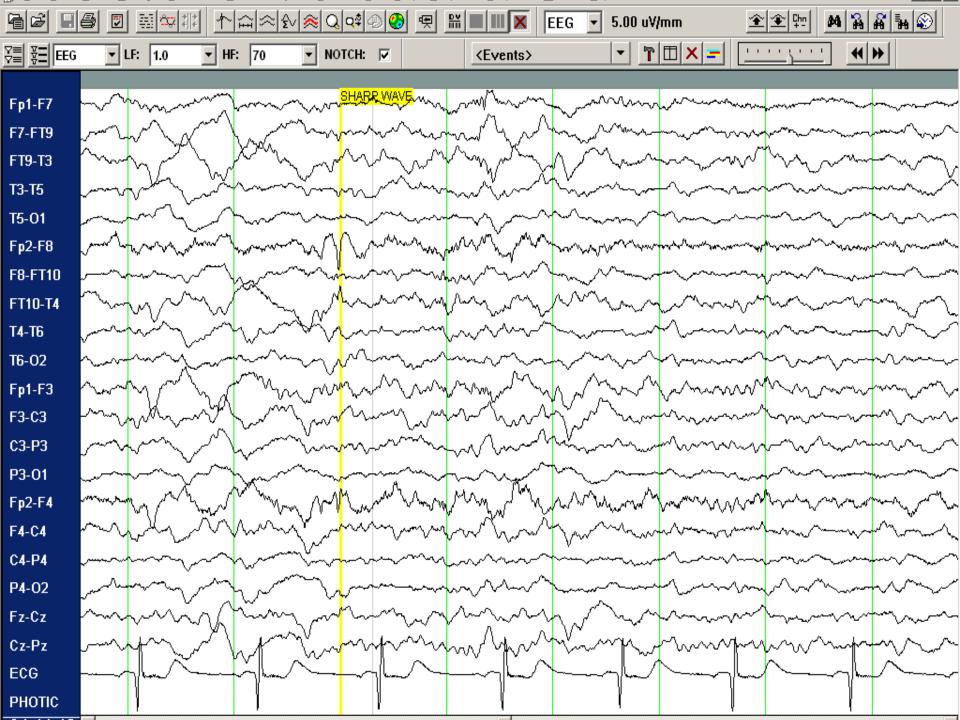
Case CW

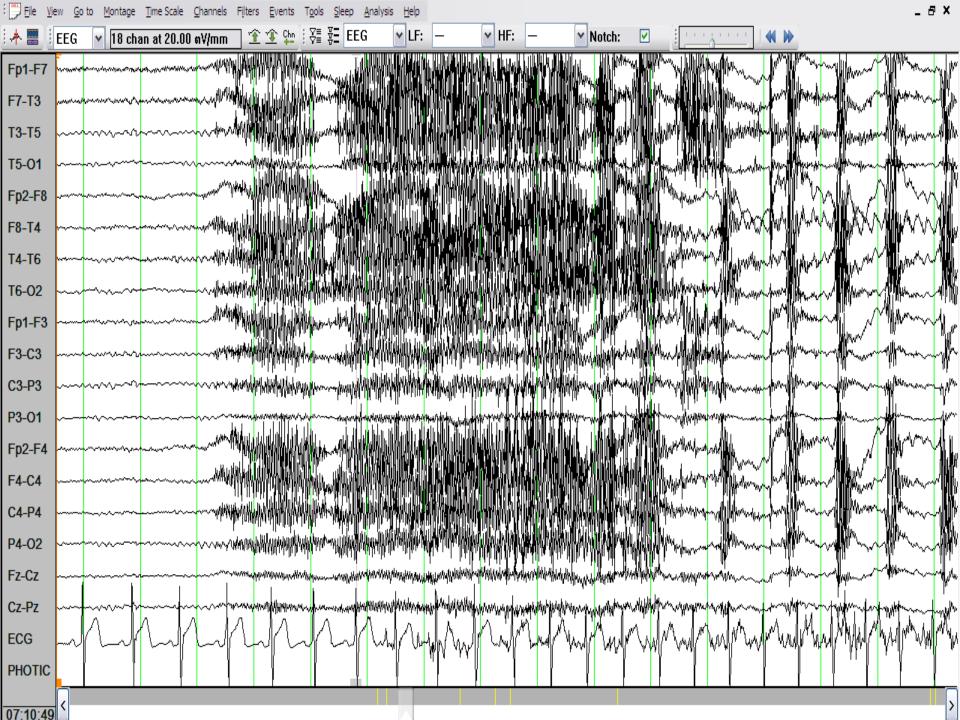
A 34 years old, left handedness, male architect.

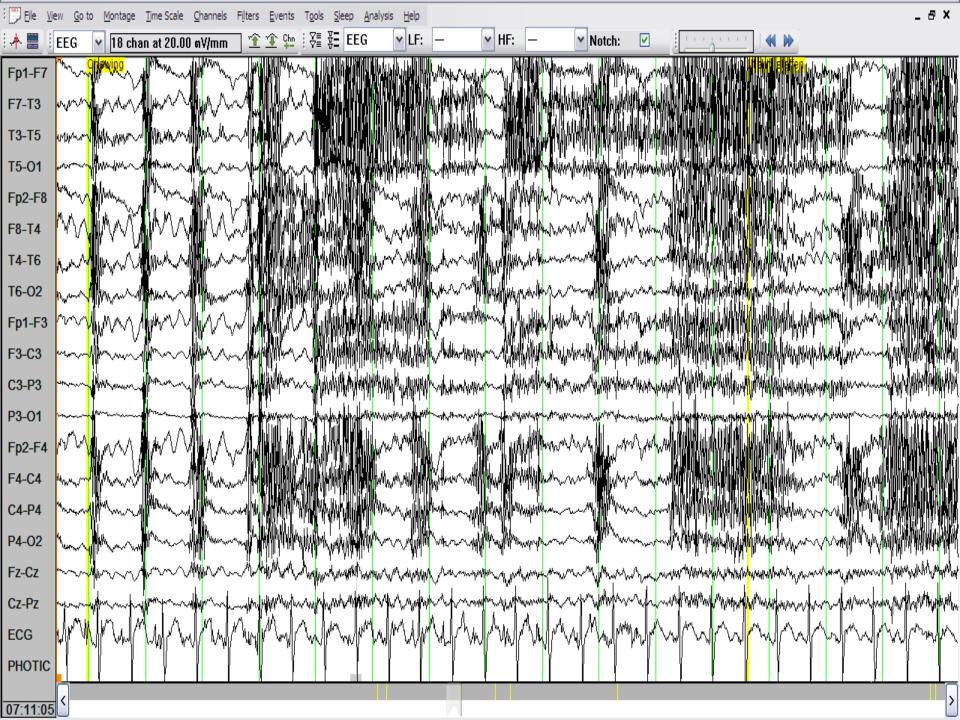
Seizure started at age 26 beginning with palpitation and dizziness. He would then stare and become unresponsive. He often had his mouth pull on <u>one side (??)</u>. This would follow by drooling and stiffening of both arms. His wife has witnessed him having leg movements (bicycling) upon the end of seizure. Seizures usually last about 5 minutes.

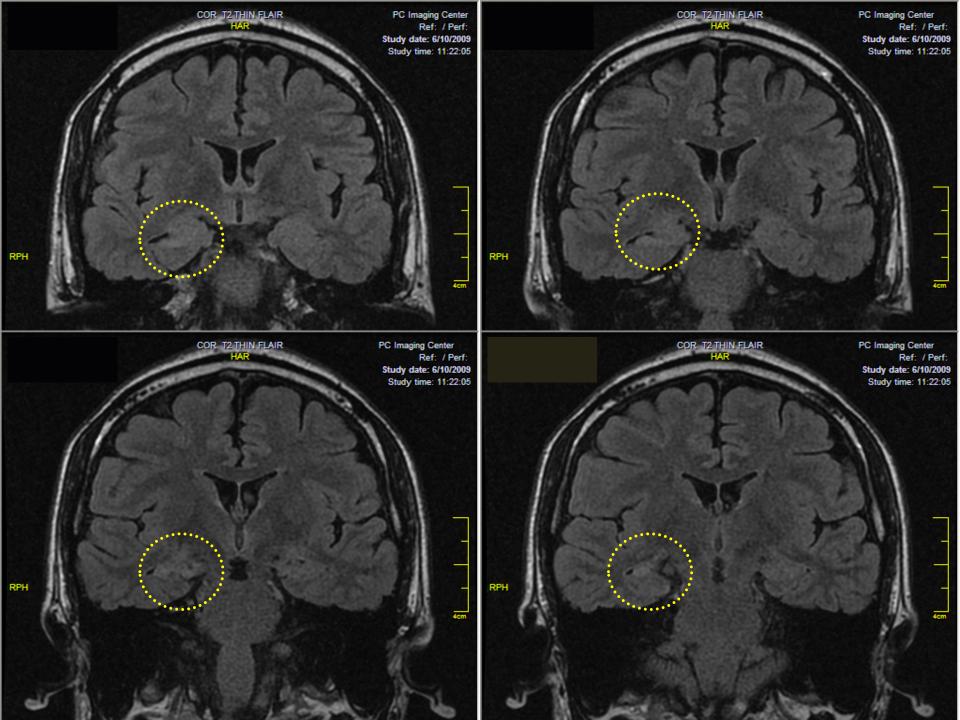
Case CW

- Denied epilepsy risk factors.
- No significant past medical and surgical history.
- Previous antiepileptic drugs: polytherapy including Dilantin, Depakine, Keppra, Tegretol and Topamax at optimal dosage with questionable benefit???



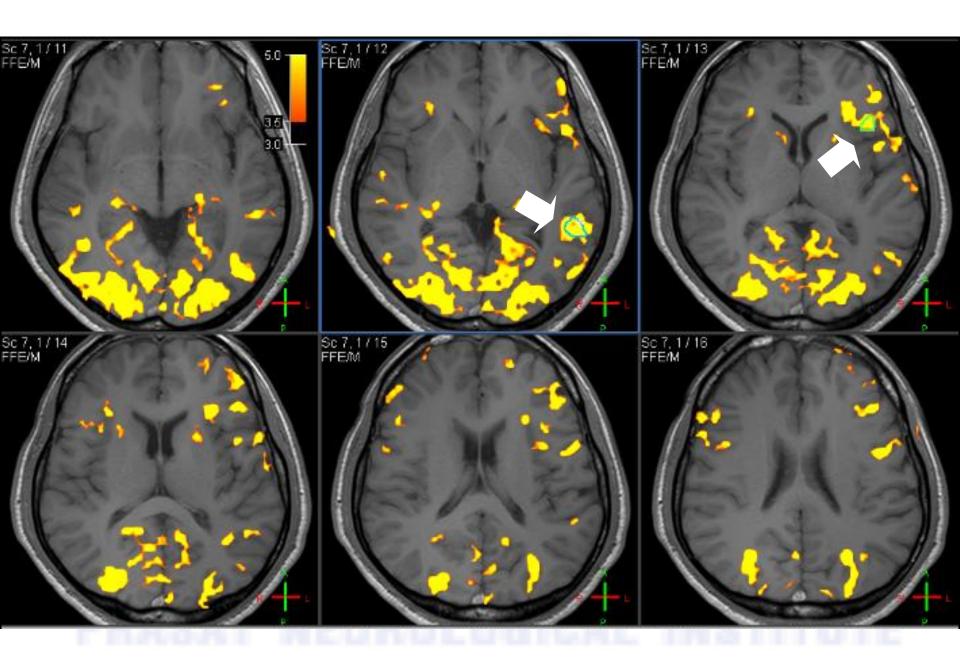






Neuropsychological test

Primary Indexes	Index Scores	Qualitative Descriptions
Au <mark>ditory Imme</mark> diate	86	Low average
Vi <mark>sual Immed</mark> iate	109	average
Im <mark>mediate M</mark> emory	103	average
Auditory Delayed	99	average
Visual Delayed	106	average
Auditory Recognition Delayed	90	average
General Memory	100	average
Working Memory	99	average



Case CW

- Post-operative seizure free 4 years.
- Swas already taken off AEDs for 2 years.

Pre-Post neuropsychology score

