

Practical EEG monitoring in ICU



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What is it?



- ⌘ EEG monitoring in ICU = urgent/emergent EEG+/- video, that has to be done outside lab.
- ⌘ AKA bedside EEG monitoring (BEM).

Some BEM is for nonurgent >> for immobile cases.

Why do we need BEM?



- ❧ Some clinical signs is hardly interpreted (e.g., seizure VS psychogenic NES).
- ❧ Seizures could continue without accompanying signs (e.g., subtle SE/non convulsive seizure).
- ❧ Some critical treatments (several AEDs/ anesthetic agents; ANES) need to be adjusted meticulously.

Why do we need BEM?



- ∞ Purposes > for diagnosis
 - > for follow up course
 - > for estimate suitable treatment
- ∞ Very clear and only few indication for getting BEM
but problems occur at all time >> not employ BEM
appropriately (right place and time).

When do we need it and for how long?



For diagnosis

- ❧ Seizure is clinical sign or symptom and is diagnosed, using visual inspection and recognition patterns.
- ❧ No any other test needed, especially if clinical sign/symptom is so typical for seizure: tonic, clonic etc.

*** Examples of atypical one:

Behavioral events >> screaming, tossing,

Abnormal movements like>> tremors, chorea etc.

When do we need it and for how long?



For diagnosis

*** Some equivocal one : hypermotor, gelastic etc.

- ❧ Definite diagnosis can be made when EEG is done during event. Otherwise relative evidences eg focal slow, focal sharp wave may be useful.
- ❧ After diagnosis is made, no need to continue on BEM except additional subclinical seizures is detected.



VIDEO



[Events]



EEG LF: 1 HF: 70 Notch: ☒

All

Mixed



Fp1-F7

F7-T3

T3-T5

T5-O1

Fp2-F8

F8-T4

T4-T6

T6-O2

Fp1-F3

F3-C3

C3-P3

P3-O1

Fp2-F4

F4-C4

C4-P4

P4-O2

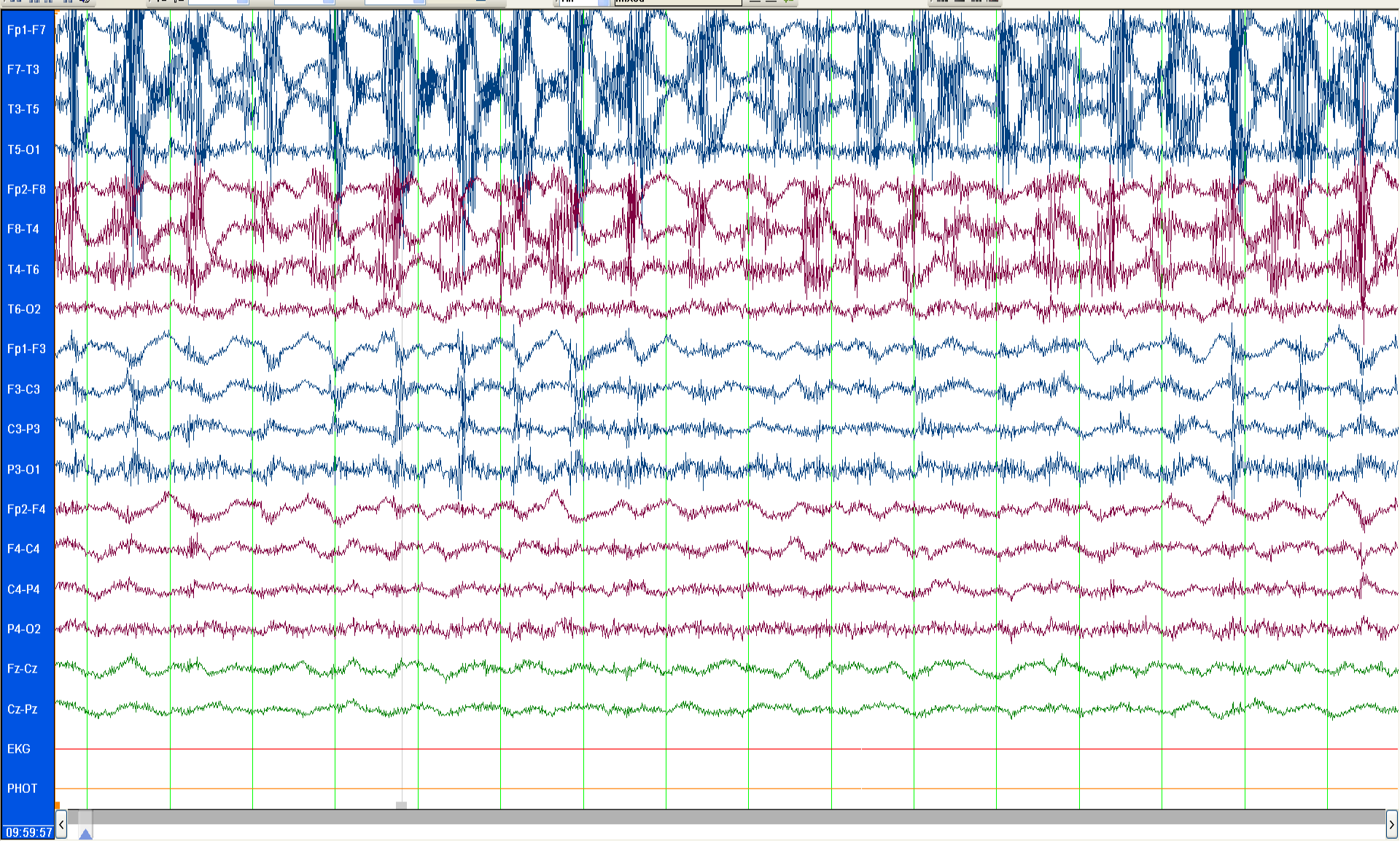
Fz-Cz

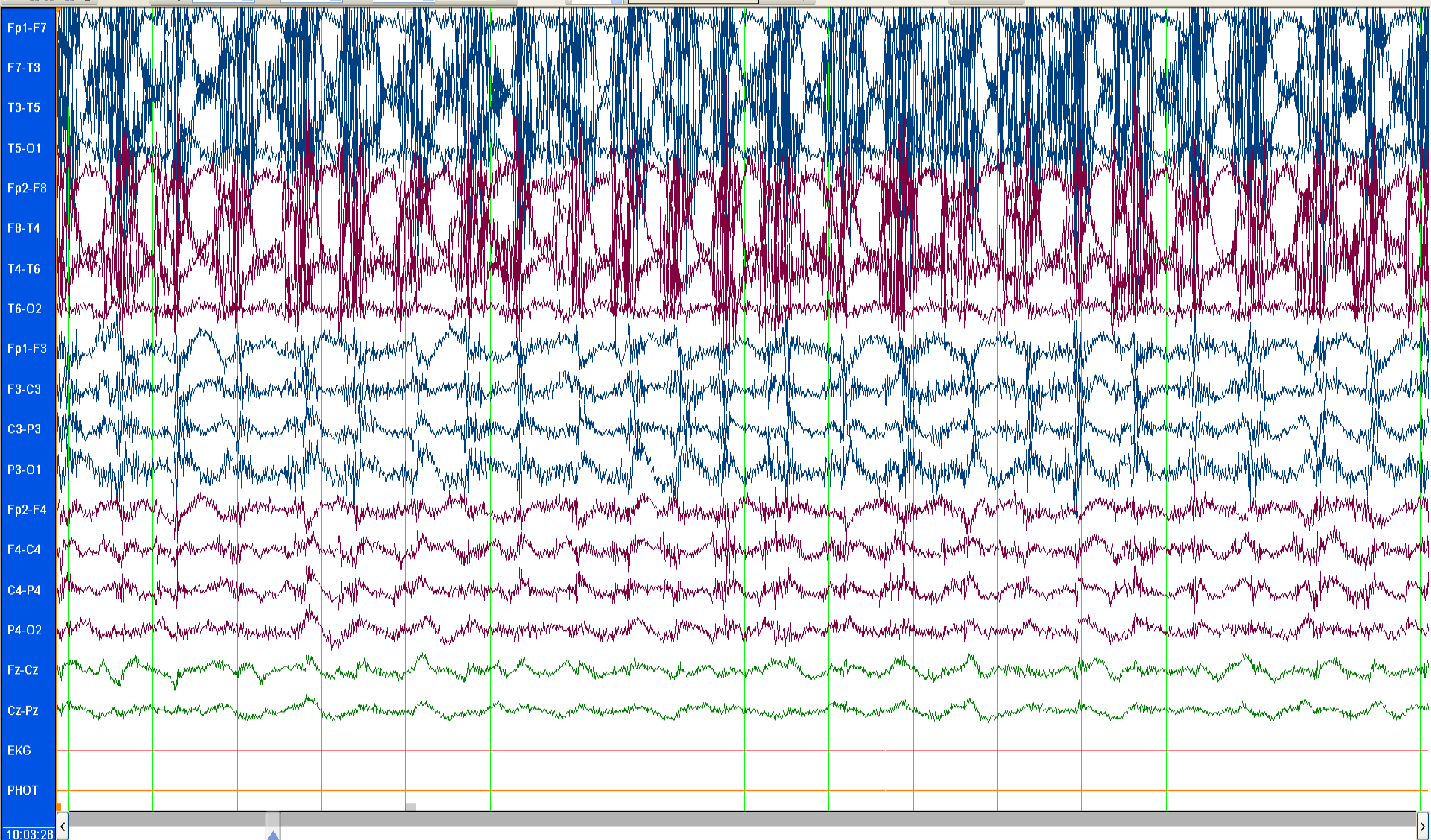
Cz-Pz

EKG

PHOT

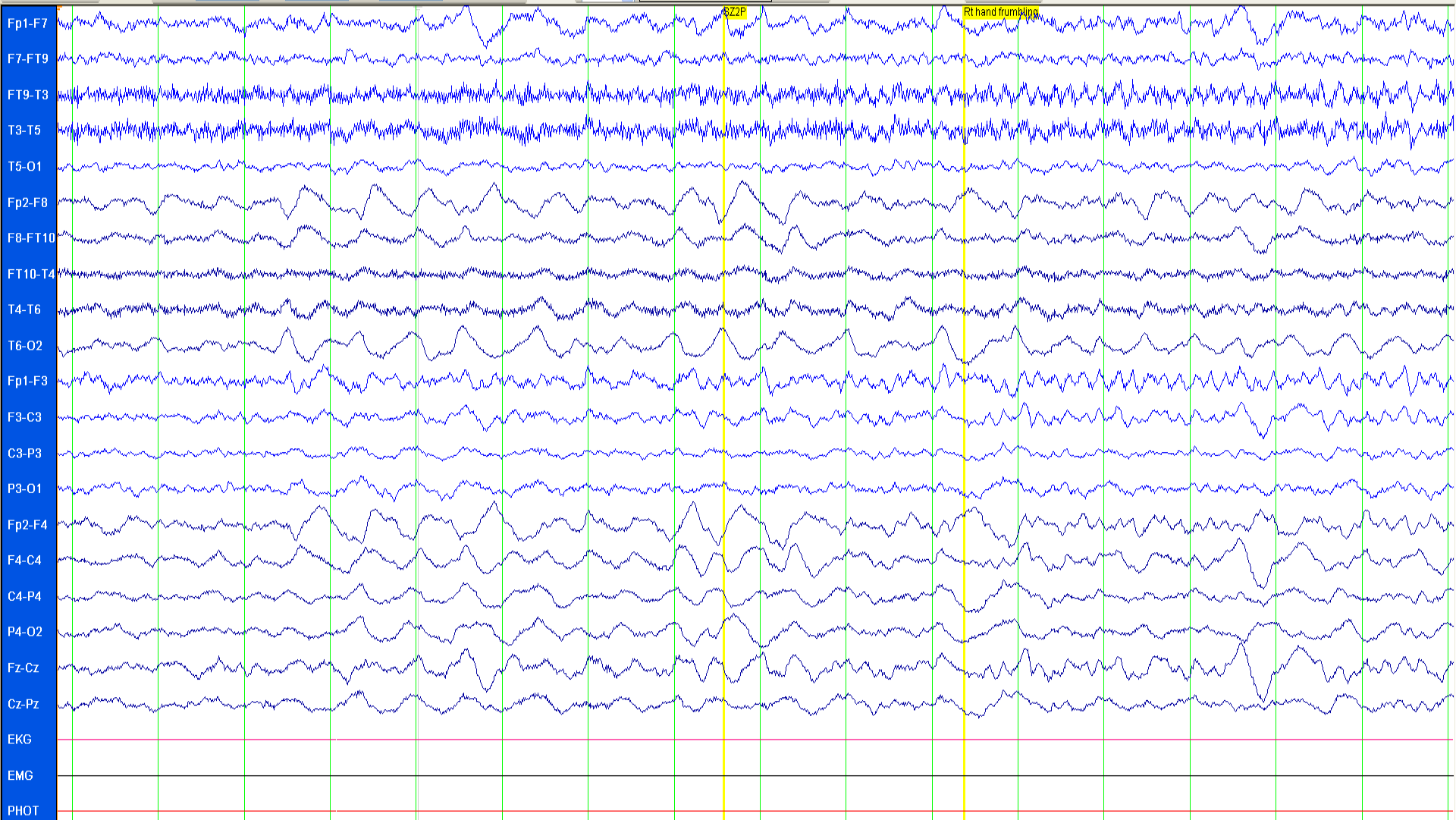
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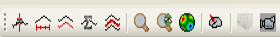






VIDEO





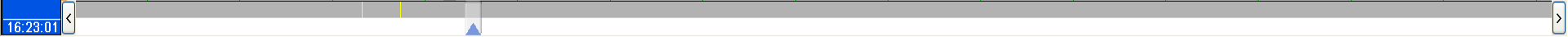
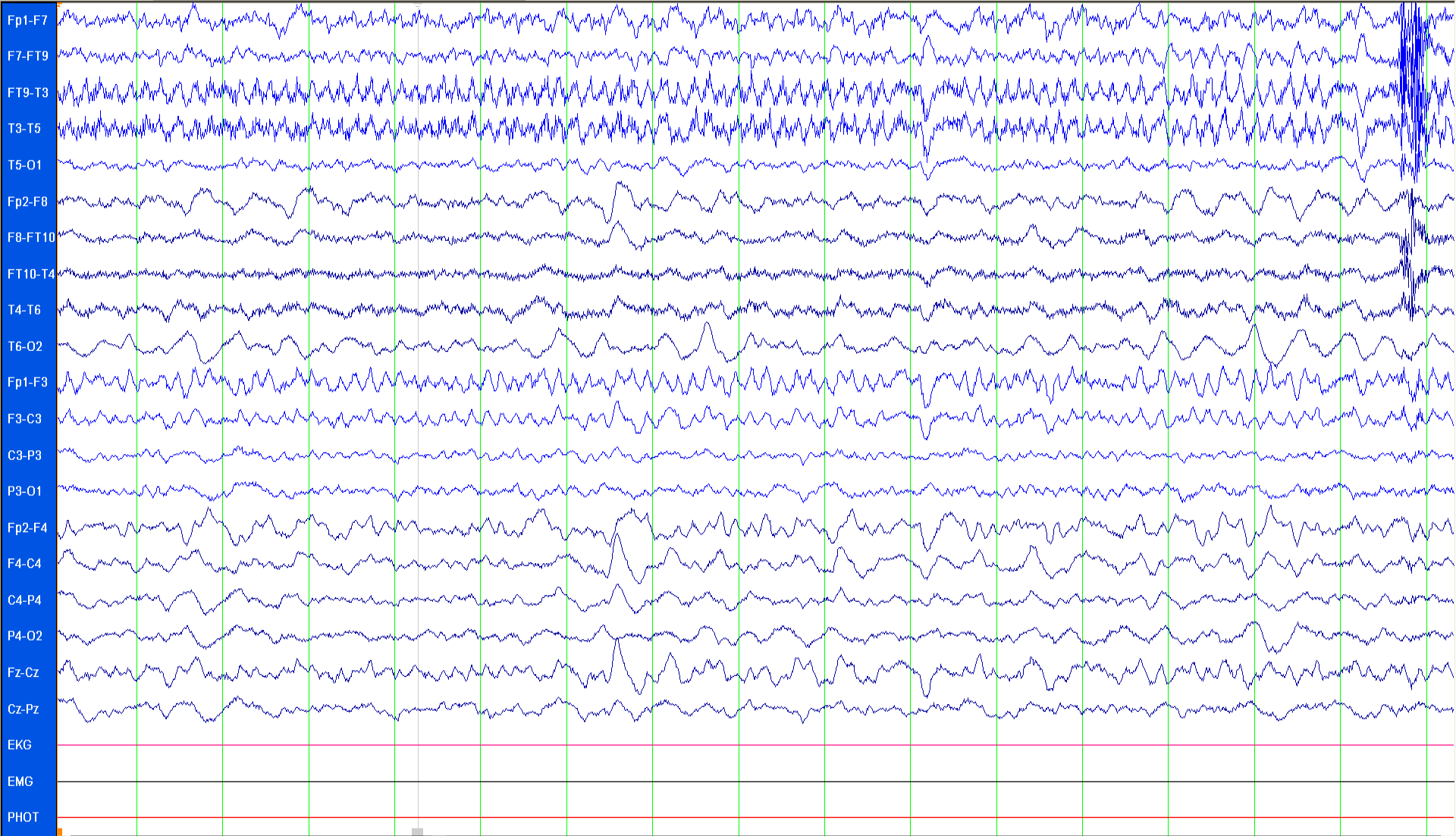
[Events]

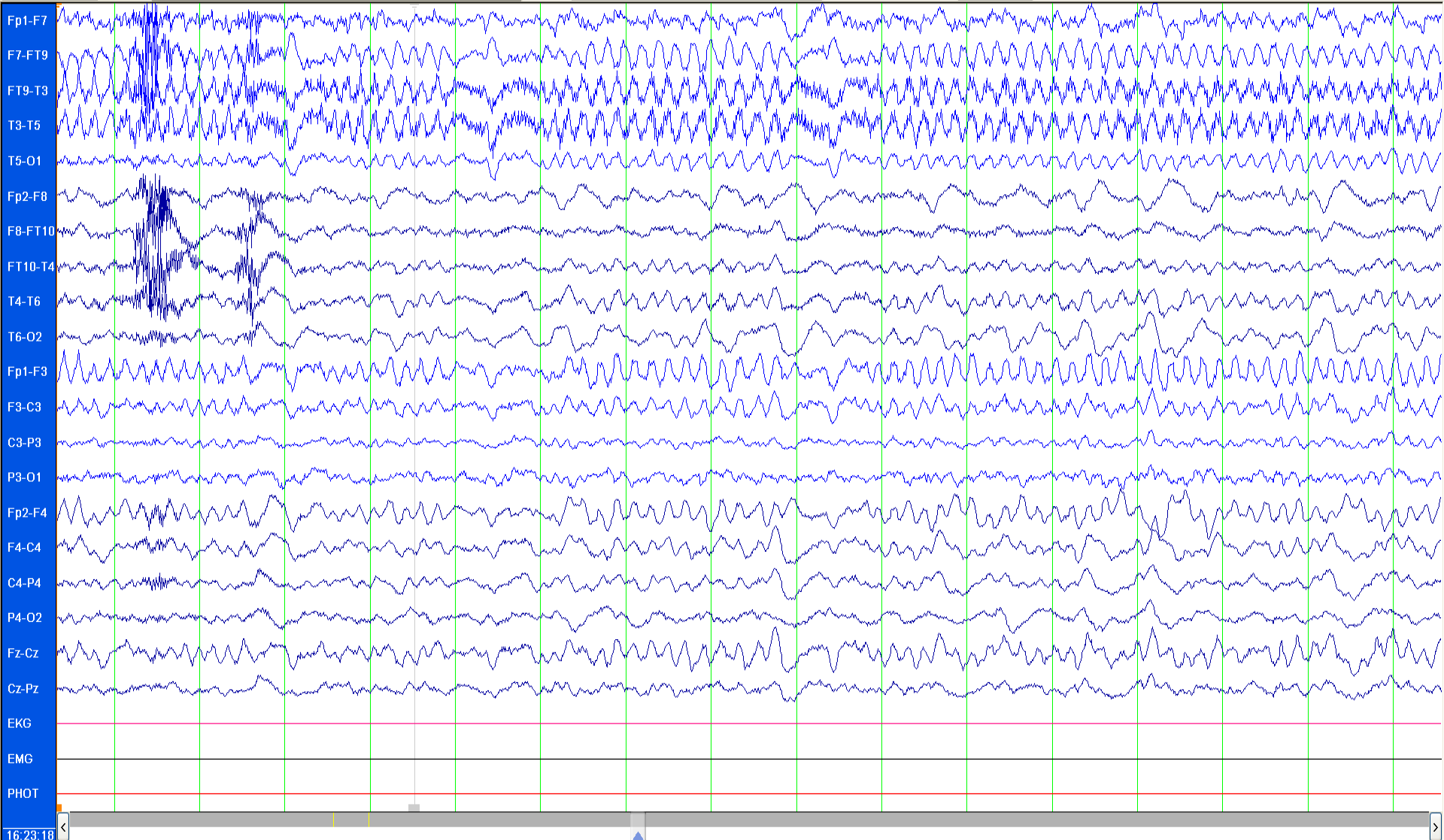


EEG LF: 1 HF: 70 Notch: ☒

All

Mixed





When do we need it and for how long?



For follow up course

- ✧ Usually we know exactly that was seizure.
- ✧ Quantitative and qualitative data of EEG seizures before and after treatment is of interests.
- ✧ Quantative parameter >> how many of their onsets, how often they come
- ✧ Qualitative parameter >> how far they go (spread to the other side), how long they stay

When do we need it and for how long?



For follow up course

- ❧ Those data are essential for adjusting both specific and symptomatic (AEDs) treatments.
- ❧ How long to keep on (BEM)>> for at least 24-48 hours after treatment started or until we catch up their rhythms, then rehook time to time until seizures are subsided.
- ❧ Rehook urgently if worsening of clinical status or new clinical sign emerges.



Fp1-F7

F7-T1

T1-T3

T3-T5

T5-O1

Fp2-F8

F8-T2

T2-T4

T4-T6

T6-O2

Fp1-F3

F3-C3

C3-P3

P3-O1

Fp2-F4

F4-C4

C4-P4

P4-O2

Fz-Cz

Cz-Pz

[EKG1-EKG2]

[Photic-REF]

Select Notations

Epoch	Start Time	Event
1	08:34:49.00	(Start Recording)
74	08:53:15.51	SW FT10
103	09:00:36.62	SW FT10, in repetitive fashion
124	09:05:55.94	SZ1
130	09:07:27.65	Seizure End
159	09:14:43.67	SZ2
160	09:14:45.65	EEG Onset
169	09:17:02.56	Seizure End
171	09:17:33.97	SZ3
223	09:30:34.18	MOVE
235	09:33:32.86	SZ4
253	09:38:12.00	SZ5
269	09:42:11.88	SZ6
296	09:48:52.60	SZ7
308	09:51:52.60	SZ8
325	09:56:12.71	SZ9
341	10:00:13.42	SZ10
349	10:02:13.56	SZ11
395	10:13:42.59	SZ12
419	10:19:42.43	SZ13
449	10:27:11.28	SZ14
473	10:33:03.87	SZ15
484	10:35:58.44	SZ16
494	10:38:15.04	SZ17
509	10:42:12.58	SZ18
521	10:45:03.19	SZ19
534	10:48:20.04	SZ20
545	10:51:05.22	SZ21
559	10:54:35.91	SZ22
577	10:59:14.00	Paused

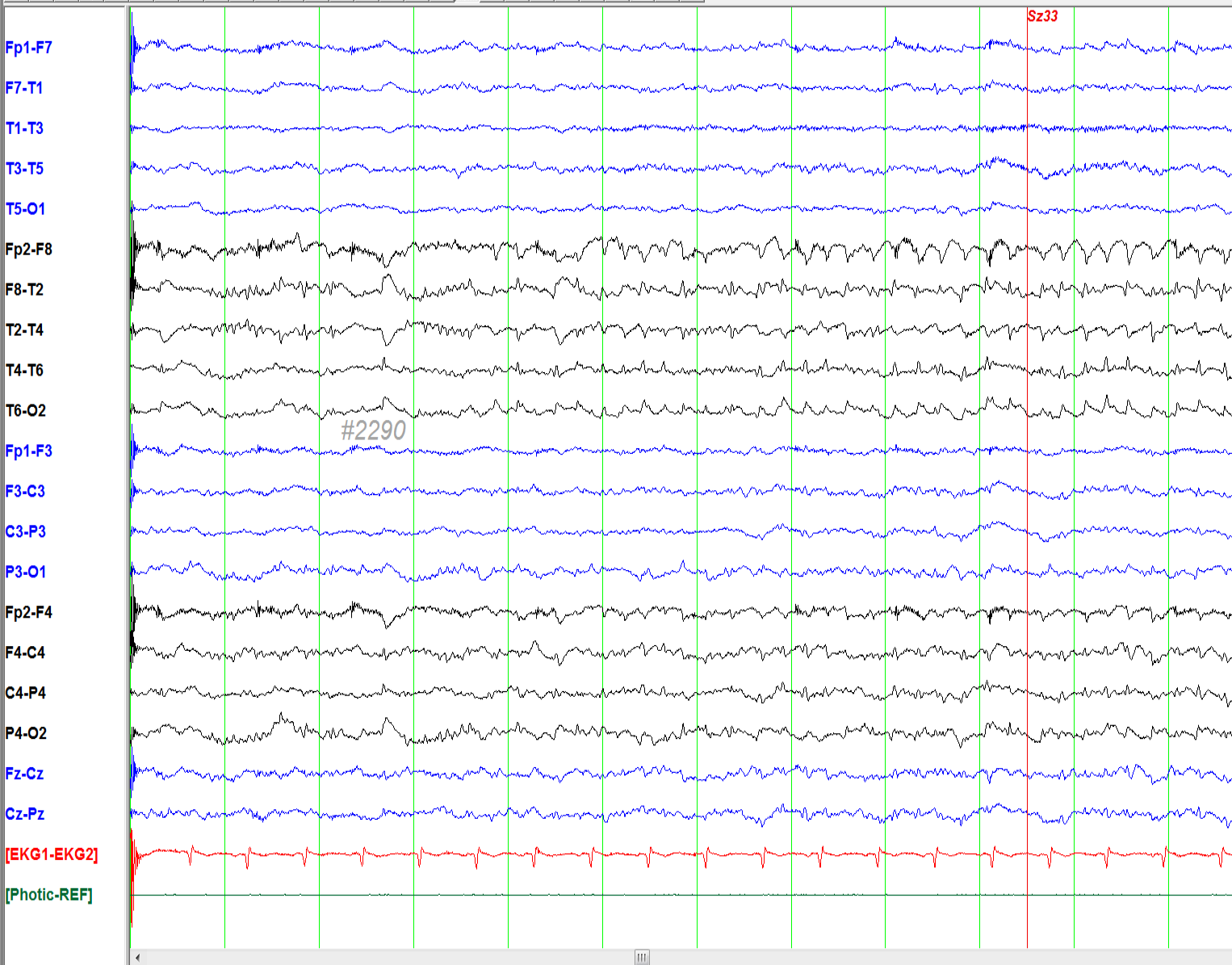
☒ Comments☐ Recording Events

Selected 30

Select All

Clear All

Close



Select Notations

Epoch	Start Time	Event
547	15:57:47.64	SZ
574	16:04:32.64	SZ
598	16:10:30.91	SZ
613	16:14:28.91	SZ
636	16:20:06.14	SZ
656	16:25:09.24	SZ
691	16:33:54.73	SZ
714	16:39:39.84	SZ
788	16:58:07.14	SZ
816	17:05:08.80	SZ
840	17:11:09.77	SZ
875	17:19:54.94	SZ
899	17:25:54.17	SZ
921	17:31:24.97	SZ
947	17:37:56.05	SZ
965	17:42:25.57	SZ
979	17:45:55.00	(Recording Resumed)
982	17:46:38.48	SZ
1024	17:57:07.86	SZ
1056	18:05:10.68	SZ
1072	18:09:10.27	SZ
1091	18:13:55.72	SZ
1108	18:18:09.50	SZ
1122	18:21:40.78	SZ
1144	18:27:09.51	SZ
1170	18:33:41.60	SZ
1185	18:37:22.17	SZ
1195	18:39:52.08	SZ
1211	18:43:54.61	SZ
1229	18:48:23.86	SZ
1249	18:53:26.29	SZ
1263	18:56:54.09	SZ
1281	19:01:25.78	SZ
1305	19:07:28.16	SZ
1320	19:11:10.28	SZ
1349	19:18:28.00	SZ
1369	19:23:25.77	SZ
1382	19:26:38.25	SZ
1393	19:29:25.98	SZ
1401	19:31:23.39	SZ
1428	19:38:07.36	SZ
1446	19:42:39.72	SZ
1461	19:46:24.94	SZ
1477	19:50:24.96	SZ
1488	19:53:09.13	SZ
1501	19:56:24.43	SZ
1514	19:59:39.36	SZ
1527	20:02:57.78	Sz33
4219	07:15:51.00	Paused

☒ Comments
☐ Recording Events

Selected 57

...elect All Clear All Close

When do we need it and for how long?



For estimate suitable treatment

- ⌘ Generally use in refractory (subtle) status epilepticus, when trying to increase level of ANES to get rid of EEG seizures (MDZ, PPF) or to obtain burst suppression (TPT).
- ⌘ Also when trying to withdraw ANES.

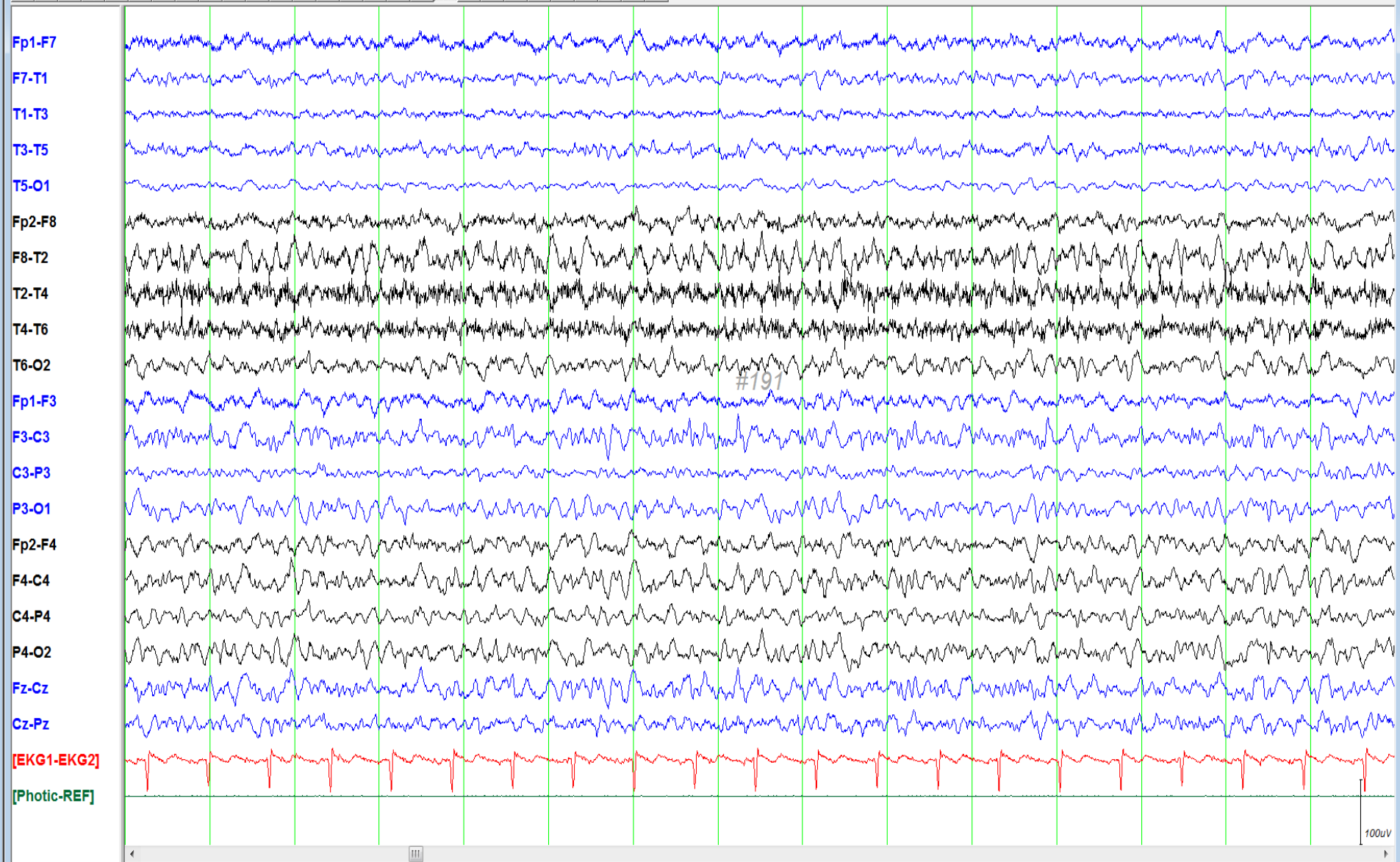
When do we need it and for how long?



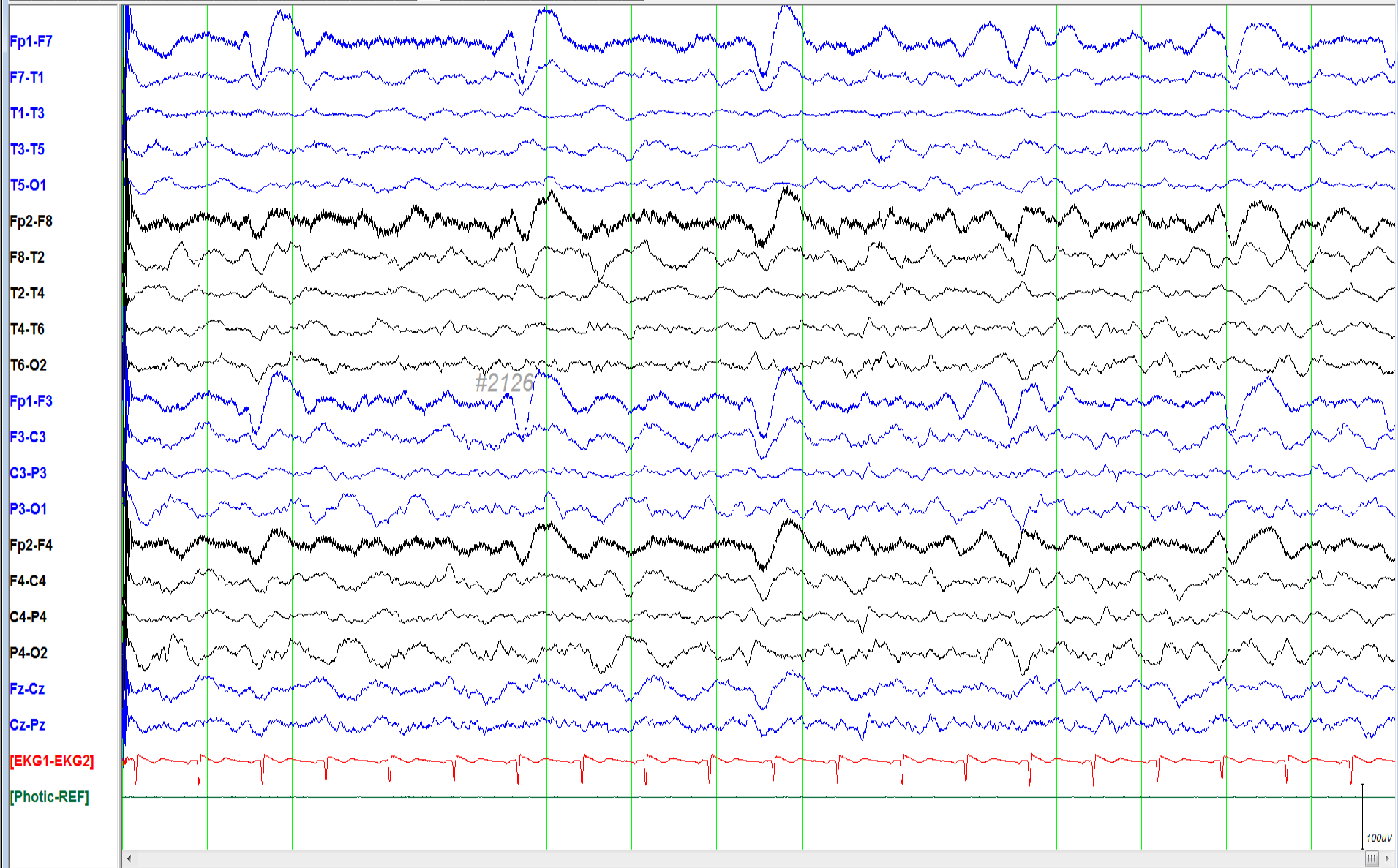
For estimate suitable treatment

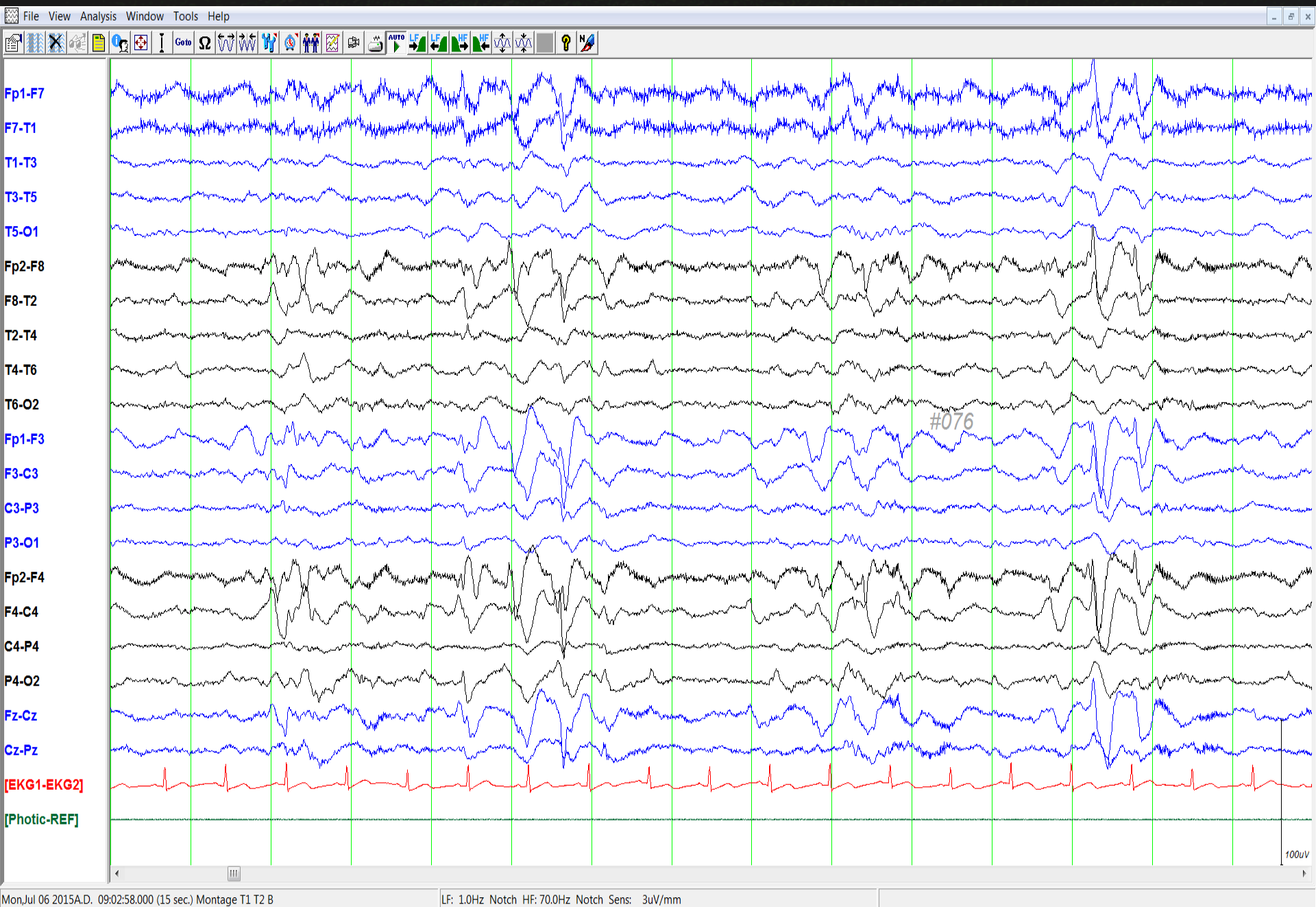
- ⌘ How long to keep on >> when patient is getting ANES (usually in first 24-48 hrs), especially when dose is increased.
- ⌘ For ANES withdrawal, BEM could be hooked intermittently, depending on clinical status. However 24 hrs after tapering off, continuation of BEM is recommended.

Wichian Kuntikul test# 20150648











Fp1-F7

F7-T1

T1-T3

T3-T5

T5-O1

Fp2-F8

F8-T2

T2-T4

T4-T6

T6-O2

Fp1-F3

F3-C3

C3-P3

P3-O1

Fp2-F4

F4-C4

C4-P4

P4-O2

Fz-Cz

Cz-Pz

[EKG1-EKG2]

[Photic-REF]

#042

100uV



Fp1-F7

F7-T1

T1-T3

T3-T5

T5-O1

Fp2-F8

F8-T2

T2-T4

T4-T6

T6-O2

Fp1-F3

F3-C3

C3-P3

P3-O1

Fp2-F4

F4-C4

C4-P4

P4-O2

Fz-Cz

Cz-Pz

[EKG1-EKG2]

[Photic-REF]

#3279

100uV