"New AEDs: do they solve DRE (Drug Resistant Epilepsy)?"

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DRE: Drug Resistant Epilepsy

• 2009 ILAE task force proposal

- Failure to achieve <u>seizure freedom</u> with <u>two</u> appropriately used AEDs
- As monotherapy or combination
- For 1 year or 3 times the longest prior seizure free interval
- What is 2019 definition of DRE?
 - We may need the 2nd task force for new proposal.



Era of New AEDs

Era of New Drugs

I7 New AEDs since 1989: > 25 AEDs in a total are available

Characteristics of New AEDs

- Better Tolerability
- Better Pharmacokinetic Profiles
- Different and diverse Modes of Action
- Efficacy is not superior but comparable to Old AEDs

Impacts on Clinical Practice

- Adoption of Evidence-based Medicine
- Revival of Polytherapy
- Paradigm Shift from "Disease-oriented " to "Patient-oriented" therapy

Clinical Development of AEDs: Old vs. New



Adoption of Evidence-based Medicine

- Evidence-based Medicine(EBM): Conscientious, explicit and judicious use of current best evidence in making decisions about the care of individual patient.
- Sources and hierarchy in the quality of Evidence



Practice guideline update summary: Efficacy and tolerability of the new antiepileptic drugs I: Treatment of new-onset epilepsy

Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology and the American Epilepsy Society

Since the 2004 publications of AAN Guidelines, the US-FDA approved 6 new third generation AEDs and 2 older AEDs. This update reviews new evidence for efficacy of these AEDs in managing New-onset and treatment-resistant (TR) focal epilepsies and generalized epilepsies (GEs) in children and adults with the last literature search update in November 2015(Neurology 2018; 91:74-81, 82-90)

SPECIAL ARTICLE LEVEL OF RECOMMENDATION

Practice guideline update summary: Efficacy and tolerability of the new antiepileptic drugs II: Treatment-resistant epilepsy

Report of the Guideline Development, Dissemination, and Implementation Subcommittee of the American Academy of Neurology and the American Epilepsy Society

- What is the Best Combination ? -

• Combination Drug Regimens reported to have clinical synergism

Drug combination	Level of evidence*
Valproate + Lamotrigine	+++
Valproate + Ethosuximide	++
Lamotrigine + Leviteracetam	++
Phenobarbital + Phenytoin	+
Valproate + Carbamazepine	+
Carbamazepine + Vigabatrin	+
Tiagabine + Vigabatrin	+
Topiramate + Lamotrigine	+
* +++ Controlled trials ++	Case series studies + Anedoctical

Rowan AJ et al. Arch Neruol 1983;40: 797-802, Cereghino JJ et al. Clin Pharmacol Ther 1975;18:733-741, Kwan and Brodie, Drugs 2006:66:1817-29, Brodie MJ Curr Neurol Neurosci Rep 2016;16:82, Legge AW et al. Epilepsy Res 2018;142:73-80,

What is the Best Combination Regimen ? - LTG + VPA -Differences in Responder Rates to Lamotrigine as a Function of Comedication

64%* 70 **Responder Rate (%)** * p < 0.001 vs CBZ and PHT 60 50 41% 38% 40 30 20 10 0 **PHT** group **VPA** group **CBZ** group (n = 115) (n = 129) (n = 92)

Brodie et al, Epilepsy Res.,1997; 26: 423-32

Safety and effectiveness of hormonal treatment versus hormonal treatment with vigabatrin for infantile spasms (ICISS): a randomised, multicentre, openlabel trial (O'Callaghan FJK et al. Lancet Neurol 2017;16:33-42)2-14

- Multicenter trials of 102 hospitals from UK, Germany, Australia, NZ, and Switzeland
 - N= 377 infants(2-14 month- old, HT + VGB = 186 vs. HT alone = 191)
- Minimum doses were prednisolone 10 mg four times a day or intramuscular tetracosactide depot 0.5 mg (40 IU) on alternate days with or without vigabatrin 100 mg/kg per day
- The primary outcome: cessation of spasms between day 14 and day 42 from trial entry
- RESULTS (intention to treat analysis)
 - Spasm free: 72% in HT+VGB vs. 57% HT alone (difference 15 0%, 95% CI 5 ·1-24 ·9, p=0 002)

Number of clinical

responders

133/186

(n/N)

Adjusted

odds ratio

2.1(1.3-3.2)

(95% CI)

p value

0.001

<0.001

0.107

0.425

AE was not different between two groups

• Conclusion: Combination of HT and VGB is

significantly more effective than HT alone



Individual Patient-oriented Pharmacotherapy



New ILAE - Classification of the Epilepsies

(Scheffer IE et al. Epilepsia, 58(4):512–521, 2017)

- A Multilevel Classification System -



Comorbidities

Patients with epilepsy(PWE) have two to eight times of Comorbidities than general population and > 50% of patients with epilepsy carry various types of comorbidities → Why? Due to shared systemic disorders?
(inflammation, Oxidative stress, glycation, methylation capacity,

mitochondrial efficiency : Yuen et al. Epilepsy & Behav 2018;78:57-61)

- An important factor for QOL, premature death, and choice of AEDs
- Recognition of comorbidities in 2017-ILAE Classification, including learning difficulties and psychiatric disorders, will ensure that *epilepsy is seen as part of a broader phenotypic picture*



Patient-related Factors: Comorbidities for Choice of AEDs

Choose

	Obesity ±DM :	TPM, ZNS
0		TPM, VPA, ZNS, PBG, GBP
	Skin rash :	LEV, GBP, PGB, TPM, VPA, PER
0	Neuropathic pain: ± fibromyalgia	PGB, GBP, CBZ, OXC
0	Depression : ±behav & psych	LTG, CBZ, OXC, VPA, PGB problems
0	Cognitive dysfunct	ion: LTG, LEV, OXC
	Patients under che	motherapy: GBP, LEV, PGB, VPA
0	± immunsuppres ± multiple drugs	
0	Restless legs syndr	ome: GBP, PGB, CZP:
0	Renal stone or glau	
0	Severe hematologi	
0	Hyponatremia	
	hepatic disease:	New AEDs
	renal disease:	Old AEDs
0	Osteoporosis:	LTG
	Gait disturbance:	
0	Tremor(parkinsoni	sm): TPM, PRM
0	Cardiac arrhythmia	Ľ
0	Cancer:	VPA, LEV
0	Once daily : P	B, PER, VPA-ER, ZNS, LEV-XR, TPM-ER

Avoid VPA, PGB, GBP, PER

LTG, OXC, CBZ, PHT, PB

LEV, PB, PRM, TPM, ZNS, PER

PB, TPM, ZNS enzyme-inducing AEDs

TPM, ZNS CBZ, VPA OXC, CBZ VPA

enzyme-inducing AEDs, TPM, VPA CBZ, PHT, PER VPA CBZ and sodium channel blockers) enzyme-inducing AEDs

modified from Dr. K Heo(2017)

Proportion of Patients Controlled On First Drug



Proportion of Patients Controlled Of Those Who Fail First Drug



Proportion of Patients Controlled Of Those Who Fail ≥2 Drugs



Time to Drug Intractability



Berg, Neurology 2003

Etiology as Prognostic Factor for AED treatment

- 2,200 adults outpatients 45% controlled (1 year seizure-free rate)
- Etiology:
 - Idiopathic generalized:
 - Cryptogenic partial:
 - Symptomatic partial:
 - Extratemporal partial epilepsy:
 - Dysgenesis:
 - Temporal lobe epilepsy:
 - Hippocampal sclerosis(HS):
 - Dual pathology (HS+):

82% 45% 35% 36% 24% 20% 11%

<u>Neurology.</u> 1998 Nov;51(5):1256-62.

3%

Lesions indicating high probability of DRE Hippocampal Sclerosis, Cortical Dysplasia, Cavernous Angioma, DNT, Heterotopic Gray, Polymicrogyri, Schizencephaly



OUTCOME OVER TIME WITH AEDs

1,098 patients, median follow-up 7.5 years



Brodie et al, Neurology 2012

Evidences of polytherapy

- New AED add on therapy in patients resistant 1-3 AEDs
 - Seizure reduction rate: higher than placebo
 - Seizure free rate: higher than placebo
- Schiller and Najjar, 2008
 - Until 6th AED add-on: 16.5% seizure free rate by one AED addon
 - 7th AED add-on: significant increase of responder rate
- Luciano and Shorvon (2007)
 - Add-on therapy of new AED: 28% one year sz free rate
- Multicenter study in Italy
 - ³/₄ of intractable epilepsy: polytherapy
 - 46.5% (adults), 54.2% (children): 3 or more AED
 - 7.2%: 4 or more AED



Schiller and Najjar, 2008

New definition of DRE

- At least 4 or 5 AEDs should be tried before drug resistance epilepsy is determined?
- What is enough number of monotherapy or combination therapy for DRE?
- What intensity of seizure for DRE?
 - Any seizures or seizures interfering daily life?
- It is not easy to predict patients who will be drug resistant?

"Pseudo-intractable" seizures

- Inappropriate AED selection
- Less therapeutic serum concentration
- Non-epileptic disorders, psychogenic seizures
- 10% or more of epilepsy patients: co-existent psychogenic seizures
- Conditions resembling epilepsy in early childhood
- Mistaking complex partial seizures for absence epilepsy
- Failing to identify precipitating factors
 - AED skip, sleep deprivation, alcohol drinking, PC game, etc.
- Neurodegenerative disorders and inborn errors of metabolism
- Autoimmune encephalitis

Case 1 (20/F)

- Age of seizure onset: 13 year-old
- Seizures: dizziness → upward eye deviation, falling, grunting, whole body movement, bilateral tonic clonic seizures
- Frequency: 3 4/year, Duration: 2-3 minutes
- AED: Tegretol-CR 400 mg, Valproate 600 mg daily
- EEG: normal (4 times)
- Brain MRI : no abnormality
- The patient was admitted to EMU to confirm her epilepsy diagnosis. She had three seizures during 3 day video-EEG monitoring period.

20-30 seconds prior to EEG seizure onset



15 seconds before seizure onset

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C3-P3	I you was a second was a second was a second was a second of the second
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Cz-Pz	I manufacture and the second s
ECG1-Ref 50 uV	





Clinical seizure onset

Groaning, generalized seizure SEIZURE seizure button Fp1-F7 20 uv F7-T7 T7-P7 P7-01 Fp2-F8 F8-T8 T8-P8 P8-02 Fp1-F3 F3-C3 INNI C3-P3 I Him Walke for the man and a sector when P3-01 I application and the state of Fp2-F4 I With the part of the provide the state of F4-C4 I WARMAN WIN Mandala the fact of the second of the second and the second second second second second second second second se C4-P4 I Aller and the set of P4-02 I Manager Habilton Manager and Andrew State Fz-Cz Cz-Pz ECG1-Ref ĭ₩ war when the



Clinical & EEG seizure end

Diagnosis before EMU: Epilepsy (GTC)

o Diagnosis after EMU → convulsive Cardiac syncope

- Long-QT syndrome
- Ventricular tachycardia

• Treatment

- Discontinuation of antiepileptic drugs
- Implantation of defibrillator → patient become seizure free

Case 2: 66/F

- 2005.10 : Paroxysmal atrial fibrillation was diagnosed.
- o 2015 : Paroxysmal dizziness was started.
- 2016 : AED (CBZ 500, VPA 1200) was started due to paroxysmal dizziness and abnormality of EEG (sharp wave at left temporal lobe)
- 2019. 1: Patient had an ablation surgery for atrial fibrillation. Thereafter, paroxysmal dizziness has been worsened.
- 2019. 6 : Patient suffered greatly from dizziness episodes increased to >10 times per day (5-10 sec)
- 2019. 6. 10 : She pushed herself to EMU admission due to severe difficulty during dizziness episodes.

EEG during dizziness episode



EEG during dizziness episode


-		168 secs	Routine (07:45.0)	174 secs		
0	Photic-2 Hz (00:10.0)				Photic-5 Hz (00:09.9)	
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EKG1-EKG2						
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Final diagnosis

- Sick sinus syndrome (longest pause : 7.2sec) with very frequent asystole
- 2019. 6. 13 : implantation of permanent pacemaker → dizziness disappeared.



Properties of newer AEDs

Golyala, Seizure 2017

Drug	Trade Names	Year of appro -val	Primary MoA	Indica- tions	Absorp- tion (bio- avail- ability %)	Protein binding	Half- life(h)	Metabol- ism & routes of elimina- tion
Rufinamide	Banzel Inovelon	2004	Sodium-channel blockade	LGS/ Partial	Slow (>85%)	34%	6-10	Hepatic
Lacosamide	Vimpat	2008	 Slow inactivation of sodium channel Interacts with CRMP-2 	Partial	Rapid (95-100%)	<15%	13	Hepatic
Eslicarbaze- pine acetate	Apitom Zebinix Exalief	2009	Sodium-channel blockade	Partial	Rapid (90%)	40%	13-20	Glucuroni -dation, Renal
Ezogabine/ Retigabine	Potiga Trobalt	2011	Activation of low- threshold potassium channels	Partial	Rapid (60%)	80%	8	Glucuroni -dation
Perampanel	Fycompa	2012	Non-competitive AMPA-receptor antagonist	Partial /GTCs	Rapid (100%)	95%	105	Glucuroni -dation, Feces, Urine
Brivaracetam	Briviact	2016	Binds to SV2A receptors	Partial	Rapid (100%)	<20%	7-8	Renal

1. Rufinamide (RUF)

• Triazole derivative



o MoA

- Not clear
- Limiting excessive firing of sodium-dependent action potentials

• FDA approval

- Lennox-Gastaut Syndrome ≥4 years old
- Add-on Tx for adults & adolescents with **focal seizures**

Rufinamide : Key studies

Study	Design & Tx regimen	Primary outcomes	Secondary outcomes
Biton 2011 Refractory focal Sz 12-80 yo 1-3 AEDs	Placebo (n=181) 3200 mg/d (n=176) 56d baseline \rightarrow 96d Tx	1. % change in focal Sz freq	 50% and 75% responders adverse effects
Brodie 2009 Refractory focal Sz ≥16 y0 1-2 AEDs	Placebo (n=156) 3200 mg/d (n=313) 8w baseline \rightarrow 13 w Tx	1. % change in focal Sz freq	 total focal Sz frequency 50% responders % change in secondary generalized Sz frequency adverse effects
Elger 2010 Refractory focal Sz 15-65 yo 1-3 AEDs	Placebo (n=133) 200(n=127)/400(n=125) 800(n=129)/1600mg/d (n=133) 12w baseline → 12w Tx	1. mean % reduction in total focal Sz freq	 50% responders adverse effects
Glaser 2008 LGS 4-30 yo 1-3 AEDs	Placebo (n=64) 45 mg/kg (n=74) 28d baseline \rightarrow 84d Tx	 median % reduction median % reduction median % reduction monic-atonic Sz freq Sz severity rating 	 50% responders adverse effects
Ohtsuka 2014 LGS	Placebo (n=30) 45 mg/kg (n=29)	1. % change in tonic- atonic Sz freq	1. % change in total Sz freq 2. 50% responders(T-aT Sz)

Rufinamide: Meta-analysis Risk ratios of responders

Study or Out	Rufinamide come Events / Tota	e Placebo al Events / Total	Weight	Risk ratio, 95% Cl	p-Value	Risk ratio and 95% Cl
50% respons	e					
Glaser	2008 23 / 74	7 / 64	10.13%	2.842 [1.306,6.181]	0.008	_
Brodie	2009 44 / 156	29 / 157	35.83%	1.527 [1.010,2.308]	0.045	₩
Elger 20	010 60 / 514	12 / 133	17.58%	1.294 [0.717, 2.333]	0.392	
Biton 20	011 52 / 160	25 / 175	33.68%	2.275 [1.486, 3.484]	0.000	≣ -
Ohtsuka	a 2014 7 / 28	2/30	2.77%	3.750 [0.850, 16.551]	0.081	—
	186 / 932 jeneity: Q-value = 5. regression: t = 0.90	.966, df(Q) = 4 (P	· · · · · · · · · · · · · · · · · · ·	1.852]1.446, 2.372] ² = 32.959	0.000	•
75% respons	6e					
Biton 20		2 / 175	73.1%	14.219 [3.429, 58.951]	0.000	
Ohtsuka	2014 2/28	1 / 30	26.9%	2.143 [0.205, 22.347]	0.524	
Total	28 / 160	3 / 205	100%	8.547 2.534, 28.832]	0.001	
	eneity: Q-value = 1. regression: Not esti		=0.166), I²	= 47.830		
Seizure free						
Glaser	2008 0 (0.5) / 7	4 0 (0.5) / 64	4 9.84%	0.865 [0.017, 42.967]	0.942	
Brodie	2009 6 / 156	3 / 157	80.22%	2.053 [0.504, 8.360]	0.315	
Ohtsuka	a 2014 0 (0.5) / 2	28 0 (0.5) / 30	9.94%	1.071 [0.022, 52.193]	0.972	_
Total	6 (7) / 25	• •		1.740 [0.511, 5.924]	0.376	
	peneity: Q-value = 0. regression: t = 6.33			² = 0.000	(0.010.1110100Favours PlaceboFavours Rufinamide
						711 Emilanau Das 0016

Zu, Epilepsy Res 2016

Rufinamide: Meta-analysis Risk ratios of 50% responder rate in partial and tonic-atonic seizures

Study or Subgroups	Rufinamide Events / Total	Placebo Events / Total	Weight	Risk ratio, 95% Cl	p-Value		Ris	k ratio a	and 95	5% CI		
Partial seizures									Ĩ			
Brodie 2009	44 / 156	29 / 157	43.34%	1.527 [1.010,2.308]	0.045				Η	-		
Elger 2010	19 / 133	12 / 133	15.92%	1.583 [0.801, 3.130]	0.186				+	-		
Biton 2011	52 / 160	25 / 175	40.74%	2.275 [1.486, 3.484]	0.008						-	
Total	115 / 449	66 / 465	100%	1.807 [3.376, 2.371]	0.000					\bullet		
• •		05, df(Q) = 2 (<i>P</i> = df = 1, <i>P</i> = 0.846		² = 0.000						•		
Tonic-atonic seizure	es											
Glaser 2008	31 / 74	11 / 64	85.92%	2.437 [1.336, 4.446]	0.004							
Ohtsuka 2014	7 / 30	2/30	14.08%	3.750 [0.850, 16.551]	0.081				+		-	\rightarrow
Total	38 /102	13 /94	100%	2.590 [1.484, 4.521]	0.001							
	: Q-value = 0.27 ssion: Not estim	78, df(Q) = 1 (<i>P</i> = able	= 0.598), I	² = 0.000		0.1 Fav	0.2 ours Pla	0.5 cebo	1	2 Favours	5 Rufina	10 mide

Rufinamide : Significant adverse effects

- Headache
- Dizziness
- Fatigue
- Somnolence
- Nausea
- Diplopia
- Vomiting

Study or Subgroups	Rufinamide Events / Total	Placebo Events / Total	Weight	Risk ratio and 95% CI	p-Value	Risk ratio and 95% CI
Headache						
Brodie 2009	59 / 156	38 / 157	40.18%	1.563 [1.110, 2.200]	0.011	
Elger 2010	129 / 514	32 / 133	41.47%	1.043 [0.745, 1.461]	0.806	- b - ⁻
Biton 2011	29 / 176	23 / 180	18.36%	1.290 [0.777, 2.139]	0.325	- T =
Total	217 / 846	93 / 470	100%	1.276 [1.027, 1.585]	0.028	◆
Heterogeneity: Q-va Egger's regression:			= 26.558			· · · · · · · · · · · · · · · · · · ·
Dizziness						
Brodie 2009	66 / 156	22 / 157	19.95%	1.748 [1.444, 2.117]	0.000	
Elger 2010	68 / 154	13 / 133	11.61%	1.327 [1.027, 1.713]	0.291	
Biton 2011	47 / 176	15 / 180	12.44%	3.205 [1.862, 5.515]	0.291	T
Ohtsuka 2014	26/28	21 / 30	56.01%	1.353 [0.772, 2.374]	0.030	-
Total	207 / 874	71 / 500	100%	2.012 [1.222, 3.312]	0.006	
Heterogeneity: Q-va				2.012 [1.222, 0.012]	0.000	•
Egger's regression:			- 01.595			
Fatigue						
Brodie 2009	25 / 156	13 / 157	24.14%	2.114 [1.039, 4.303]	0.039	
Elger 2010	96 / 514	21 / 133	45.77%	1.225 [0.731, 2.052]	0.441	
Biton 2011	27 / 176	18 / 180	30.09%	1.631 [0.863, 3.082]	0.132	
Total	148 / 846	52 / 470	100%	1.523 [1.074, 2.160]	0.021	Ā
Heterogeneity: Q-va Egger's regression:	alue = 1.546, df(Q) = 2 (P = 0462), I ²	= 0.000	• • • •		•
Somnolence						
Glaser 2008	18 / 74	8/64	18.72%	1.946 [0.908, 4.172]	0.087	
Brodie 2009	32 / 156	19 / 157	39.87%	1.695 [1.005, 2.859]	0.087	+- -
Elger 2010	47 / 514	5/133	13.39%	2.432 [0.987, 5.995]	0.053	
Biton 2011	22 / 176	13 / 180	25.51%	1.731 [0.900, 3.327]	0.100	
Ohtsuka 2014	5/28	1/30	2.51%	5.357 [0.666, 43.068]	0.115	
Total	124 / 948	46 / 564	100%	1.889 [1.358, 2.628]	0.000	
Heterogeneity: Q-va						-
Egger's regression:	t = 7.266, df=3, P	9 = 0.005				
Nausea						
Brodie 2009	41 / 156	18 / 157	47.47%	2.292 [1.379, 3.810]	0.001	
Elger 2010	42 / 514	11 / 133	30.29%	0.988 [0.523, 1.866]	0.970	
Biton 2011	23 / 176	9/180	22.24%	2.614 [1.244, 5.489]	0.011	T
Total	106 / 846	38 / 470	100%	1.805 [1.008, 3.233]	0.001	
Heterogeneity: Q-va Egger's regression:			= 61.918			-
	t = 0.100, ui=1, P	- 0.012				
Diplopia			10 6 - 11		0.000	
Glaser 2008	31 / 74	5/64	46.95%	5.362 [2.217, 12.971]	0.000	
Brodie 2009	37 / 156	4 / 157	36.09%	9.309 [3.399, 25.496]	0.000	
Elger 2010	14 / 514	2/133	16.97%	1.811 [0.417, 7.872]	0.428	[_]
Total	82 / 744	11 / 354	100%	5.443 [2.971, 9.969]	0.000	
Heterogeneity: Q-va Egger's regression:			= 38.375			
Vomiting						
Glaser 2008	16 / 74	4 / 64	35.18%	3.459 [1.219, 9.820]	0.020	
Brodie 2009	21 / 156	7 / 157	59.58%	3.019 [1.322, 6.898]]	0.009	
Ohtsuka 2014	4/28	0 (0.5) / 30	5.24%	8.571 [0.474, 154.922]	0.146	
Total	41 / 258	11 (11.5) / 251		3.336 [1.773, 6.276]	0.000	,
Heterogeneity: Q-va Egger's regression:		$= 2 (P = 0.791), I^2 =$				
-990, 0 rogrossion.	· · · · · · · · · · · · · · · · · · ·	0.0000			L	
					0.1	
					Favours	Placebo Favours Rufinamid

Zu, Epilepsy Res 2016

Treatment algorithm for a newly diagnosed LGS



2. Lacosamide: Description

- Functionalized amino acid
- Molecular formula: C₁₃H₁₈N₂O₃
- Molecular weight: 250.3 g/mol



- Lacosamide tablets, syrup and IV solution have been stu died as adjunctive therapy in the treatment of partial-onse t seizures in patients with epilepsy aged ≥ 16 years
- Lacosamide was approved in the EU on September 3, 20 08, and in the US on October 29, 2008

Lacosamide: Unique MOA



Lacosamide: Pharmacokinetic Profile

- Einear pharmacokinetics
- Low inter- and intra-subject variability of about 20%
- T_{max}: 1-4 hrs after oral administration
- T_{1/2} ~ 13 hrs (BID); steadystate achieved in 3 days
- Absolute bioavailability ~100%
- Food does not affect rate a nd extent of absorption

- 95% of the dose is excreted in the urine (40% as unchan ged drug)
- ▶ Low protein binding (<15%)</p>
- S Low drug-drug interaction potential
- No influence of gender or ra ce (Asian, Black, Caucasian) has been observed
- Increased plasma concentra tions in elderly compared with young subjects (20%)

3 Phase IIb, III trials, and Pooled Analysis

- Ben-Menachem study (SP667): Efficacy and safety of oral LCM as adjunctive therapy in adults with partial-onset seizures: *Ben-Menachem E, Biton V, Jatuzis D, Abou-Khalil B, Doty P and Rudd GD. Epilepsia 2007;48(7):1308–17*
- Chung study (SP754): Lacosamide: Efficacy and safety as oral adjunctive treatment in adults with partial-onset seizures: *Steve Chung S, Sperling M, Biton V, Krauss G, Doty P, Sullivan T. Epilepsia* 2010; 51(6):958-967
- Halasz study (SP755): Lacosamide: Efficacy and safety as oral adjunctive treatment in adults with partial-onset seizures: *Halasz P*, *Kälviäinen B*, *Mazurkiewicz-Beldzinska M*, *Rosenow F*, *Doty P*, *Hebert D.*, *Sullivan T. Epilepsia 2009; 50(3): 443-453*
- Pooled Analysis: *Chung S*, Ben-Menachem E., Sperling M., Rosenf eld W., Fountain B.N., Benbadis S., Hebert D., Isojävi J., Doty P. C NS Drugs. 2010: 24(12):1041-54.

Lacosamide pivotal clinical trials



Multicentre, randomised, double-blind, placebo-controlled trials of adjunctive lacosamide in patients with partial-onset seizures taking 1 to 3 AEDs, with or without vagal nerve stimulation (VNS)

ITT population=all randomised patients receiving \geq 1 dose of trial medication with \geq 1 post-baseline efficacy assessment, n=1,294

Lacosamide: Patient Characteristics

- N=1,294*1
- Mean age: 38.6 years¹
- Female: 51.1%¹
- Mean time since diagnosis: 23.
 7 years¹
- Lifetime use of AEDs¹
 - 77% tried ≥4
 - 45% tried ≥7
- Concomitant AEDs¹
 - 1 AED: 15.5%
 - 2 AEDs: 62.4%
 - 3 AEDs: 22.0%

- Seizures at baseline
 - Simple partial: 32.1%
 - Complex partial: 84.0%
 - Partial with secondary genera lizations: 41.7%
- Median baseline seizure frequen cy: 10 to 17 per 28 days
- Vagus nerve stimulation placeme nt: n=216

1. Chung S, et al. Poster presented at: 62nd Annual American Epilepsy Society Meeting; December 5-9, 2008; Seattle, WA..

Lacosamide: Median Percentage Seizure Frequency Reduction from Baseline* (Per Protocol Set)



Study 3: Chung S, et al. Epilepsia 2009

Lacosamide: Adverse Events

Most Common Adverse Events (%) Occurring in ≥10% of LCM Treated Patients and Greater than Placebo

AE	Treatment Phase	Placebo (n=364)	VIMPAT® 200 mg/day (n=270)	VIMPAT® 400 mg/day (n=471)
Dissinger	Forced-titration	7%	10%	25%
Dizziness	Maintenance	2%	7%	8%
lleedeebe	Forced-titration	6%	7%	10%
Headache	Maintenance	5%	7%	6%
Neuros	Forced-titration	4%	6%	9%
Nausea	Maintenance	1%	2%	4%
Diplonic	Forced-titration	1%	4%	8%
Diplopia	Maintenance	1%	4%	4%

Lacosamide: Cognitive Adverse Events

TEAEs Potentially Related to Cognition During the Treatment Phase

Cognitive Adverse Events	Placebo (n=364)	Lacosamide 200 mg/day (n=270)	Lacosamide 400 mg/day (n=471)
Memory impairment	1.6%	1.1%	1.5%
Cognitive disorder	0.3%	0.4%	2.1%
Confusional state	0.8%	0%	1.5%
Disturbance in attention	0.5%	0%	1.1%
Mental impairment	0%	0%	0.4%

 In total, 6.1% of TEAEs were potentially related to cognition for VIMPAT[®]'s 200 mg/day and 400 mg/day doses vs 4.7% for placebo

Chung, et al CNS Drugs Jan 2011

Important Safety Information

- Caution is advised for patients with known cardiac conduction problems, who are taking drugs known to induce PR interval prolongation, or with severe cardiac disease
- Reported cases of A-fib and A-flutter in ICU patients
- In patients with known conduction problems or with sev ere cardiac disease, obtaining an ECG before beginning V IMPAT[®], and after VIMPAT[®] is titrated to steady state, is recommended



LCM: combination therapy

≥50% responder rates by concomitant AED (ITT population)



\geq 50% responder rate in patients taking \geq 1 concomitant sodium-channel blocking AEDs



≥50% responder rate in patients taking concomitant AEDs that act on non-sodium-channel targets



With concomitant non-sodium-channel targeting AEDs

**p<0.01 versus placebo

3. Perampanel (PER)

o MoA

Selectively blocks AMPA receptor-mediated synaptic excitation

• FDA approval :

 Monotherapy & combination therapy for Partial seizures & GTCs for people older than 12 years

o Dose

- Once-daily
- P.O. at bedtime



PK profile of perampanel

- Absorption: readily absorbed (food delays but not extent of absorption)
- Elimination half life: 105 hr (reduced to 25 hr with carbamazepine)
- Administration schedule: once daily at bedtime
- Effective dose range: 4-12mg/day
- Initiation of therapy: 2mg/day
- Gradual upward titration: 2mg every 2 weeks 4 weeks

Perampanel : Key studies

Study	Study design & <u>Tx</u> regimen	Median % reduction in Sz frequency	Proportion of pts with ≥50% Sz freq reduction	Tx-related TEAEs
French 2012 Refractory focal E 12-80 yo 1-3 AEDs	Placebo (n=121) 8 mg/d (n=133) 12 mg/d (n=134) 6w B → 6w T → 13w M	Placebo : 21.0% 8 mg/d : 26.3%* 12 mg/d : 34.5%*	Placebo : 26.4% 8 mg/d : 37.6% 12 mg/d : 36.1%	Placebo : 47.9% 8 mg/d : 74.4% 12 mg/d : 80.6% Dizziness, somnolence, HA, fall, irritability, ataxia
French 2013 Refractory focal E ≥16 vo 1-2 AEDs	Placebo (n=136) 8 mg/d (n=129) 12 mg/d (n=121) 6w B → 6w T → 13w M	Placebo : 9.7% 8 mg/d : 30.5%* 12 mg/d : 17.6%*	Placebo : 14.7% 8 mg/d : 33.3%* 12 mg/d : 33.9%*	Placebo : 68.4% 8 mg/d : 86.8% 12 mg/d : 86.0% Dizziness, somnolence, fatigue, HA
Krauss 2012 Refractory focal E 15-65 yo 1-3 AEDs	Placebo (n=185) 2 mg/d (n=180) 4 mg/d (n=172) 8 mg/d (n=169) 8w B → 6w T → 12w M	Placebo : 10.7% 2 mg/d : 13.6% 4 mg/d : 23.3%* 8 mg/d : 30.8%*	Placebo : 17.9% 2 mg/d : 20.6% 4 mg/d : 28.5%* 8 mg/d : 34.9%*	Placebo : 31.9% 2 mg/d : 37.2% 4 mg/d : 44.8% 8 mg/d : 56.8% Dizziness, somnolence, HA, fatigue, URI, nasopharyngitis, gait disturbance

Perampanel : Pooled study

Steinhoff, Epilepsia 2013



Perampanel : Pooled study

Steinhoff, *Epilepsia* 2013

		Perampanel					
Adverse event, n (%)	Placebo (n = 442)	2 mg (n = 180)	4 mg (n = 172)	8 mg (n = 431)	12 mg (n = 255)		
Any TEAE	294 (66.5)	(61.7)	(64.5)	350 (81.2)	227 (89.0)		
Dizziness 🦛	40 (9.0)	18 (10.0)	28 (16.3)	137 (31.8)	109 (42.7)		
Somnolence	32 (7.2)	22 (12.2)	16 (9.3)	67 (15.5)	45 (17.6)		
Headache	50 (11.3)	16 (8.9)	19 (11.0)	49 (11.4)	34 (13.3)		
Fatigue	21 (4.8)	8 (4.4)	13 (7.6)	36 (8.4)	31 (12.2)		
Irritability 🛑	13 (2.9)	7 (3.9)	7 (4.1)	29 (6.7)	30 (11.8)		
Nausea	20 (4.5)	4 (2.2)	5 (2.9)	25 (5.8)	20 (7.8)		
Fall 🛑	15 (3.4)	2(1.1)	3 (1.7)	22 (5.1)	26 (10.2)		
Nasopharyngitis	18 (4.1)	7 (3.9)	9 (5.2)	23 (5.3)	11 (4.3)		
Upper respiratory tract infection	12 (2.7)	(6.1)	6 (3.5)	14 (3.2)	10 (3.9)		
Ataxia	0 (0.0)	0 (0.0)	I (0.6)	14 (3.2)	21 (8.2)		
Balance disorder	2 (0.5)	0 (0.0)	0 (0.0)	22 (5.1)	8 (3.1)		

Table 4. TEAEs occurring in \geq 5% of patients in any treatment group

• Black box warning

- Serious psychiatric & behavioral changes
- Homicidal or suicidal thoughts

Perampenel in primary GTCS

- IGE patients aged ≥ 12 y experiencing ≥ 3 primary GTCS on stable doses of 1-3 approved AEDs
- 4-week titration period (uptitrated from 2 to 8 mg/d) and 13-week maintenance period



Perampenel in primary GTCS

- Primary endpoint: % change in primary GTCS frequency per 28 day
- Secondary endpoint: 50% responding rate



French JA, Neurology 2015

Effects on cognition

- 12–18 yrs, focal epilepsy on 1-3 AEDs, double-blind design of 2:1 perampanel and placebo
- 8–12 mg/day (6-week titration, 13-week maintenance)

	Placebo (n =44)	Perampanel (n = 79)	LS difference (95% Cl)	Р
Full-scale IQ score	100.5 (12.9)	101.6 (14.7)		NS
CDR system global cognition score	1.6 (1.3)	-0.6 (1.0)	-2.2 (-5.2, 0.8)	0.145
Power of attention	-2.7 (3.0)	-6.9 (2.3)	-4.2 (-11.0, 2.6)	0.219
Continuity of attention	1.6 (1.2)	-1.7 (0.9)	-3.3 (-6.0, -0.7)	0.013
Quality of episodic memory	-1.2 (1.5)	3.0 (1.1)	4.2 (0.9, 7.5)	0.012
Quality of working memory	2.0 (1.5)	1.1 (1.2)	-1.0 (-4.4, 2.5)	0.579
Speed of memory	7.0 (2.7)	0.2 (2.1)	-6.6 (-12.7, -0.6)	0.032
Letter of fluency	0.2 (1.1)	0.9 (0.8)	0.6 (-2.0, 3.3)	0.633
Category of fluency score	0.1 (0.5)	-0.4 (0.4)	-0.6 (-1.9, 0.7)	0.365
Groove Pegboard test	-9.2 (28.8)	0.2 (17.2)		0.143

Meador KJ, Epilepsia 2016

Effects on mood

- The effect of perampanel on aggression and depression in patients with epilepsy
 - A short-term (12 weeks) prospective study evaluating 59 patients with pharmacoresistant epilepsy

BAQ and the NDDI-E in eligible patients (n = 59).

	At the entry Mean \pm SD(range)	At the 12 weeks Mean \pm SD(range)	p-value
BAQ	64.8 ± 13.9 (40-103)	68.4 ± 14.9 (37-108)	0.013
Verbal aggression	14.3 ± 3.2 (8-24)	15.1 ± 3.5 (8-22)	0.045
Physical aggression	16.2 ± 5.4 (6-27)	17.6 ± 5.6 (7-34)	0.040
Anger	14.6 ± 5.0 (6-25)	15.6 ± 4.5 (8-25)	0.083
Hostility	19.7 ± 5.3 (10-33)	20.2 ± 5.2 (11-33)	0.274
NDDI-E	11.9 ± 4.0 (6-22)	13.7 ± 3.9 (6-23)	0.000

BAQ: Buss Perry Aggression Questionnaire. NDDI-E: Neurological Disorders Depression Inventory for Epilepsy.

• Perampenel significantly increases aggression and depression in patients with epilepsy

Goji H, Seizure 2019

4. Eslicarbazepine acetate (ESL)

• Dibenzazepine family



o MoA

- Competitive blocker of the voltage-gated sodium channel
- Reduces the VGSC availability by selectively enhancing slow inactivation, similarly to LCM
- **Approval** : Mono- or adjunctive Tx for partial-onset Sz
- Once-daily (400 mg \rightarrow 800 mg) (\rightarrow 1200 mg)

Eslicarbazepine Acetate: PK Profile

- Linear pharmacokinetics
- T_{max}: 1-4 hrs after oral administration
- T_{1/2} ≈20 hrs; steady-state achieved in 4-5 days
- Converts to active met of eslicarbazepine

- Food does not affect rate and extent of absorption
- Protein binding <40%</p>
- Moderate inhibitor of 2C19
- Mild inducer of 3A4

Bottom line: Better than OXC?

Eslicarbazepine Pivotal Trial Results: Percent Reduction in Seizure Frequency



Gil-Nagel et al. Epilepsia 2013

A phase III, double-blind, randomized, placebo-controlled trial.



Epilepsia. 2015 Feb; 56(2): 244–253.
Pooled Data Efficacy of ESL



Efficacy of ESL with concomitant CBZ



CBZ: carbamazepine; ESL: eslicarbazepine acetate; mITT: modified intention-to-treat; SSF: standardized seizure frequency.

Chung S. AAN Meeting 2015

Eslicarbazepine acetate : Pooled study

Elger, CNS Neurosci Ther 2017



ESL: Behavioral and Psychiatric AEs



Dose-Dependent Increases in Cognitive Dysfunction-Related Events

% Incidences Of Dose-Dependent Cognitive Dysfunction-Related Events

Cognitive dysfunction-related events	Placebo	APTIOM 800 mg	APTIOM 1200 mg
	n=426	n=415	n=410
Memory Impairment	0.2%	1.0%	1.7%
Disturbance in attention	0.5%	0.7%	1.5%
Amnesia	0.2%	1.0%	0.7%
Confusional state	0.5%	0.5%	0.7%
Aphasia	0%	0.2%	1.2%
Speech disorder	0%	0%	0.7%
Slowness of thought	0%	0.2%	0.5%
Disorientation	0%	0.2%	0%
Psychomotor retardation	0%	0.2%	0.2%

APTIOM [prescribing information]. Sunovion Pharmaceuticals Inc., Marlborough, MA, September 2016.

Eslicarbazepine Key Points

- Once-daily, immediate-release AED therapy
- Can be taken whole or crushed, with or without food
- Favorable behavioral, psychiatric, and cognitive tolerability
- Some adverse reactions occur more frequently when patient s take ESL adjunctively with carbamazepine
- FDA approval for both adjunctive and monotherapy for focal epilepsy, age 4 and above.

5. Brivaracetam: PK Profile

- Linear pharmacokinetics
- T_{max}: 1-2 hrs after oral administration
- T¹/₂ ≈9 hrs; steady-state achieved after 2 days

- Food does not affect rate and extent of absorption
- Protein binding <20%</p>
- Metabolized by CYP2C19 and 2C9
- High water and fat solubility
 Not an inducer of 3A4

Bottom line: Better than LEV?

Brivaracetam Is a New Molecular Entity in the Racetam Class That Targets Synaptic Vesicle Protein 2A (SV2A)



The 50% Responder Rate for Brivaracetam

Pooled Results from Studies 1, 2, and 3



Biton et al. Epilepsia 2013

Efficacy of BRV on Previous LEV Failures



Chung et al. AES Meeting 2016 – scientific session (Houston, TX) Asadi-Pooya A., Sperling M., **Chung S.S.** Epilepsy Research 2017, Nov:137: 165-166.

Brivaracetam: Safety and Tolerability

ADVERSE REACTIONS		BRIVARA (n=803) %	PLACEBO (n=459) %
Gastrointestinal disorders	Nausea/vomiting	5	3
	Constipation	2	0
Nervous system disorders	Somnolence and sedation	16	8
	Dizziness	12	7
	Fatigue	9	4
	Cerebellar coordination and balance disturbances*	3	1
Psychiatric disorders	Irritability	3	1

Biton et al. Epilepsia 2013

Difference Between LEV and BRV?

- BRV has much high and selective affinity for SV2A
- BRV has positive anticonvulsant effects on classic sei zure models (MES and PTZ)
- BRV is mainly metabolized via liver (CYP2C19 hydro xylation and CYP2C9 hydrolysis)



Levetiracetam

- BRV showed less irritability AEs (3% vs. 1 % placebo)
- BRV requires no titration (usual dose of 50 mg BID)
- Both has IV (10 mg/mL), but faster infusion with BR V (over 2 to 15 minutes)



Brivaracetam

Higher lipid solubility = Faster Blood-Brain Barrier Penetration

Mouse Total Brain Concentrations After Single Oral Dose of BRIVIACT and Levetiracetam (N=42)



Nicolas JM, et al. Epilepsia. 2016;57(2):201-209.

Brivaracetam on depression and anxiety

- 37 patients with epilepsy
 - anger levels (STAXI-2), depression-anxiety (HADS) and quality of life (QOLIE-10) before adjunctive brivaracetam treatment and reassessed 3–6 months later

Seizurev Volume 69, July 2019, Pages 198-203

Depression, anxiety, QOL



Highlights

- BRV does not increase anger levels in recently diagnosed epilepsy.
- BRV effect on anger levels is conditioned by seizure reduction.
- BRV is efficacious in focal onset and idiopathic generalised epilepsies.
- LEV-related behavioural adverse events can be improved by BRV.

Brivaracetam Key Points

- High and selective affinity for SV2A in the brain
- IV and oral solution with 1:1 conversion ratio, rapid injection
- Favorable psychiatric (irritability) tolerability compare to LEV
- Demonstrated efficacy on patients who failed LEV previously
- Safety of converting LEV to BRV
- FDA approval for both adjunctive and monotherapy for focal e pilepsy, age 4 and above.

6. Cenobamate (YKP3089): PK Profile

- Linear pharmacokinetics
- T_{max}: 1-6 hrs after oral administration
- T_{1/2} ≈55-60 hrs; steady-state achieved in 14 days
- No know active metabolites



Cenobamate



Bottom line: Far different from Felbamate in safety?

Cenobamate (YKP3089)

- CNB is a novel Tetrazole alkyl carbamate derivative
- Animal models suggest broad spectrum including PTZ, MES, and photosensitive epilepsy
- Once daily dosing (Phase II at 200 mg/day), starting dose at 50 mg /day with increase every 2 weeks
- Possible MOAs
 - Promotes slow inactive state of sodium channels
 - enhance GABA_A without binding to GABA_A subunits

Cenobamate Phase II



Cenobamate (YKP3089): Seizure outcome



Median % Seizure Reduction

50% Responder Rate

Chung, French, Krauss et al. Neurology in review

Cenobamate: Superior efficacy?



Chung, French, Krauss et al. Neurology in review

Cenobamate: Adverse Events

	% Patients	
	Placebo (N=109)	YKP3089 (N=113)
Any adverse event	63.3	76.1
Treatment-related adverse event	46.8	61.1
Discontinuations due to AEs	3.7	3.5
Treatment-emergent adverse event		
Somnolence	11.9	22.1
Dizziness	16.5	21.2
Nausea	4.6	11.5
Fatigue	6.4	10.6
Headache	11.0	10.6
Nystagmus	0	9.7
Balance disorder	0.9	8.0
Upper respiratory tract infection	4.6	7.1
Urinary tract infection	1.8	7.1
Tremor	1.8	6.2
Constipation	0	5.3
Diarrhea	0	5.3
Vomiting	1.8	5.3
Nasopharyngitis	0.9	5.3

Chung et al. AES 2014

CNB: Slow Titration but Early Efficacy



CNB Key Points

- Once daily dose with early efficacy from phase II study
- Favorable psychiatric and behavioral tolerability
- Quite different safety profile compare to FBM
- Demonstrated broad spectrum potential from preclinical studies
- Limited data but higher seizure freedom rate than other new AEDs
- FDA approval pending (for focal epilepsy), may available early next year or late this year in US.

Adjunctive everolimus therapy for treatment-resistant focal-onset seizures associated with tuberous sclerosis (EXIST-3): a phase 3, randomised, double-blind placebo-controlled study

French JA et al, Lancet. 2016; 388:2153-2163

- Patients of 2-65 years-old with TSC and DRE(≥16 in 8-week baseline) under 1-3 AEDs
- Randomize into : PLC(n=119)

Low-exposure group (everolimus concentration 3-7 ng/ml; n=117) High-exposure group (9-15ng/ml; n=130)

- Titration phase of 6 weeks f/b 12 week of maintenance phase
- RESULTS
 - Response rate: 15.1% vs. 28.2%(p=0.0077) vs. 40.0%(P<0.0001) in PLC, Low- and High-exp groups, respectively
 - Median % reduction in Sz Freq: 14.9% vs. 29.3%(p=0.0028) vs. 39.6%(p<0.0001), respectively
 - Seizure free rate: 0.8% vs. 5.1% vs. 3.8%, respectively
 - TEAEs: 77% vs. 92% vs. 95% respectively with most common AE reported in everolimus group(>15%)

being stomatitis, diarrhea, nasopharyngitis, pyrexia, and URI

- AE led to treatment withdrawal : 2(2%) vs. 6(5%) vs. 4(3%), respectively
- Conclusion: Adjunctive everolimus treatment significantly reduced seizure frequency with a

tolerable safety profile in patients with TSC and drug-resistant seizures

Everolimus targeting the underlying molecular pathology of TSC represent a new treatment option for patients with TSC and drug-resistant seizures (and probably in other patient with DREs due to dysregulated mTOR signaling pathway: upstream pathway genes: STRAD α , DEPDC5, P13K or FCD related to **mTOR gene**

Summary

- New AEDs are better tolerable and have less adverse events.
- New AEDs are able to reduce seizure frequency significantly in patients with DRE.
- New AEDs may make them seizure free in a small portion of patients with DRE.
- The right choice and better combination of AEDs are important.
- Comorbidity should be considered on drug choice.
- But DRE is still about 20-30% despite to increased number of new AEDs.
- Surgery and neurostimulation should be considered when patients are intractable to 5 or more AEDs.