

# EEG workshop

## Normal Variants and Artifacts

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Normal variants and normal physiologic activities seen in the posterior head region

Alpha variants

Posterior slow wave of youth

Lambda waves

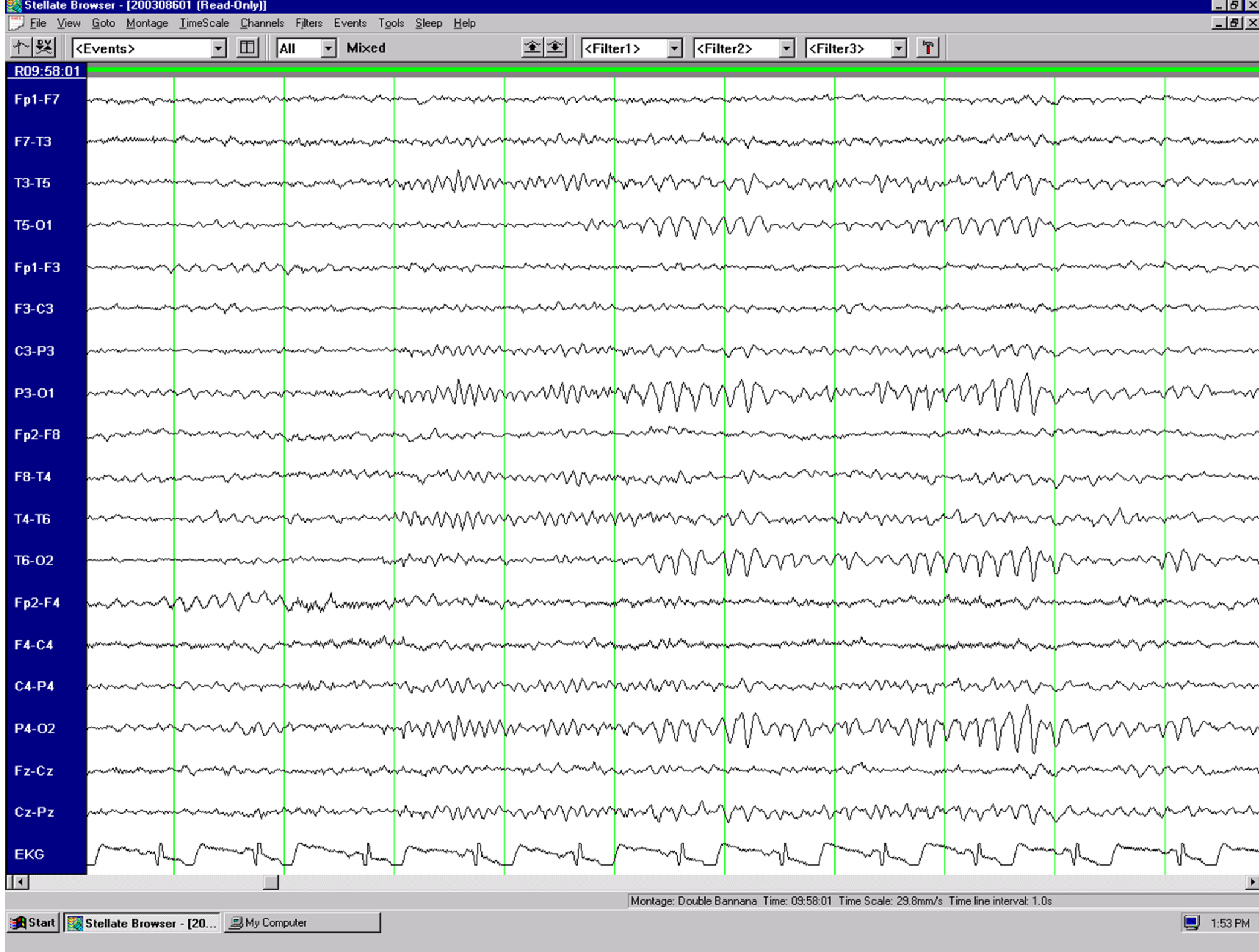
# Alpha variants

- First described by Goodwin in 1947
- Fast alpha variants : Superimposed harmonic rhythm, twice the frequency of basic posterior background
- Slow alpha variants : Superimposed subharmonic rhythm (half of the frequency of the posterior background)

# Alpha variants

- Both patterns show the same reactivity to eye opening and eye closure as normal posterior background
- Unknown significance
- Not correlate with epilepsy or other disorders





# Posterior slow wave of youth

- Frequency: 3-7 Hz
- Voltage: moderate voltage
- Location: Occipital regions
- Occurrence: irregular, intermixed with alpha rhythm

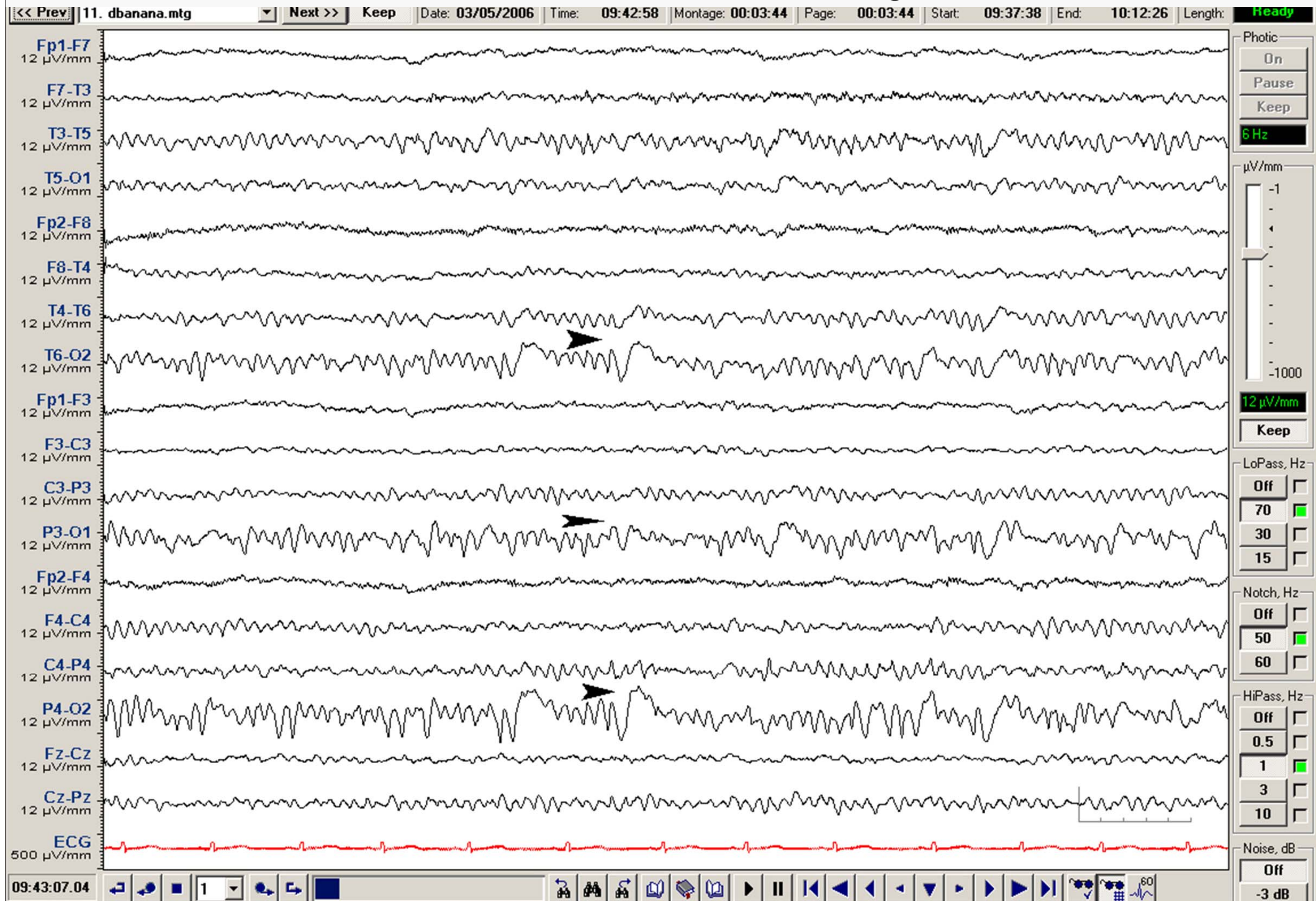
# Posterior slow wave of youth

- Reactive to eye opening and closure
- Asymmetry of amplitude should not be more than 50%

# Posterior slow wave of youth

- Normal in 2-15 years old
- Less common in less than 2 years old
- Most common between 8-14 years old
- 15% incidence in person between 16-20 years old
- Rare after 21 years old

# Posterior slow wave of youth



# Lambda waves

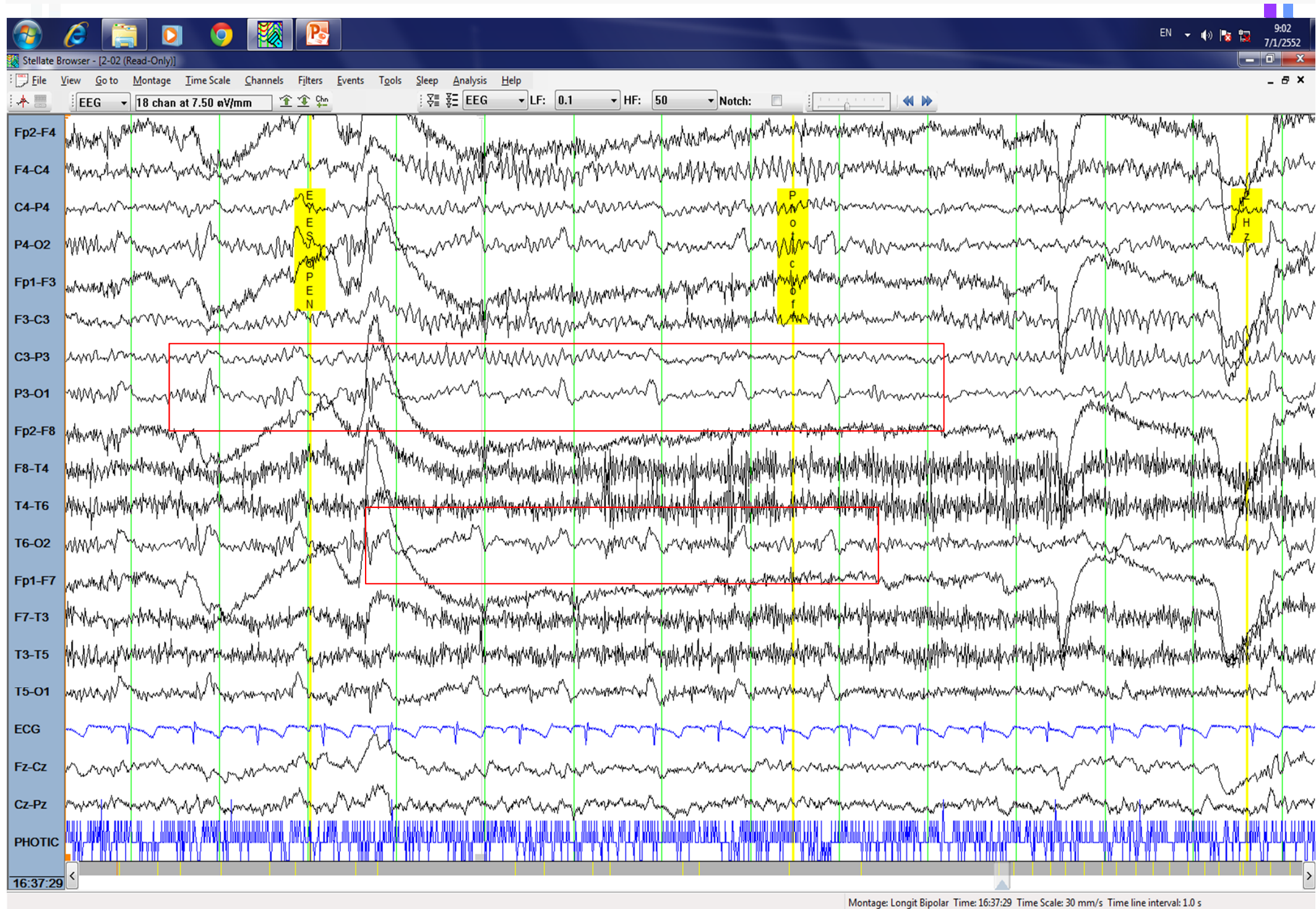
- First described by Gastaut in 1951
- Broad sharp transients of 160-250 msec in duration
- Presence when the patient is looking at pattern designs in a well illuminated room
- Voltage: moderate amplitude 40-60  $\mu\text{V}$
- Location: occipital region, may be asymmetric

# Lambda waves

- Occurred in children or young adult, rare in elderly
- Morphology: surface positive in the occipital region, reverse check marks
- Need to differentiated from occipital sharp waves



# Lambda waves response with photic stimulation





# Normal variants that mimic sharp waves In the temporal region

Benign Epileptiform Transients of sleep (BETS) or  
Small Sharp Spikes

Wicket spikes

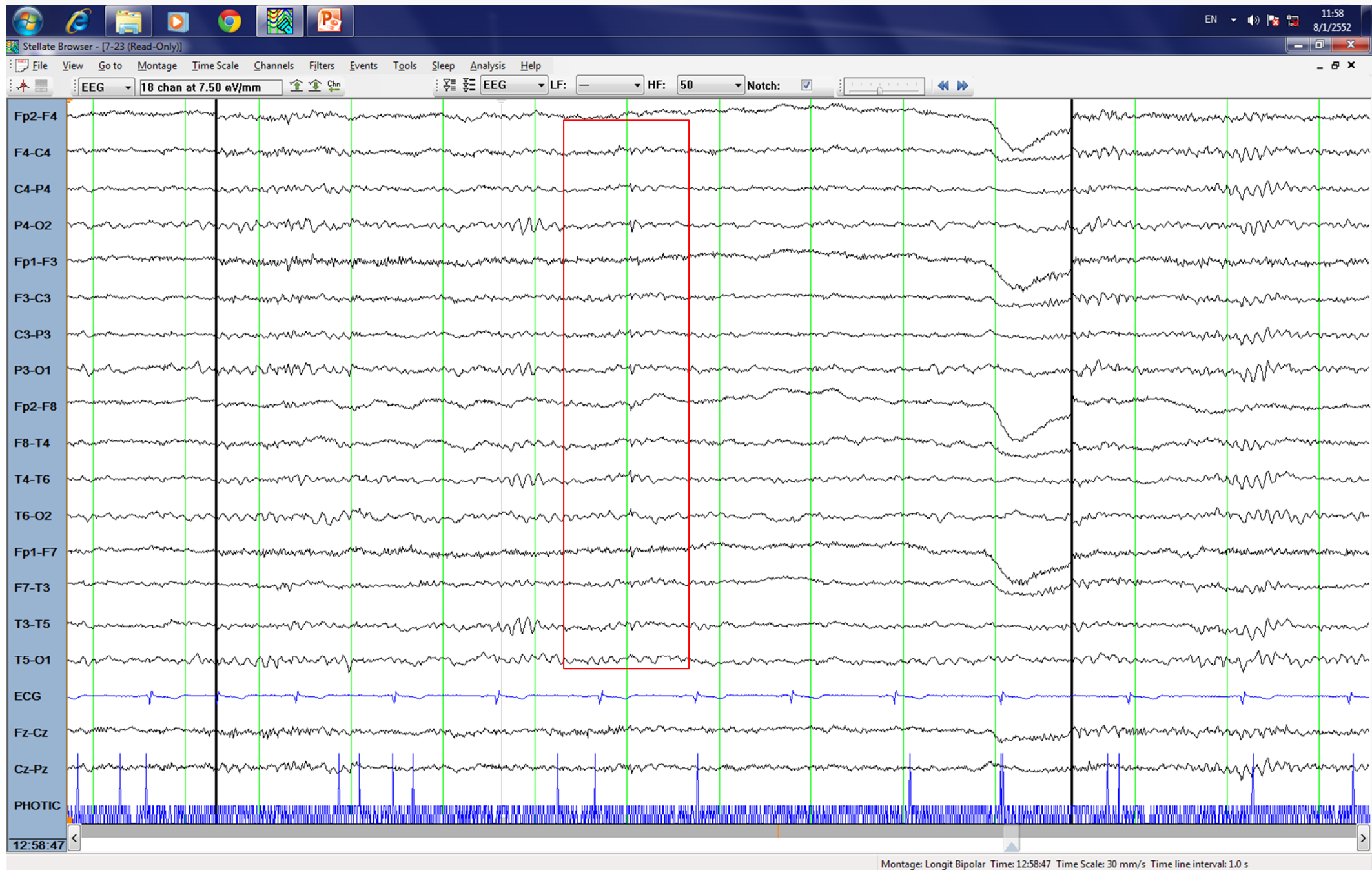
Rhythmic Midtemporal Theta of Drowsiness  
(RMTD) or Psychomotor variant

14 and 6 Hz positive spikes

# Benign Epileptiform Transients of sleep (BETS) or Small Sharp Spikes

- Wave form: short spikes, usually small
- Duration: < 50 msec for single phase
- Distribution: mid- and anterior temporal, often shifting in distribution; unilateral, bilaterally independent or bisynchronous
- Age: adults, adolescents
- Vigilance: sleep

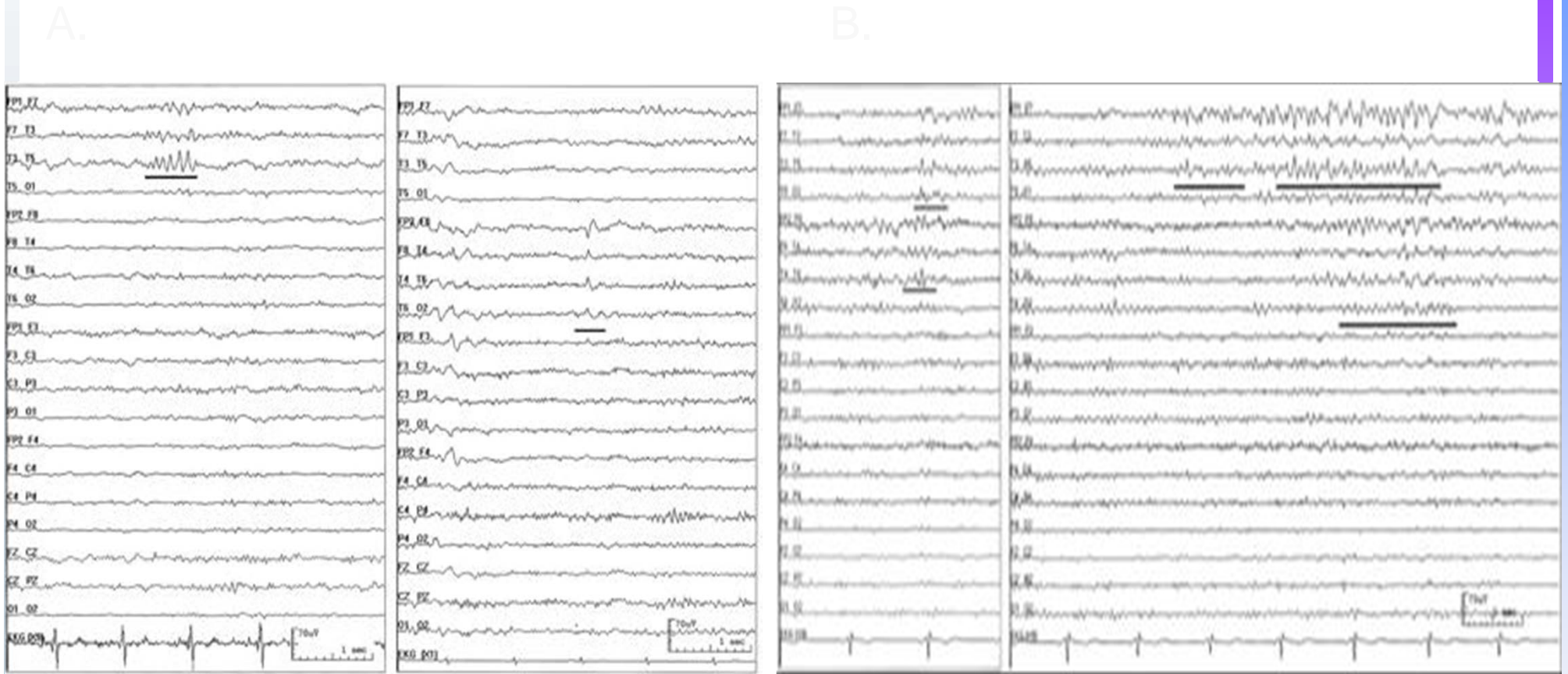
# Benign Epileptiform Transients of sleep (BETS) or Small Sharp Spikes



# Wicket spikes

- Wave form: often repetitive spikes forming arches ,no disruption of background, no following slow waves
- Duration: a few seconds
- Distribution: anterior and middle temporal
- Age: mainly adults
- Vigilance: awake, asleep

# Wicket spikes



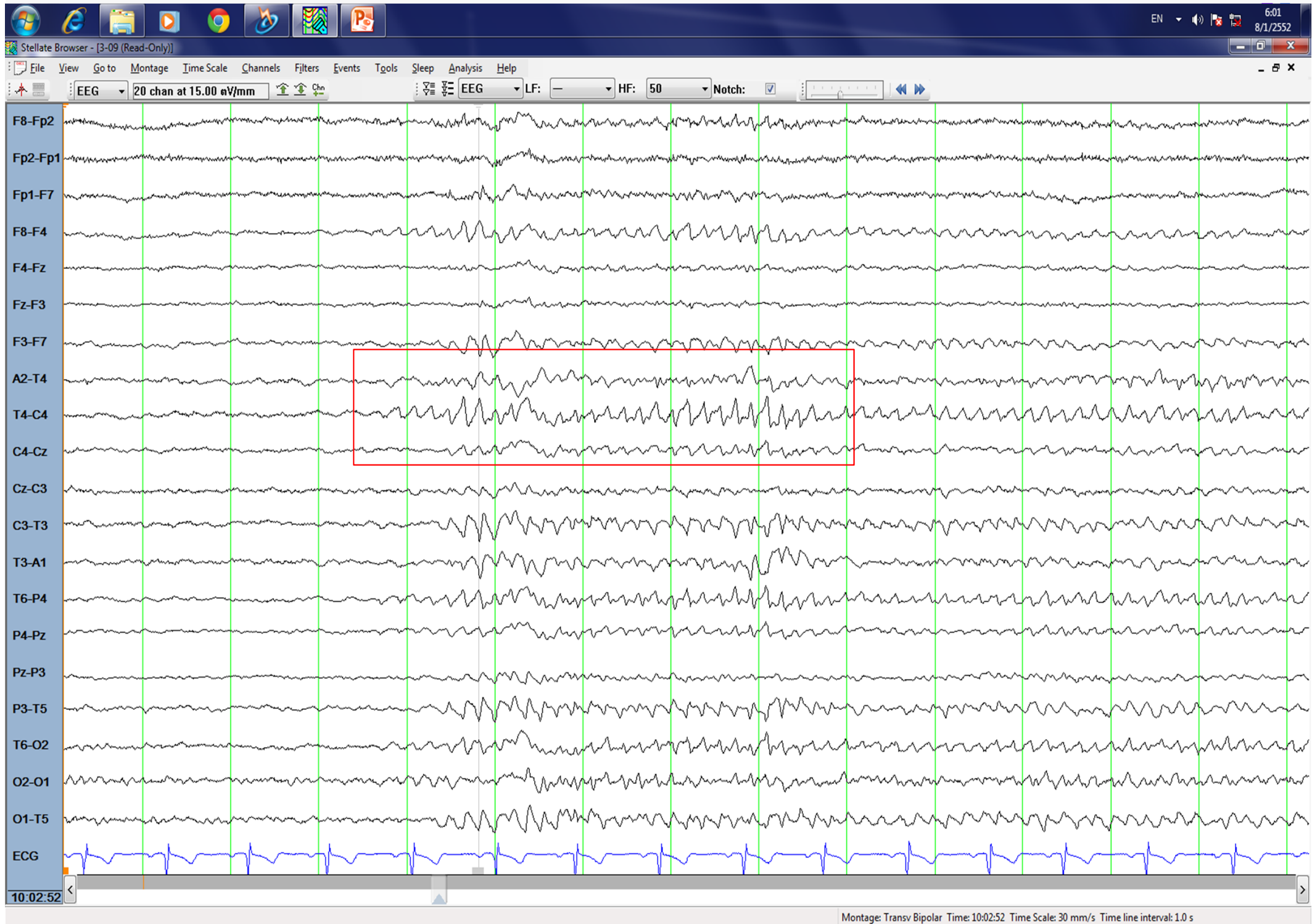
- A. Wicket spike in arciform wave compared to right temporal sharp wave
- B. Prolonged Wicket activity at left temporal lobe

## Rhythmic Midtemporal Theta of Drowsiness (RMTD) or Psychomotor variant

- Wave form: 6 (4-7) Hz negative sharp waves with notched or flat positive phases
- Duration: up to a few seconds
- Distribution: midtemporal, uni- or bilateral, independent or bisynchronous
- Age: middle age
- Vigilance: Sleep



# Rhythmic Midtemporal Theta of Drowsiness (RMTD) Or Psychomotor variant

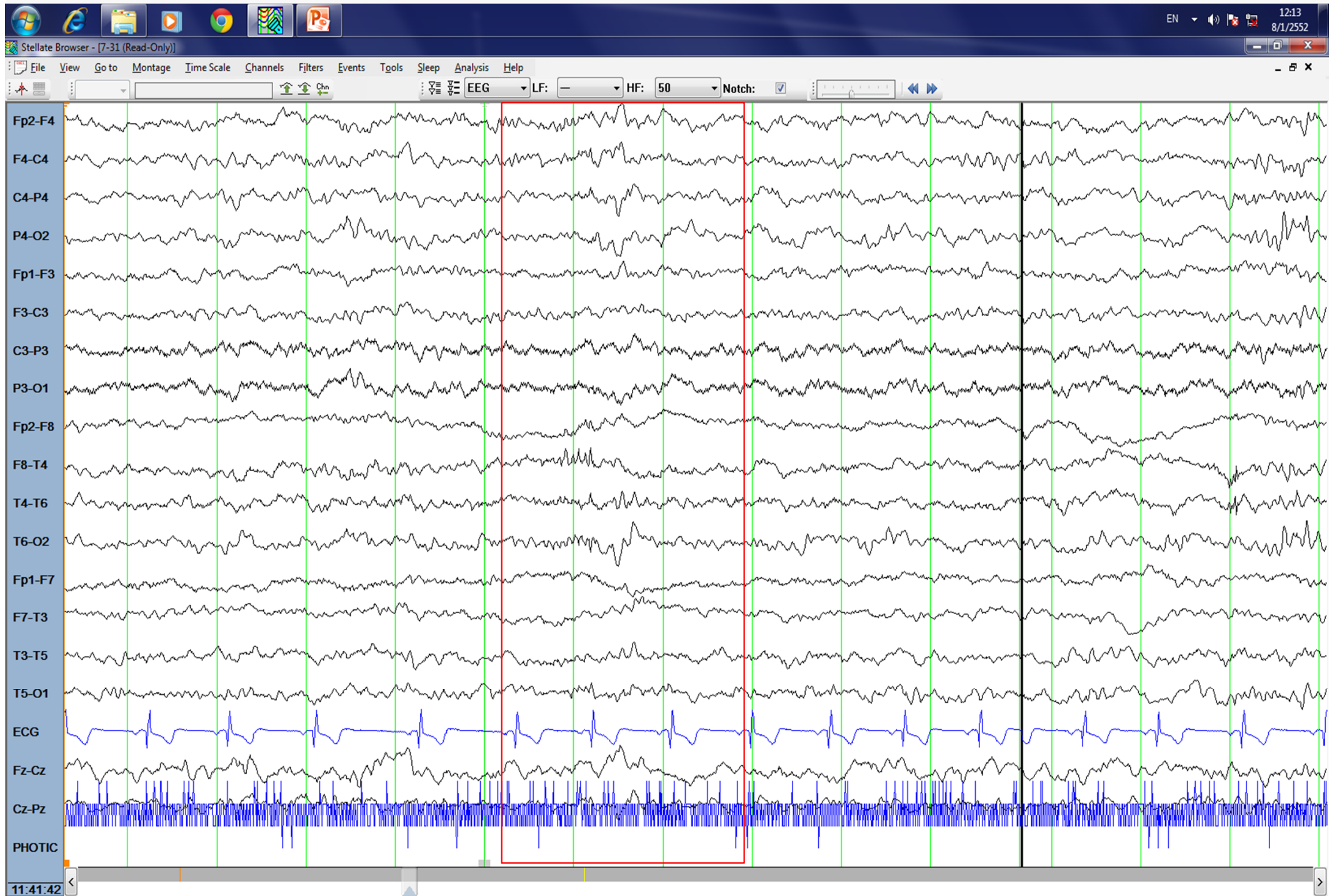


# 14 and 6 Hz positive spikes

- Rhythmic, arch-form, positive waves, maximal posterior temporal region
- Occur in burst, lasting 0.5-1 sec
- "Comb like" shape
- Unilateral or bilateral
- Deep drowsy state or light sleep
- Best seen in reference
- 10-30% of normal adolescents



# 14 and 6 Hz positive spikes



# Normal variants that mimic sharp waves

## In other locations

Phantom 6 Hz spike wave paroxysm

Rhythmic midline theta

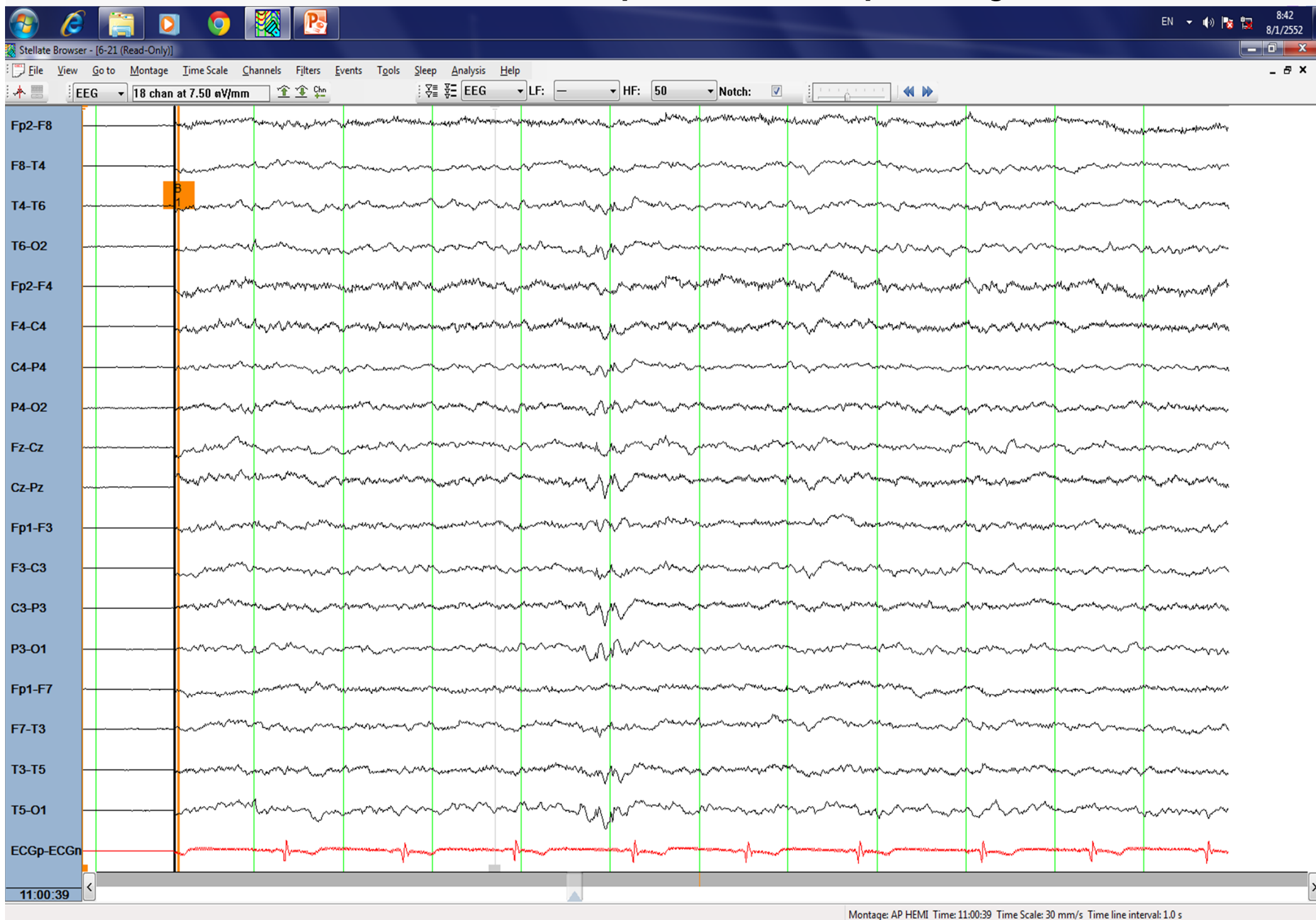
Subclinical Rhythmic Electroencephalographic  
Discharge of Adult (SREDA)

Mu rhythm

# Phantom 6 Hz spike wave paroxysm

- Wave form: miniature spike-and wave at 4-7 Hz
- Duration: < 1 sec
- Distribution: generalized, maximum often posterior
- Age adult, less often adolescents
- Vigilance: drowsy, awake

# Phantom 6 Hz spike wave paroxysm

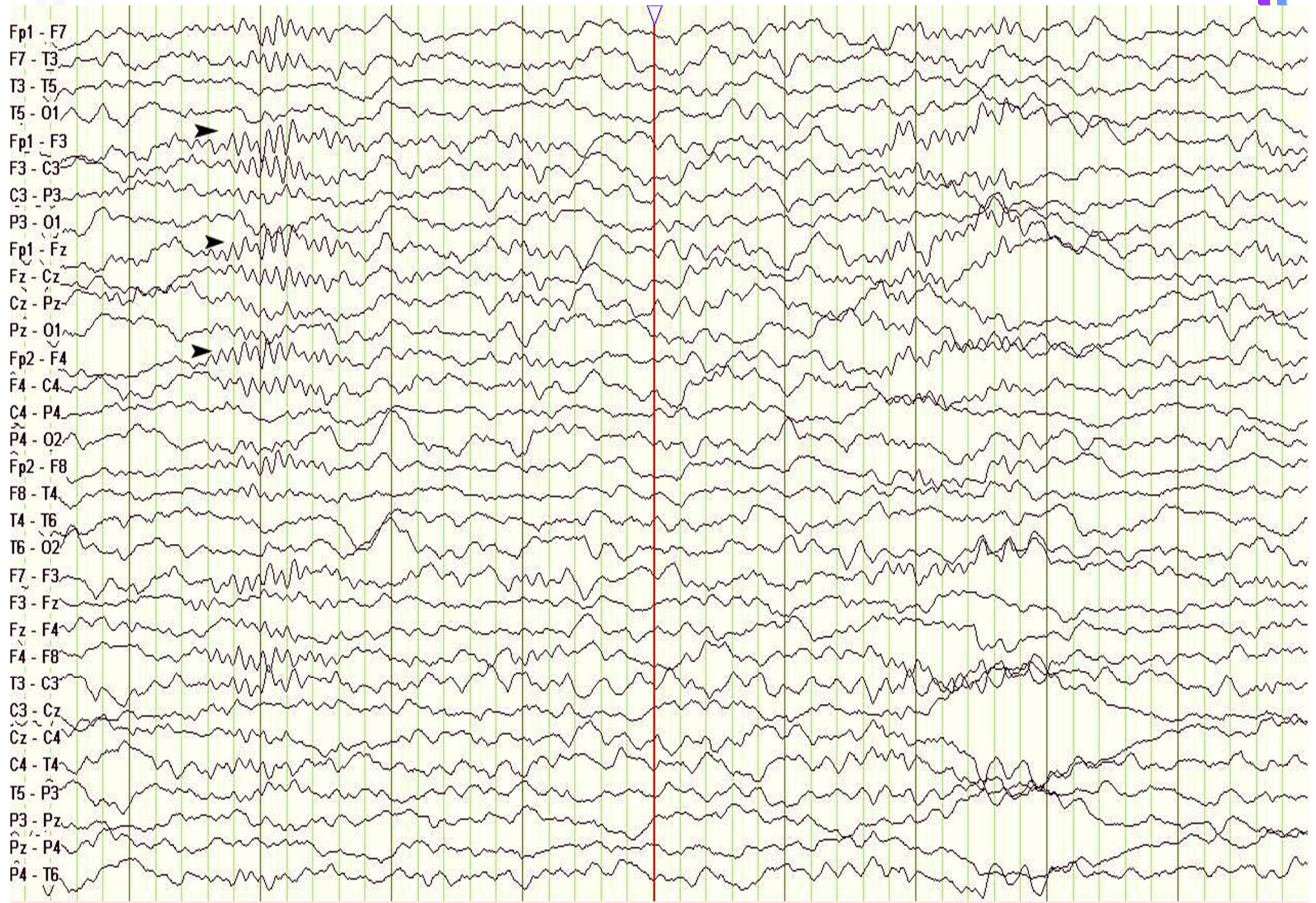


# Rhythmic midline theta

- Rhythmic 6-8 Hz midline activity
- Occur during sleep



# Rhythmic midline theta

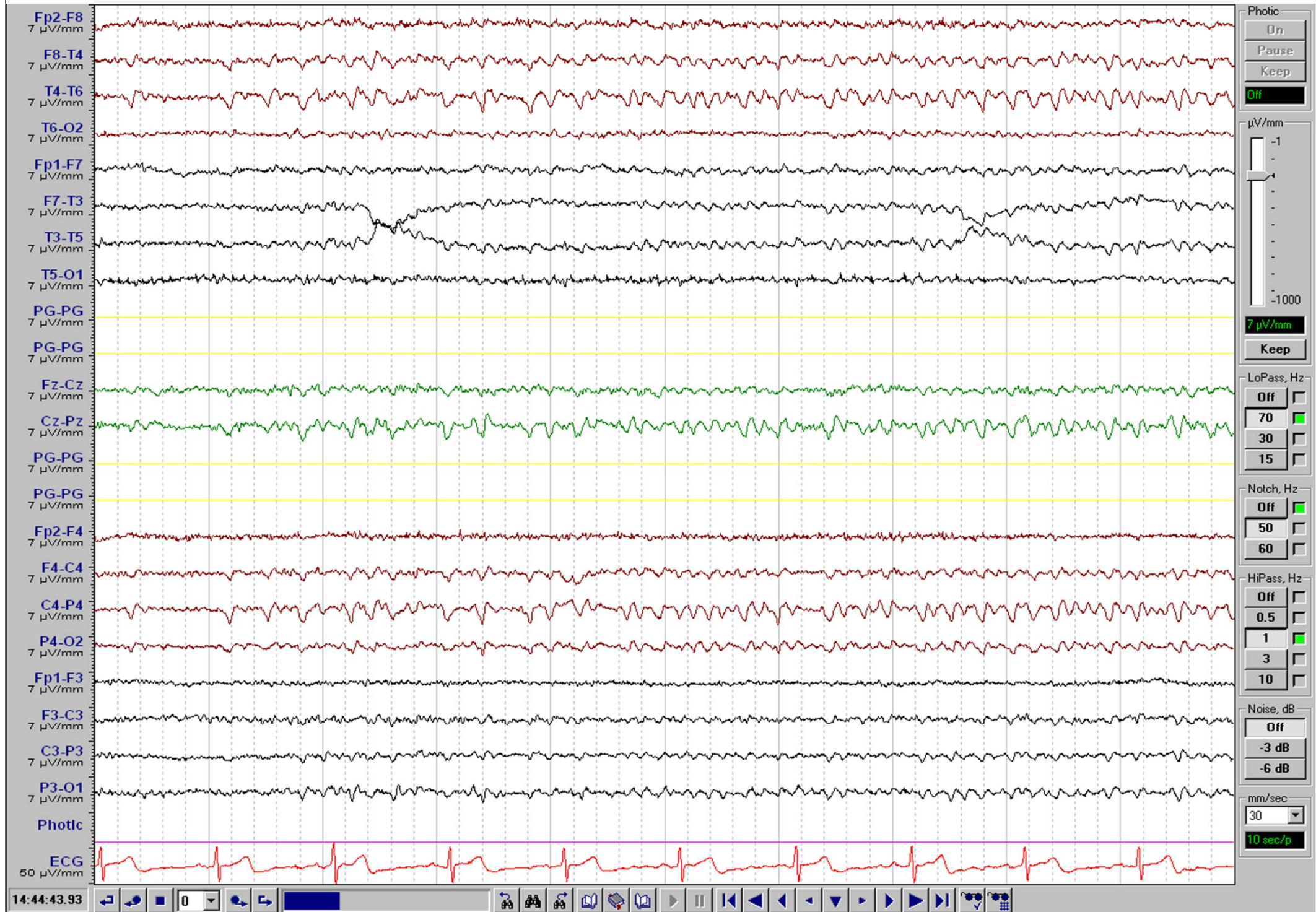




# Subclinical Rhythmic Electroencephalographic Discharge of Adult (SREDA)

- Wave form: mono or bi-phasic sharp waves followed by rhythmic 4-7 Hz waves
- Duration: usually 40-80 sec ( <10 sec to > 5 min)
- Distribution: often symmetrical and posterior temporal and parietal maximum, may be asymmetrical or unilateral
- Age: adults
- Vigilance: awake, asleep

# Subclinical Rhythmic Electroencephalographic Discharge of Adult

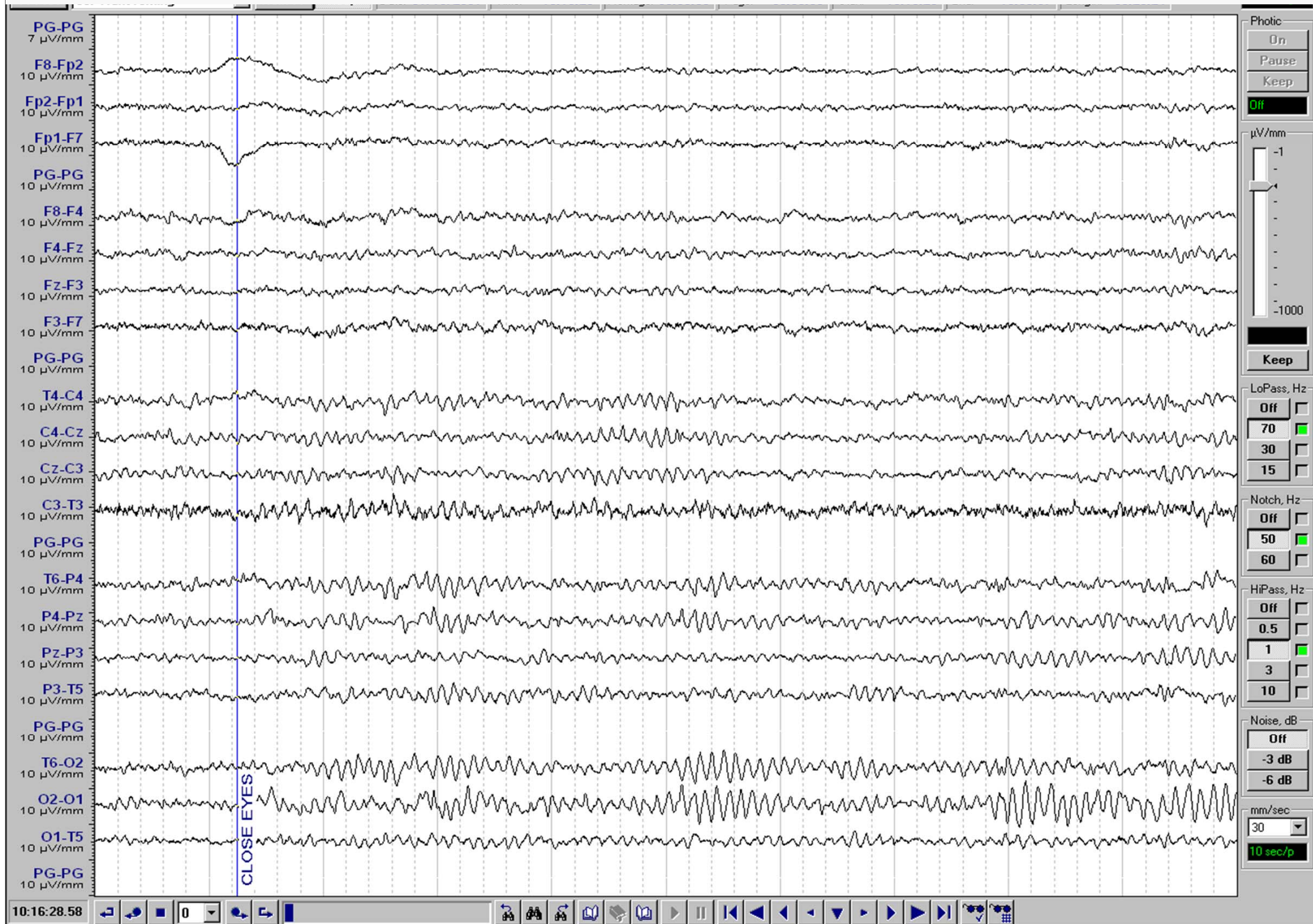




# Mu rhythm

- Arch-shaped waves at 7-11 Hz, up to a few seconds over the central or centro-parietal regions
- Often appear at different times on both sides
- Blocked by voluntary, reflex or passive movement

# Mu rhythm



# Artifacts

- Physiological artifacts arise from the patient's variety of body activities
- Non-physiological artifact

# Physiological artifacts arise from a variety of body activities

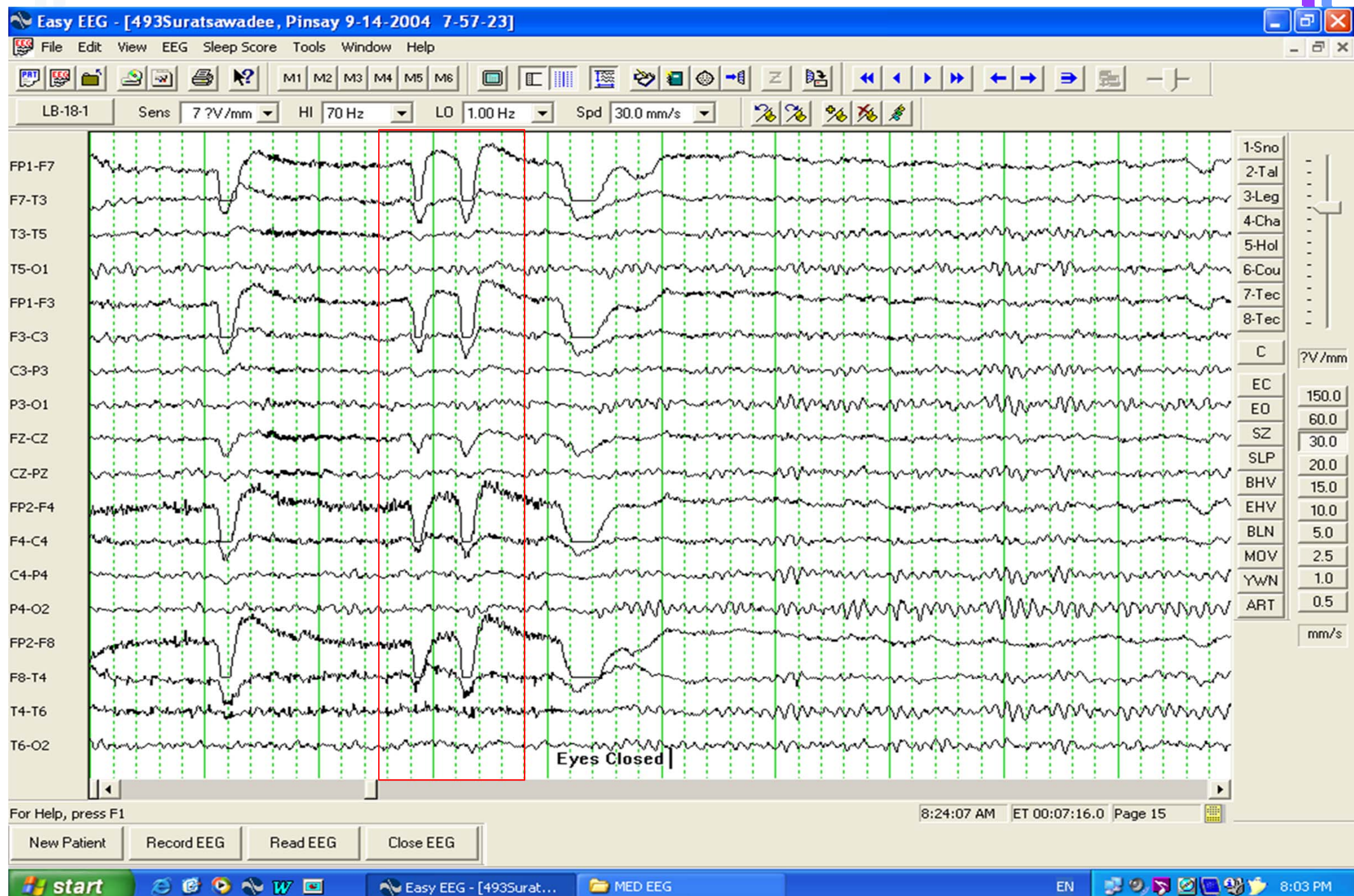
- Eye movement artifacts
- Muscle artifact
- EKG artifact
- Pulse wave artifact

# Non-physiological artifact

- Artifacts arising from electrodes, electrode terminal board, input cable and selector switches
- Artifacts arising from the recording instrument

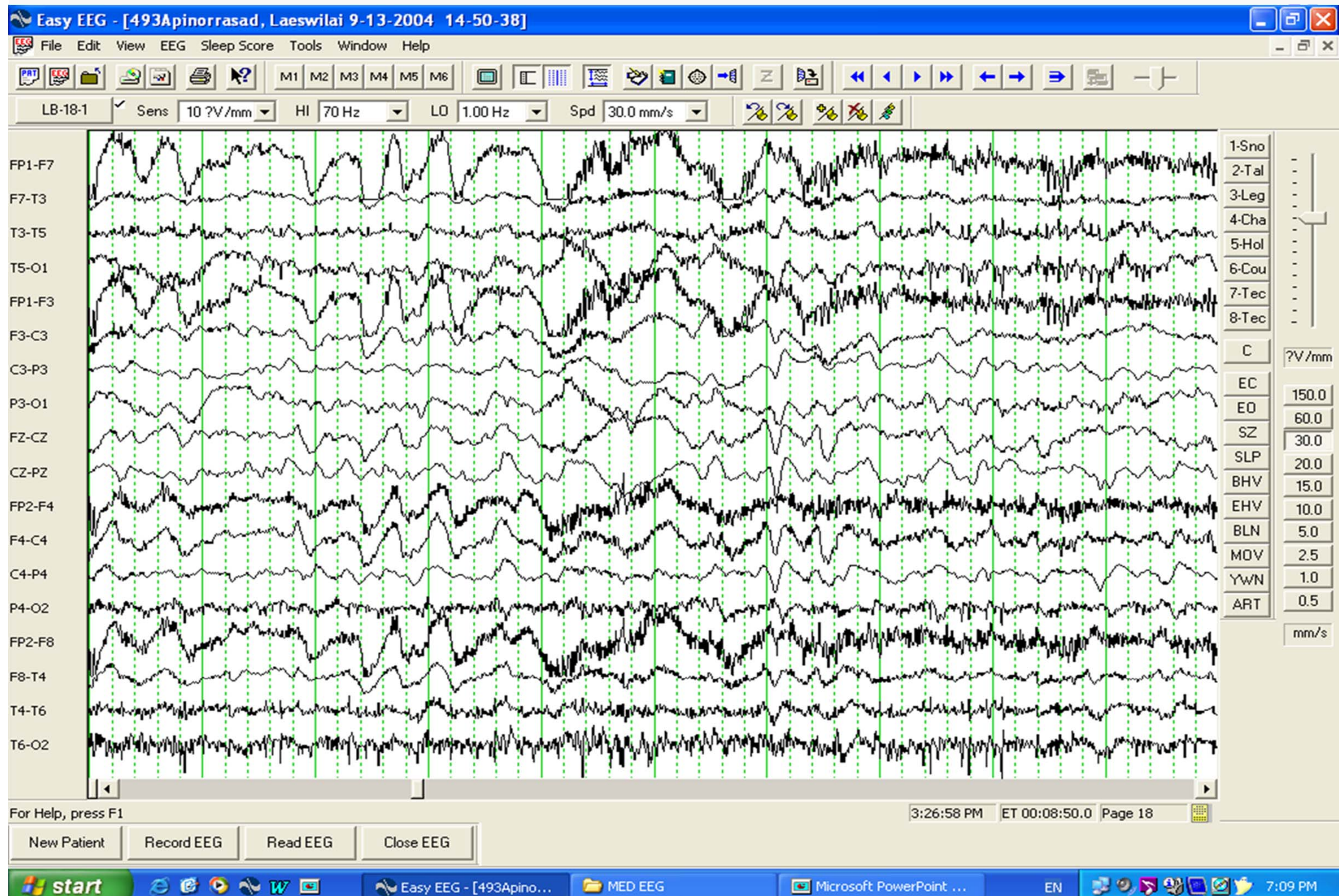


# Eye blink artifact



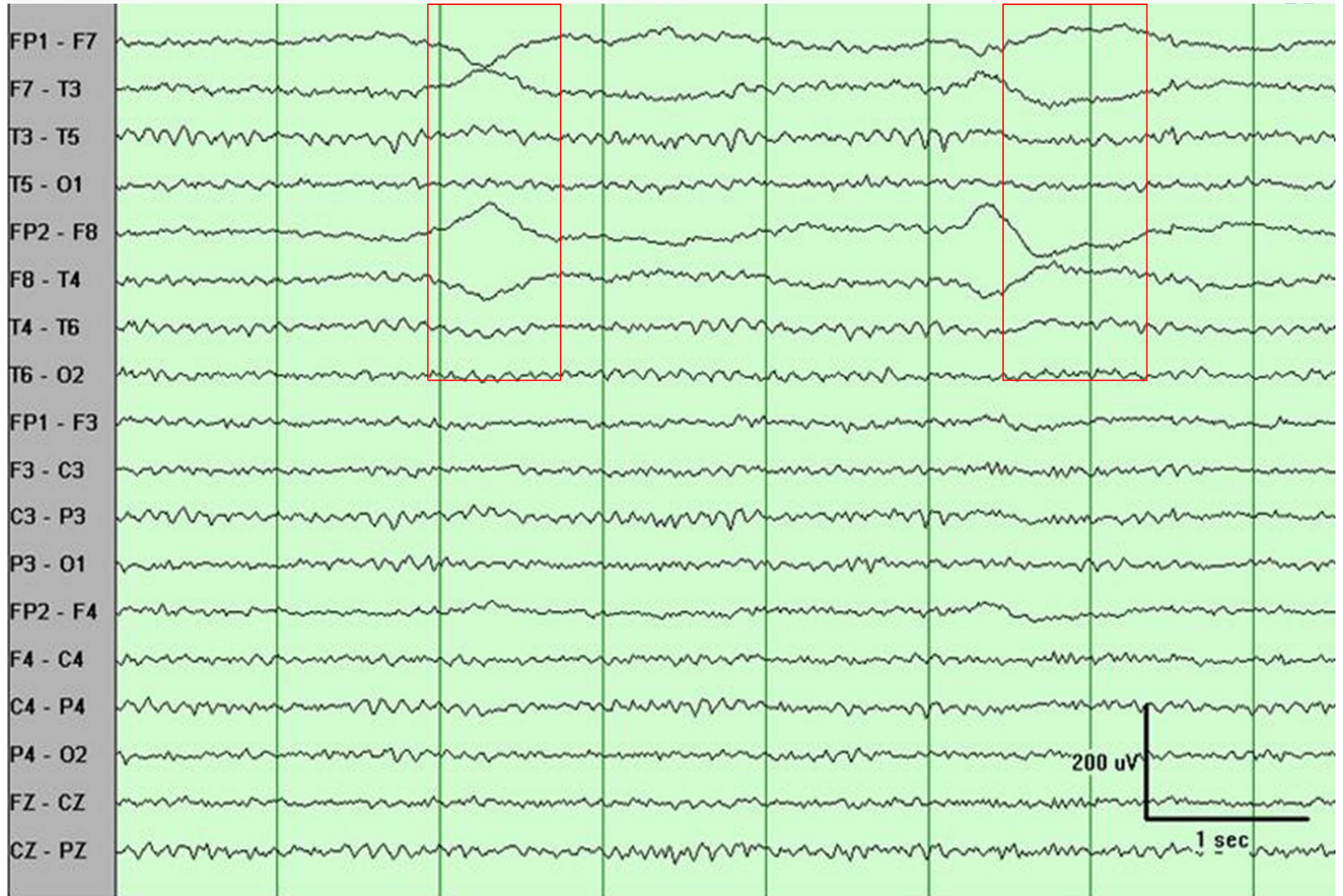


# Muscle artifact



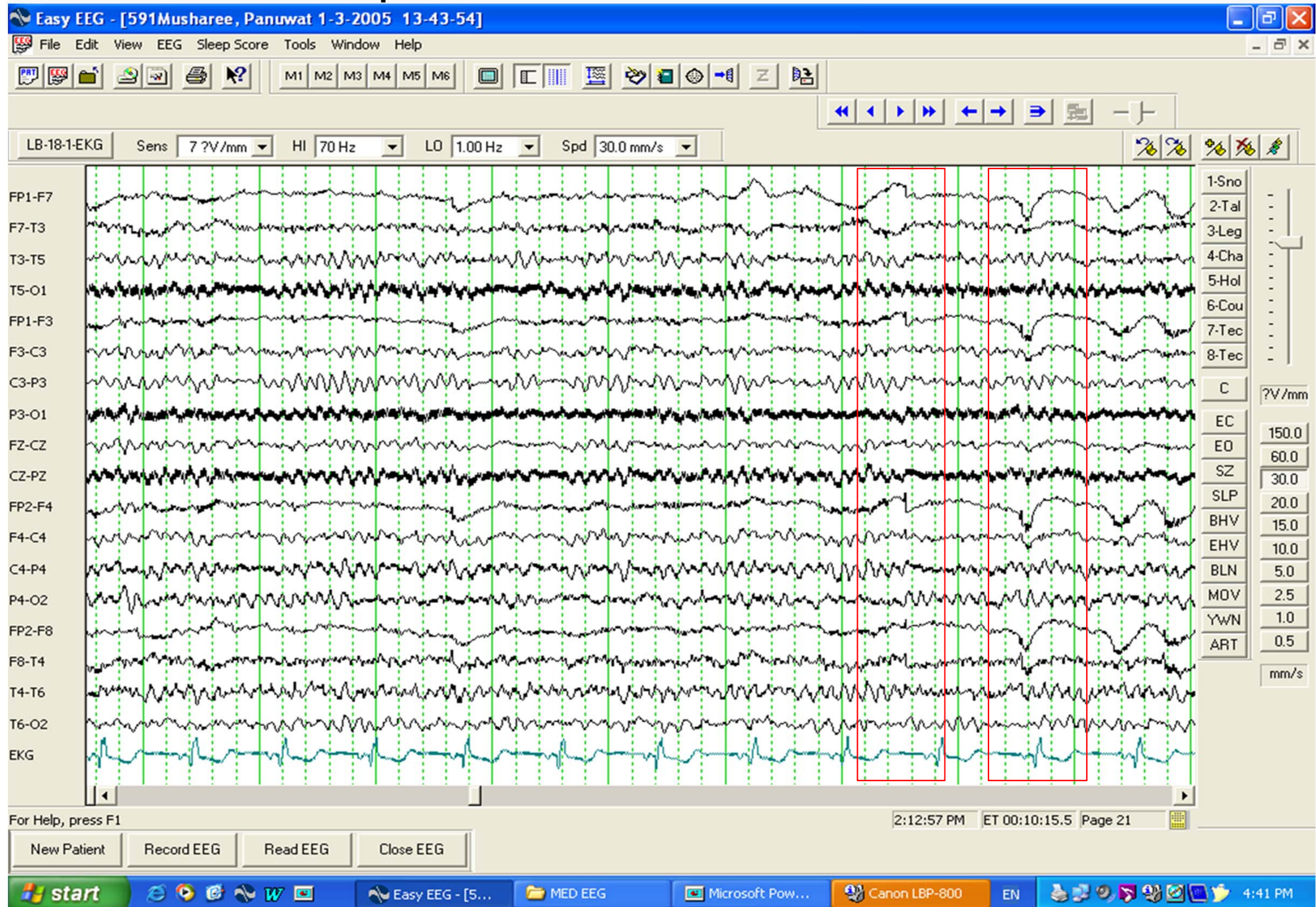


# Lateral eye movement artifact



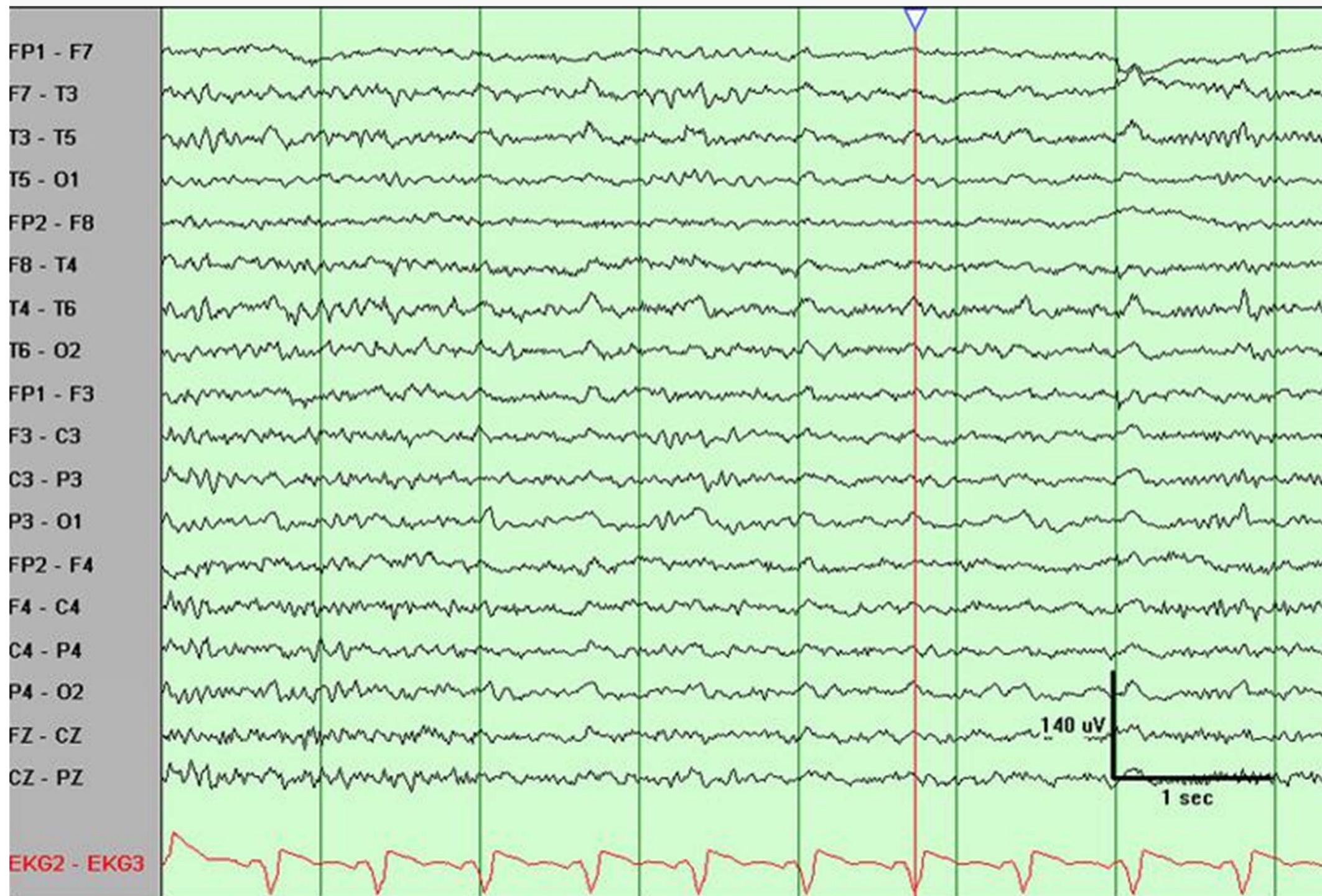


# Rectus muscle spike artifact



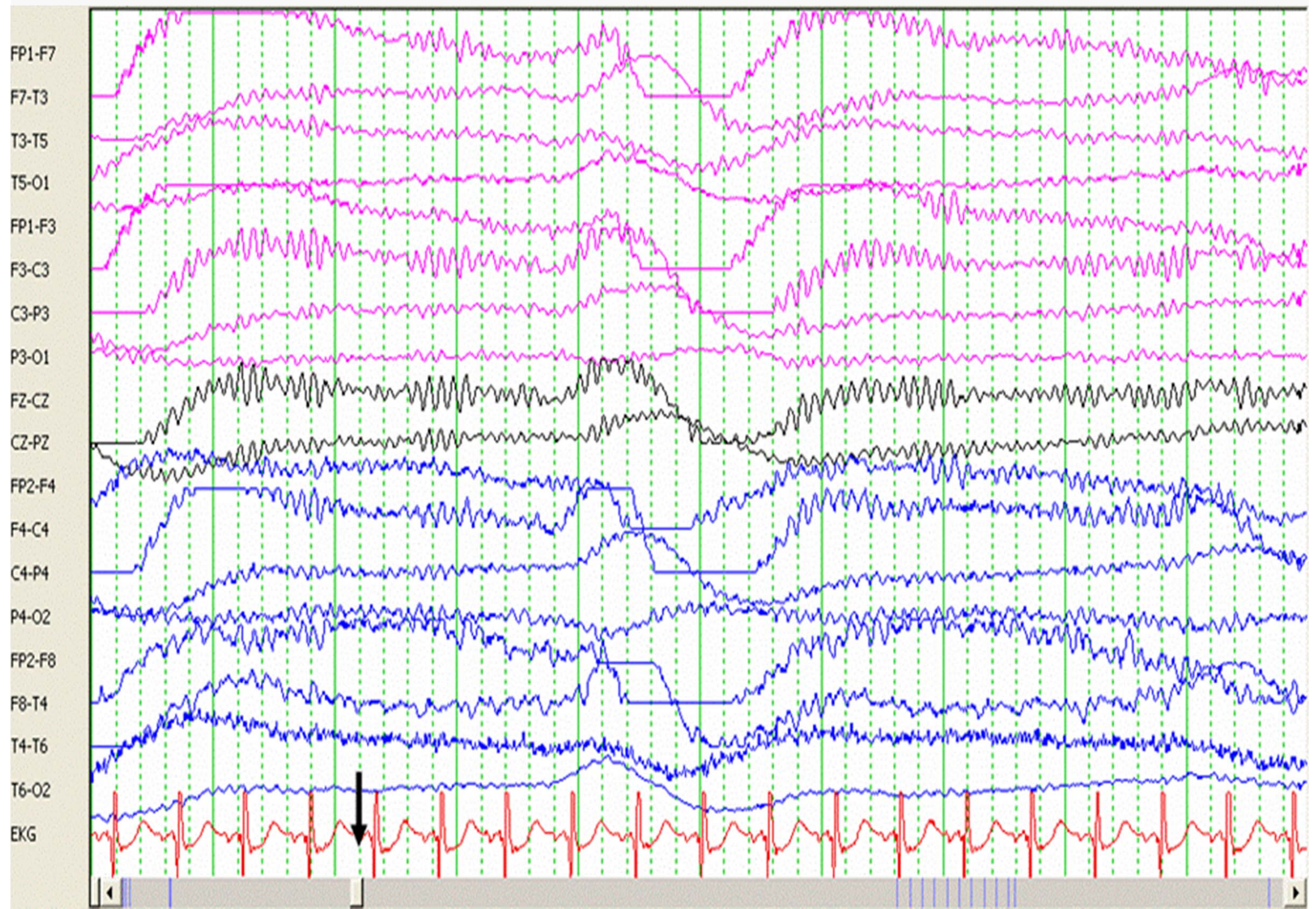


# EKG artifact



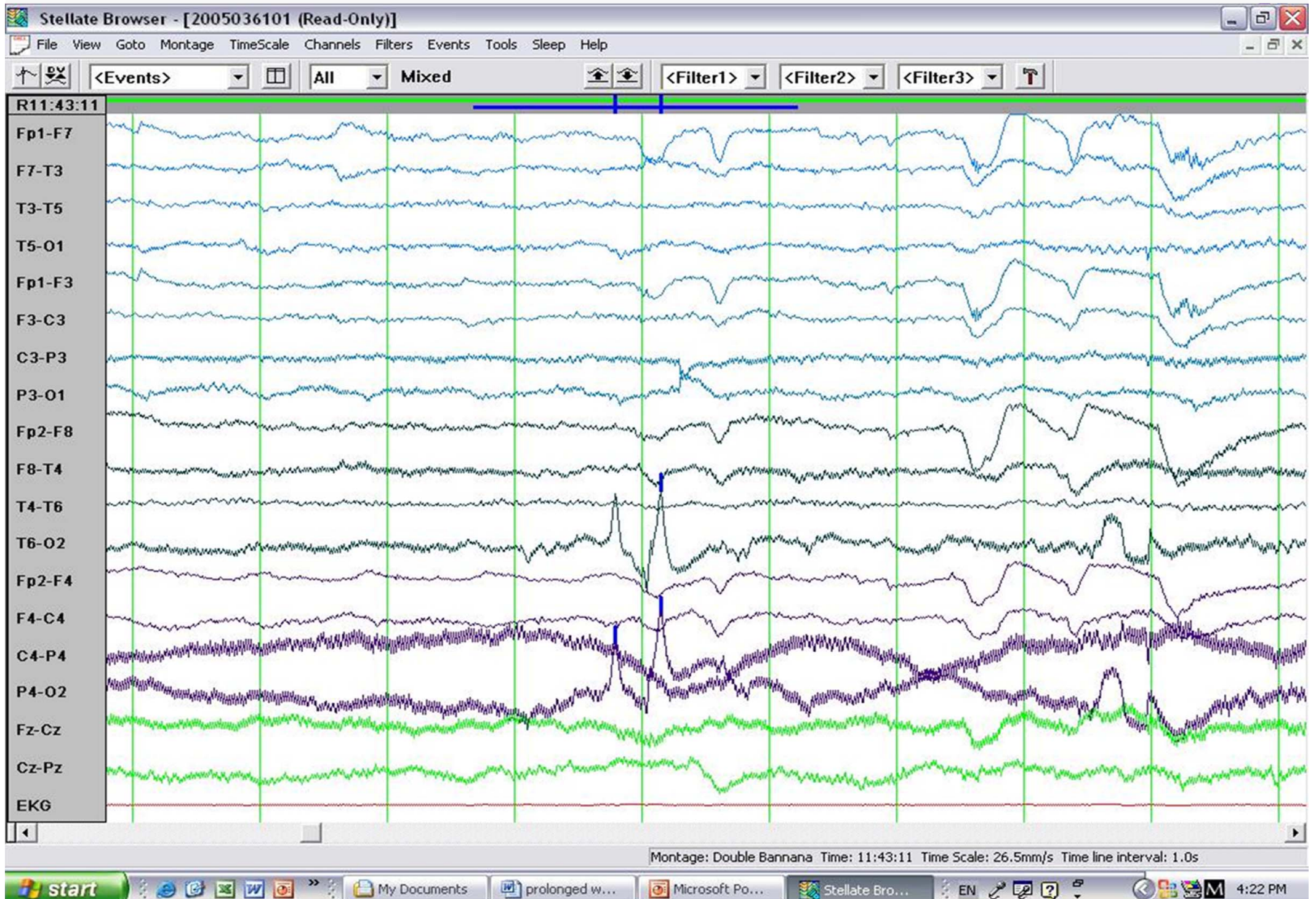


# Sweat artifact





# Electrode pop up artifact





# Electrode pop up artifact

