

# EEG patterns in status epilepticus

นพ. ทิพากร ตุ้มนาค สถาบันประสาทวิทยา กรุงเทพมหานคร





Interictal epileptiform discharges aid in the diagnosis of epilepsy and are sometimes the only abnormal finding encountered on routine EEG.

## **ICTAL DISCHARGES**

An epileptic seizure is defined as "a transient occurrence of signs and/or symptoms due to abnormal excessive or synchronous neuronal activity in the brain." According to their clinical and electrographic onsets, seizures are classified as focal, generalized, or unknown

## **ICTAL PATTERNS**

observed EEG changes during seizures. The ictal discharges during seizures do not always consist of repetitive spikes or sharp waves; instead, ictal discharges vary in morphology (eg, sharply contoured or not), frequency, and distribution. Frequently, ictal discharges show evolution patterns with changes in **frequency**, **amplitude**, **field**, **or morphology** during the course of the seizure

Neurology continuum Epilepsy April 2019, Vol.25, No.2

# Classification of status epilepticus.



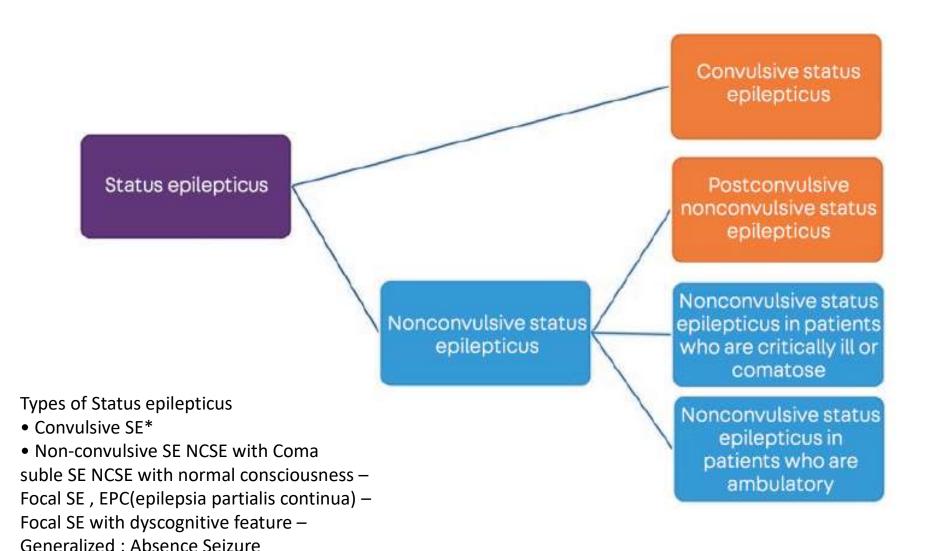
# SPECIAL REPORT

# A definition and classification of status epilepticus – Report of the ILAE Task Force on Classification of Status Epilepticus

\*†‡Eugen Trinka, §Hannah Cock, ¶Dale Hesdorffer, #Andrea O. Rossetti, \*\*Ingrid E. Scheffer, ††Shlomo Shinnar, ‡‡Simon Shorvon, and §§Daniel H. Lowenstein

Epilepsia, 56(10):1515–1523, 2015 doi: 10.1111/epi.13121

Epilepsia, 56(10):1515–1523, 2015



Neurology continuum Epilepsy April 2019, Vol.25, No.2



# Table 1. Operational dimensions with $t_1$ indicating the time that emergency treatment of SE should be started and $t_2$ indicating the time at which long-term consequences may be expected

		Operational dimension 2					
	Operational dimension I	Time $(t_2)$ , when a seizure may					
	Time $(t_1)$ , when a seizure is likely to	cause long term consequences					
	be prolonged leading to continuous	(including neuronal injury, neuronal death, alteration					
Type of SE	seizure activity	of neuronal networks and functional deficits)					
Tonic-clonic SE	5 min	30 min					
Focal SE with impaired	10 min	>60 min					
consciousness							
Absence status epilepticus	10–15 min <sup>a</sup>	Unknown					
<sup>a</sup> Evidence for the time frame is currently limited and future data may lead to modifications.							

Epilepsia, 56(10):1515-23,2015

## Neurocritical Care Society 2012

Stabilize patient

(Airway, breathing, circulation, disability)

Finger-stick glucose

IV access and blood work

Emergent AED administration:

Benzodiazepines

IV lorazepam (0.1 mg/kg up to 4 mg)
IM midazolam (0.2 mg/kg up to 10 mg)

IV diazepam (0.15 mg/kg up to 10 mg)

0–5 minutes

## American Epilepsy Society 2016

Stabilize patient

(Airway, breathing, circulation, disability)

Finger-stick glucose

IV access and blood work



Urgent AED-5-10 minutes

IV fosphenytoin/phenytoin (20 mg/kg)

IV valproate sodium (20-40 mg/kg)

IV phenobarbital (20 mg/kg)

IV levetiracetam (1000-3000 mg)

Midazolam infusion

5-20 minutes

Benzodiazepine administration

IM midazolam (10 mg if >40 kg)

IV lorazepam (0.1 mg/kg/dose, maximum

4 mg/dose)

IV diazepam (0.15-0.2 mg/kg/dose,

maximum 10 mg)

Refractory status epilepticus treatments-20-60 minutes-after second AED

Midazolam (0.2 mg/kg; infusion rate of 2 mg/min)

Pentobarbital (5–15 mg/kg, may give an additional 5–10 mg/kg; administer at an infusion rate ≤50 mg/min)

Propofol (20 mcg/kg/min with

1-2 mg/kg loading dose)

Thiopental (2-7 mg/kg; administer at an infusion rate ≤50 mg/min) 20-40 minutes Second AED

IV fosphenytoin (20 mg/kg, maximum 1500 mg)

IV valproate sodium (40 mg/kg, maximum 3000 mg/dose)

IV levetiracetam (60 mg/kg, maximum 4500 mg/dose)

Or if none are available, IV phenobarbital (15 mg/kg)

40-60 minutes Third therapy phase

Repeat second-line therapy or anesthetic doses of thiopental, midazolam, pentobarbital, or propofol with continuous EEG monitoring

Neurology continuum Epilepsy April 2019, Vol.25, No.2

# Table 5. SE in selected electroclinical syndromes according to age

SE occurring in neonatal and infantile-onset epilepsy syndromes
Tonic status (e.g., in Ohtahara syndrome or West syndrome)
Myoclonic status in Dravet syndrome
Focal status
Febrile SE

SE occurring mainly in childhood and adolescence Autonomic SE in early-onset benign childhood occipital epilepsy (Panayiotopoulos syndrome)

NCSE in specific childhood epilepsy syndromes and etiologies (e.g., Ring chromosome 20 and other karyotype abnormalities, Angelman syndrome, epilepsy with myoclonic-atonic seizures, other childhood myoclonic encephalopathies; see Appendices I–3)

Tonic status in Lennox-Gastaut syndrome Myoclonic status in progressive myoclonus epilepsies Electrical status epilepticus in slow wave sleep (ESES) Aphasic status in Landau-Kleffner syndrome

SE occurring mainly in adolescence and adulthood Myoclonic status in juvenile myoclonic epilepsy Absence status in juvenile absence epilepsy Myoclonic status in Down syndrome

SE occurring mainly in the elderly Myoclonic status in Alzheimer's disease

Nonconvulsive status epilepticus in Creutzfeldt-Jakob disease

De novo (or relapsing) absence status of later life

These forms of SE may be encountered prevalently in some age groups, but not exclusively.





# Table 4. Etiology of status epilepticus

Known (i.e., symptomatic)

Acute (e.g., stroke, intoxication, malaria, encephalitis, etc.)

Remote (e.g., posttraumatic, postencephalitic, poststroke, etc.)

Progressive (e.g., brain tumor, Lafora's disease and other PMEs, dementias)

SE in defined electroclinical syndromes

Unknown (i.e., cryptogenic)

Epilepsia, 56(10):1515–1523, 2015

# AXIS 3: EEG correlates



Currently there are no evidence-based EEG criteria for SE. Based on large descriptive series and consensus panels from 5 papers

## terminology to describe EEG patterns in SE:

- 1 Location: generalized (including bilateral synchronous patterns), lateralized, bilateral independent, multifocal.
- 2 Name of the pattern: Periodic discharges, rhythmic delta activity or spike-and-wave/sharp-and-wave plus subtypes.
- 3 Morphology: sharpness, number of phases (e.g., triphasic morphology), absolute and relative amplitude, polarity.
- 4 **Time-related features:** prevalence, frequency, duration, daily pattern duration and index, onset (sudden vs. gradual), and dynamics (evolving, fluctuating, or static).
- 5 Modulation: stimulus-induced vs. spontaneous.
- 6 Effect of intervention (medication) on EEG.

Epilepsia, 56(10):1515-1523, 2015

## ACNS Standardized Critical Care EEG Terminology (2012)

## Overview -

Standardized terminology of periodic and rhythmic EEG patterns in the critically ill has been proposed by the ACNS and is reproduced in outline form below. This terminology is designed for research purposes, not for clinical use. Terms were chosen to avoid clinical connotations and to ensure adequate inter-rater reliability.

The full text of the article: American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology: 2012 version can be found at the ACNS website, here: http://www.acns.org/pdf/guidelines/Guideline-14.pdf



## Rhythmic or periodic patterns -

All terms consist of main term # 1 followed by #2, with modifiers added as appropriate.

## Main Term 1

- Generalized (G)
- Lateralized (L)
- Bilateral Independent (BI)
- Multifocal (Mf)

## Main Term 2

- · Periodic Discharges (PD)
- Rhythmic Delta Activity (RDA)
- · Spike or Sharp and Wave (SW)

## Modifiers

- Prevalence
- Duration
- Frequency
- Number of phases
- Sharpness
- Amplitude
- Polarity
- Stimulus-Inducing (SI)
- · Evolving OR Fluctuating
- Plus (+)

## Minor Modifiers

- Quasi-
- · Sudden OR gradual onset
- · Triphasic morphology
- A-P or P-A lag

# Sporadic epileptiform

- Abundant
- Frequent
- Occasional
- Rare

# Background EEG

Symmetry

Posterior Dominant Rhythm

Predominant frequency

**Anterior-Posterior Gradient** 

Variability

Reactivity

Voltage

Stage II sleep transients Continuity

- Continuous
- Nearly continuous
- Discontinuous
- · Burst attenuation / suppression
- Suppression



# Proposed nomenclature

A.Rhythmic or periodic patterns

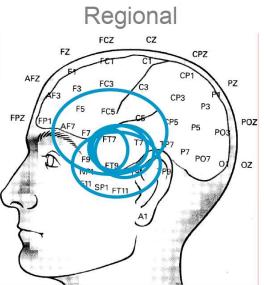
B.Minimal time epochs to be reported. Documented separately

- First 30 minutes
- Each 24 hour period

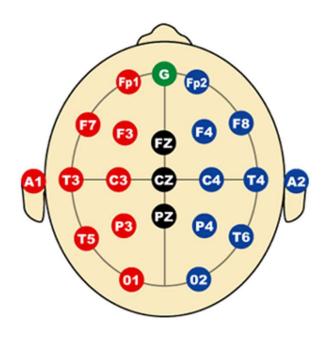
C.Quantification and categorization of sporadic (non-rhythmic and non-periodic) epileptiform discharges (includes sharp waves and spikes)

D. Background EEG

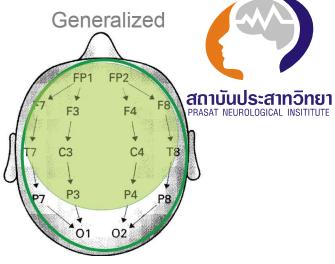
# Multiregional FCZ CZ FCZ CZ CPZ FCT CT CPT FS FC3 C3 CP3 FS FC5 CP5 P5 P03 POZ FS FT9 T9 TP9 FS FT9 TP

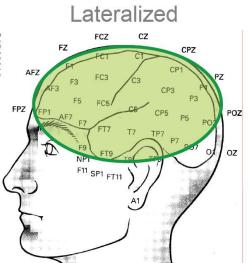


## **AXIS 3: EEG correlates**



Location



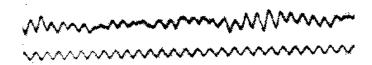


J Clin Neurophysiol . 2013 Feb;30(1):1-27

# Main Term 2 (Name of the pattern)



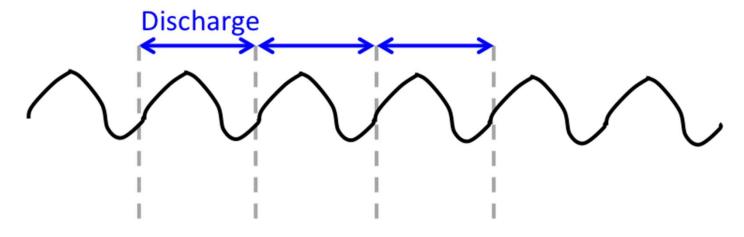
•*Rhythmic* = repetition of a waveform with relatively uniform morphology and duration and without an interval between consecutive waveforms. Duration of one cycle (the period) should vary by <50% from the duration of the subsequent cycle for the majority (>50%) of cycle pairs to qualify as a rhythmic pattern.



•Periodic discharges = repeating waveforms/discharges with (relatively) uniform morphology at nearly regular intervals. Applies only to <u>single discharges</u> (must have  $\leq 3$  phases [i.e.  $\leq 2$  baseline crossings] <u>or</u> any discharge lasting  $\leq 0.5$  sec regardless of number of phases) and not to <u>bursts</u> (discharges lasting > 0.5 sec and having  $\geq 4$  phases [i.e.  $\geq 3$  baseline crossings]). "Nearly regular intervals" = cycle length (period) varying by < 50% from one cycle to the next in most (> 50%) cycle pairs.

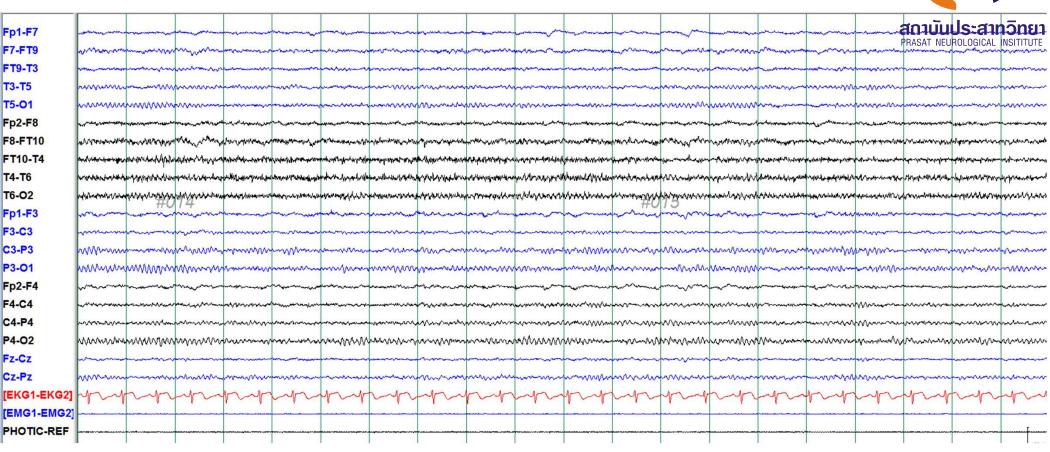
# Main term: Rhythmic





No interdischarge interval





# **Main Term: Definitions**

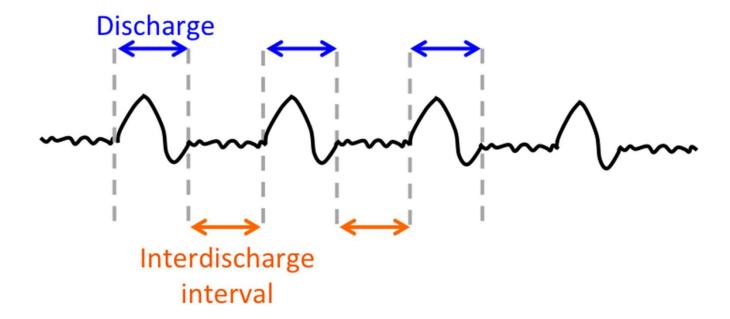


•Periodic discharges = repeating waveforms/discharges with (relatively) uniform morphology at nearly regular intervals. Applies only to <u>single discharges</u> (must have ≤3 phases [i.e. ≤2 baseline crossings] <u>or</u> any discharge lasting ≤0.5 sec regardless of number of phases) and not to <u>bursts</u> (discharges lasting >0.5 sec <u>and</u> having ≥4 phases [i.e. ≥3 baseline crossings]). "Nearly regular intervals" = cycle length (period) varying by <50% from one cycle to the next in most (>50%) cycle pairs.

•*Rhythmic* = repetition of a waveform with relatively uniform morphology and duration and without an interval between consecutive waveforms. Duration of one cycle (the period) should vary by <50% from the duration of the subsequent cycle for the majority (>50%) of cycle pairs to qualify as a rhythmic pattern.











**Periodic discharges** = repeating waveforms/discharges with (relatively) uniform morphology at nearly regular intervals.

Applies *only* to <u>single discharges</u> (must have  $\leq 3$  phases [i.e.  $\leq 2$  baseline crossings] <u>or</u> any discharge lasting  $\leq 0.5$  sec regardless of number of phases) and *not* to <u>bursts</u> (discharges lasting > 0.5 sec <u>and</u> having  $\geq 4$  phases [i.e.  $\geq 3$  baseline crossings]). "Nearly regular intervals" = cycle length (period) varying by < 50% from one cycle to the next in most (> 50%) cycle pairs.

# **IIC EEG patterns**



- Rhythmic delta activity (RDA): LRDA, GRDA
- Periodic discharges (PDs): LPD, GPD, BiPD, MfPD
- Spike or sharp wave discharges (SW)



Table 1
Old and new terms of EEG patterns in the patients with critical illness, modified according to the 2012 version of the American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology [2].

Commonly used terminology	New terminology		
Triphasic waves (TWs)	Continuous 2/s GPDs with triphasic morphology		
Periodic lateralized epileptiform discharges (PLEDs)	Lateralized periodic discharges (LPDs)		
Bilateral periodic epileptiform discharges (BiPLEDs)	Bilateral periodic discharges (BPDs)		
Generalized periodic epileptiform discharges (GPEDs)	Generalized periodic discharges (PDs)		
Frontal intermittent rhythmic delta activity (FIRDA)	Occasional frontally predominant brief 2/s generalized rhythmic delta activity		
Stimulus-induced rhythmic, periodic, or ictal discharges (SIRPIDs) with focal evolving rhythmic delta activity	Stimulus-induced-evolving lateralized rhythmic delta activity (SI-evolving LRDA)		
Lateralized seizure, delta frequency range	Evolving lateralized rhythmic delta activity (LRDA)		
Semirhythmic delta	Quasi RDA		
Coma with lateralized epileptiform discharges (coma-LEDs) [14]	Coma with lateralized periodic discharges (coma-LPDs)		
Coma with generalized epileptiform discharges (coma-GEDs)	Coma with generalized periodic discharges (coma-GPDs)		

Hirsch LJ et al; J Clin Neurophysiol 2013

# TABLE 1. New Terms for Older Terms

OLD Term		<b>NEW Term</b>
Triphasic waves, most of record	=	continuous 2/s GPDs (with triphasic morphology)
PLEDs	=	LPDs
BIPLEDs	$x_{ij}=x_{ij}$	BIPDs
GPEDs/PEDs	$\hat{x}_{i}=\hat{x}_{i}$	GPDs
FIRDA		Occasional frontally predominant brief 2/s GRDA
PLEDS+	_	(if 1-10% of record) LPDs+
10 10 10 10 10 10 10 10 10 10 10 10 10 1		2000 C C C C C C C C C C C C C C C C C C
SIRPIDs* w/ focal evolving RDA	=	SI-Evolving LRDA
Lateralized seizure, delta frequency	\$ <b>=</b> \$	Evolving LRDA
Semirhythmic delta	=	Quasi-RDA

<sup>\*</sup>SIRPIDs = stimulus-induced rhythmic, periodic or ictal discharges.



# **Ictal-Interictal Continuum**



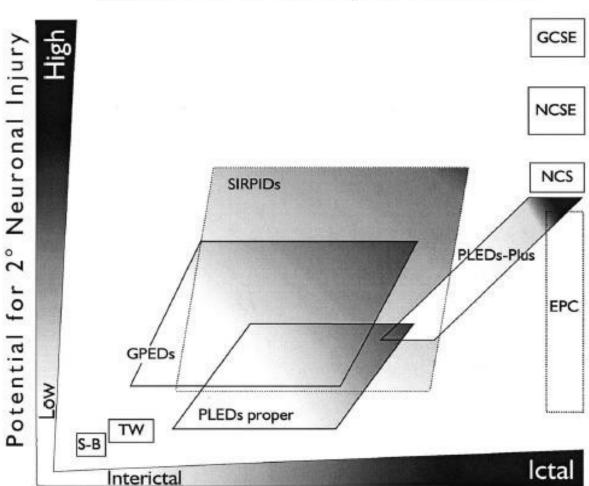


Etiology:
clinical evaluation / Imagine
/ Laboratory test

Treatment :
Benzodiazepine /
Antiepileptic

Outcomes: clinical and neurophysiology improvement / worsening

# The Ictal-Interictal-Injury Continuum



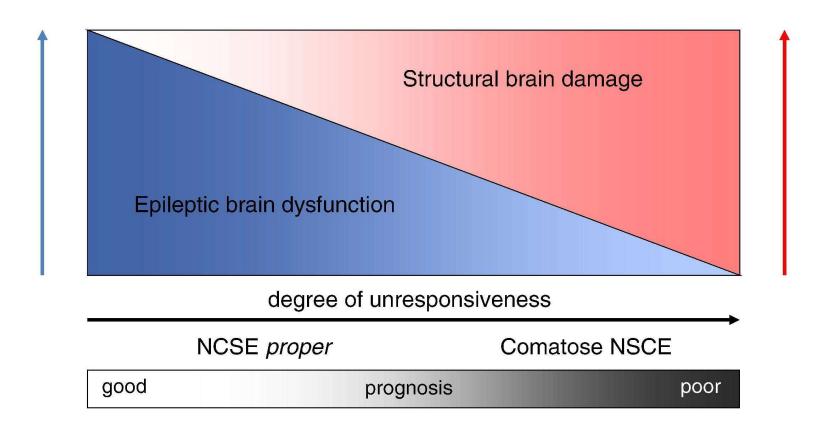


Chong DJ and Hirsch LJ et al; J Clin Neurophysiol 2005

AS in IGE Late AS de novo Atypical AS Focal SE with impaired consciousness, Aura continua, Status aphasicus Acute symptomatic focal SE +/- EPC Com

Coma with GPD Coma with LPD





# Coma and PLEDs were predictors of Delayed time to first seizure

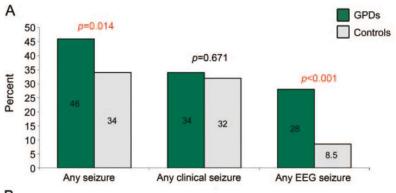
สถาบันประสาทจิ

Table 4 Other cEEG findings in patients with seizures on cEEG, n = 110

	Seizures	on cEEG monitor	Time of cEEG monitoring to first seizure $>$ 24 h			
Findings	Yes, n = 110	No, n = 460 p		Yes, $n = 14$	No, n = 96	p
Periodic epileptiform findings						,
Any	49 (45)	82 (20)	< 0.001	9 (64)	40(42)	NS
PLED	44 (40)	46 (11)	< 0.001	9 (64)	35 (37)	0.047
GPED	19 (17)	24(6)	< 0.001	2 (14)	17 (18)	NS
BiPLED	7(6)	13 (3)	NS	0 (0)	7(7)	NS
Triphasic waves	4 (4)	25 (6)	NS	0 (0)	4 (4)	NS
Frontal intermittent rhythmic delta activity	11 (10)	35 (9)	NS	2 (14)	9 (10)	NS
Suppression burst	35 (32)	13 (3)	< 0.001	4 (29)	31(32)	NS

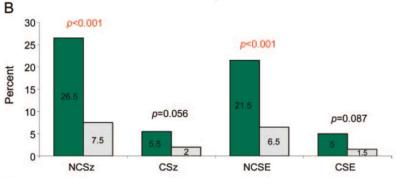
Data are given as n (%). Some patients had multiple EEG patterns documented on continuous EEG (cEEG). The observed EEG findings do not have a constant temporal relationship, and seizures may precede other EEG findings in individual patients or vice versa.

PLED = periodic lateralized epileptiform discharges; GPED = generalized PED; BiPLED = bilateral PLED.

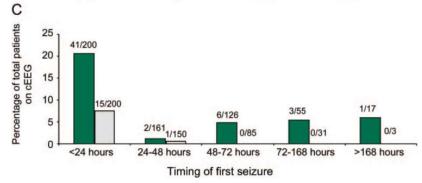




(A) Comparison of seizure occurrence at any time in patients with GPDs vs controls (%).



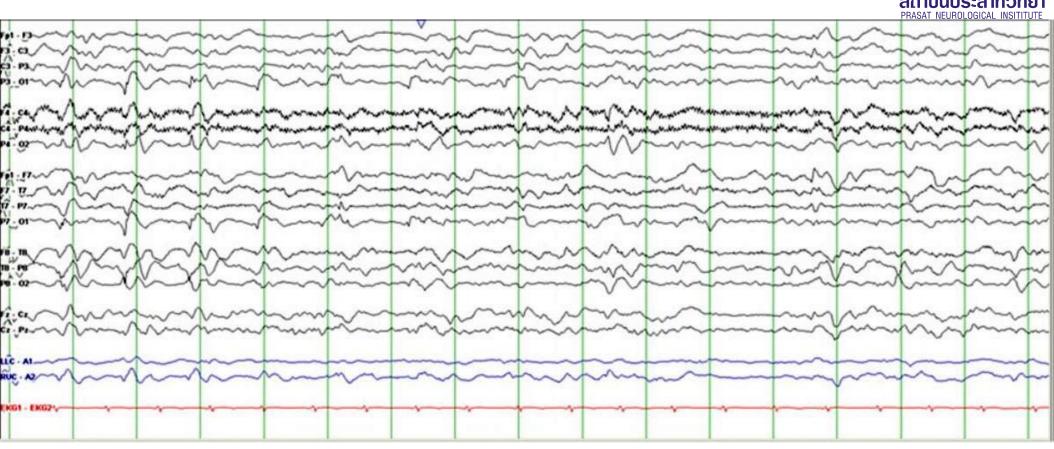
(B) Comparison of seizures during continuous EEG monitoring (cEEG) in patients with GPDs vs controls (%)



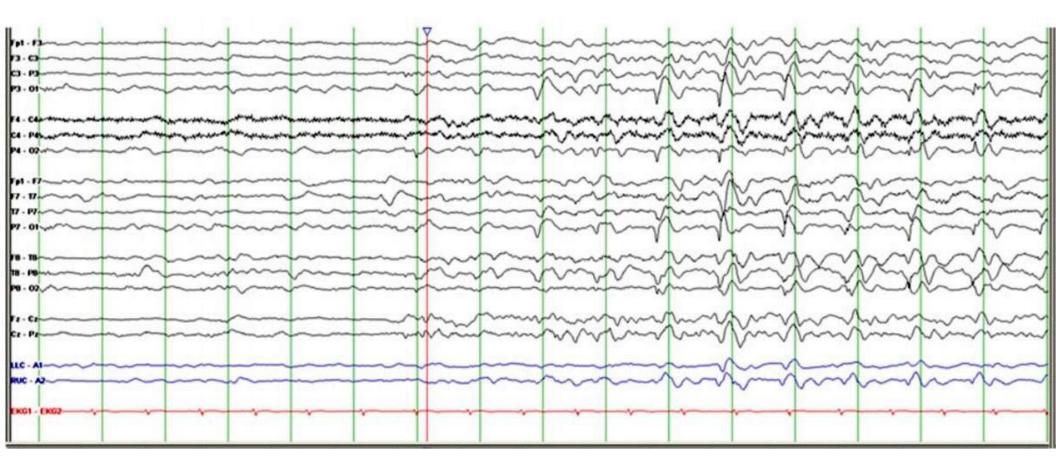
(C) Timing of first recorded seizure in patients with GPDs vs controls.

Neurology. 2012 Nov 6; 79(19): 1951–1960.

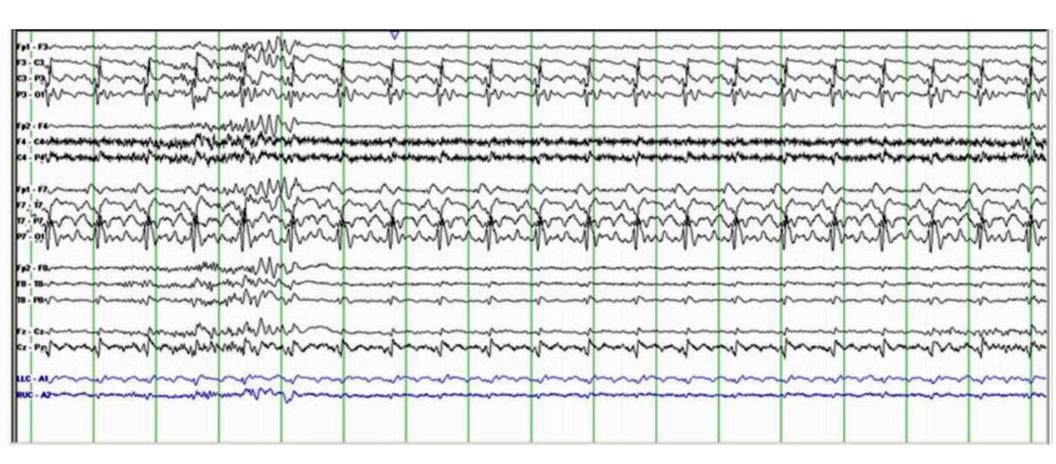














# Ictal EEG patterns and criteria for nonconvulsive status epilepticus





# 2013:

Salzburg Consensus Criteria for diagnosis of Non-Convulsive Status Epilepticus (SCNC) were proposed at the 4th London-Innsbruck Colloquium on status epilepticus in Salzburg

# In Addition, 2012:

American Clinical Neurophysiology Society's Standardized Critical Care EEG Terminology, 2012 version (ACNS criteria)



Epilepsia, 54(Suppl. 6):28–29, 2013 doi: 10.1111/epi.12270

# **STATUS EPILEPTICUS 2013**

# Unified EEG terminology and criteria for nonconvulsive status epilepticus

\*†Sandor Beniczky, ‡Lawrence J. Hirsch, §Peter W. Kaplan, ¶Ronit Pressler, \*\*Gerhard Bauer, ††‡‡Harald Aurlien, ††‡‡Jan C. Brøgger, and §§Eugen Trinka

\*Department of Clinical Neurophysiology, Danish Epilepsy Center, Dianalund, Denmark; †University of Aarhus, Aarhus, Denmark; †Department of Neurology, Yale University School of Medicine, New Haven, Connecticut, U.S.A.; §Department of Neurology, The Johns Hopkins Bayview Medical Center, Baltimore, Maryland, U.S.A.; ¶Great Ormond Street Hospital for Children, NHS Foundation Trust, London, United Kingdom; \*\*Department of Neurology, Medical University of Innsbruck, Innsbruck, Austria; ††Department of Neurology, Haukeland University Hospital, Bergen, Norway; ‡Department of Clinical Medicine, University of Bergen, Bergen, Norway; and §§Department of Neurology, Paracelsus Medical University, Salzburg, Austria

# **Working Clinical Criteria for Nonconvulsive Status Epilepticus**



# Patients without known epileptic encephalopathy

- -Epileptiform Discharges > 2.5 Hz
- -Epileptiform Discharges ≤ 2.5 Hz or rhythmic delta/theta activity (>0.5 Hz)

# AND one of the following:

- EEG and clinical improvement after IV AED
- Subtle clinical ictal phenomena during the EEG patterns mentioned
- Typical spatiotemporal evolution

# **Working Clinical Criteria for Nonconvulsive Status Epilepticus**

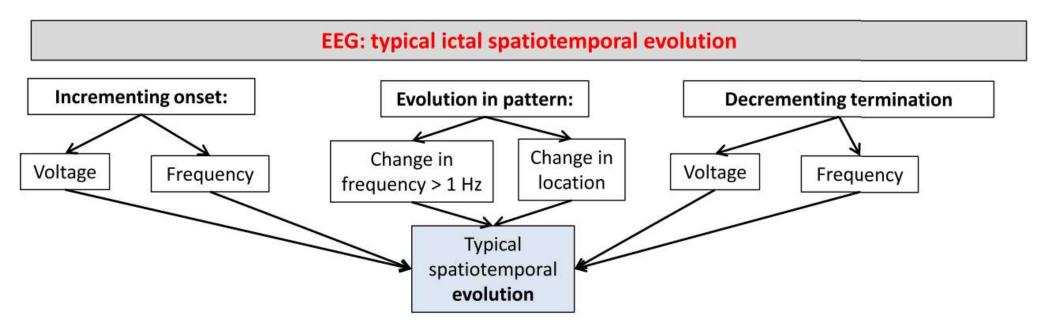


# Patients with known epileptic encephalopathy

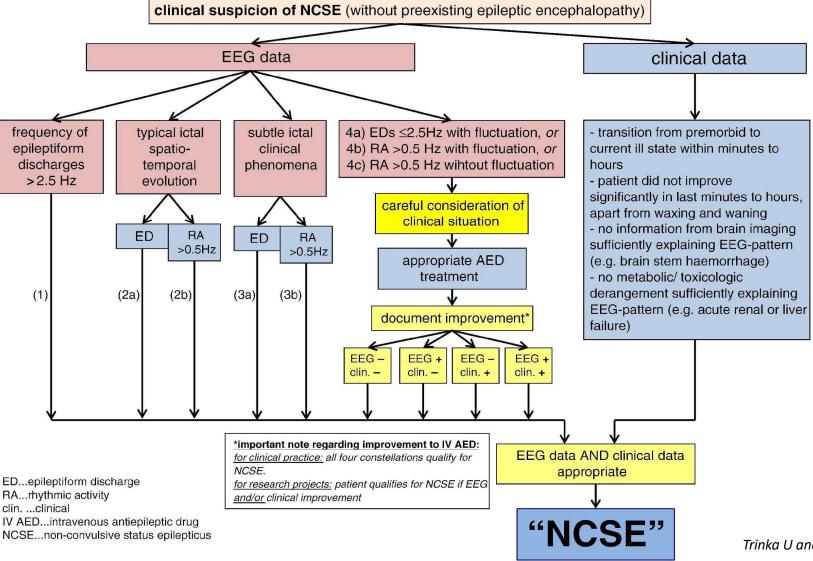
West, Landau/Kleffner, Otahara, Early Myoclonic infancy, Dravet, Lennox-Gastaut, Doose)

- Increase in prominence or frequency of the features mentioned above, when compared to baseline with observable change in clinical state
- Improvement of clinical and EEG features with IV AEDs
- -Epileptiform Discharges > 2.5 Hz
- -Epileptiform Discharges ≤ 2.5 Hz or rhythmic delta/theta activity (>0.5 Hz)



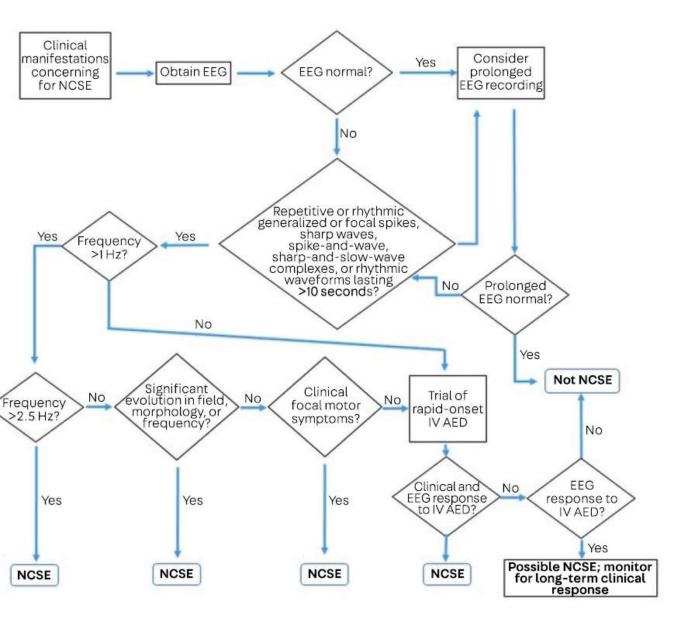


Trinka U and Leitinger M; Epilepsy & Behav 2015





Trinka U and Leitinger M; Epilepsy & Behav2015





Neurology continuum Epilepsy April 2019, Vol.25

# 5 Modulation: (SIRPIDs) Stimulus-induced rhythmic, periodic, or ictal discharge รู้ ASAT NEUROLOGICAL INSITT

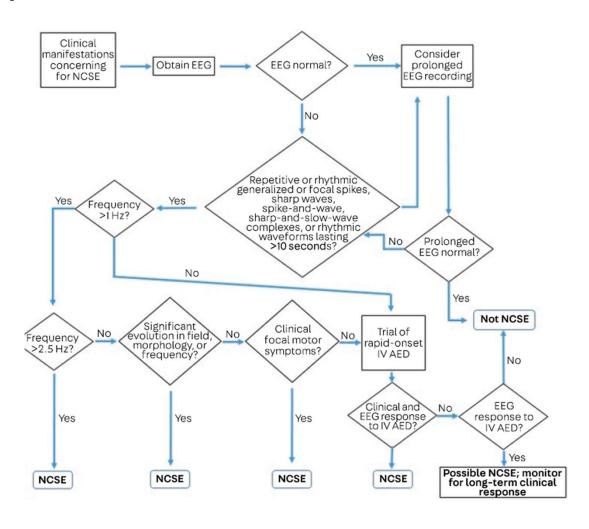
- induced by alerting stimuli such as auditory stimuli, sternal rub, examination, suctioning, turning, and other patient-care activities
- commonly elicited by stimulation in critically ill (stuporous or comatose),
   encephalopathic patients
- Pathophysiology of SIRPIDs is unknown
- The relationship between clinical seizures and SIRPIDs is unclear, although some association is found between SIRPIDs and clinical status epilepticus

Epilepsia . 2004 Feb;45(2):109-23.

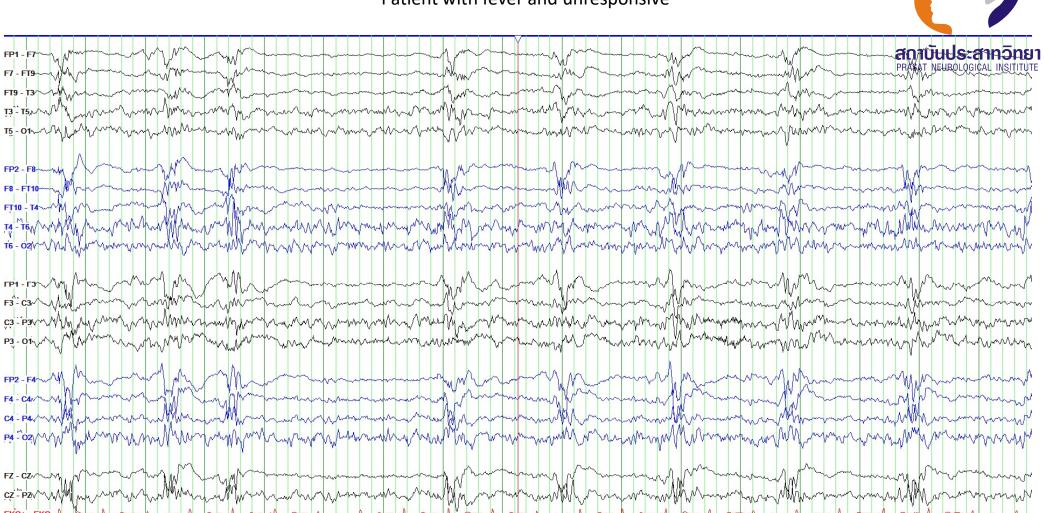
### 6 Effect of intervention (medication)

### EEG patterns and their correlation with NCS/NCSE

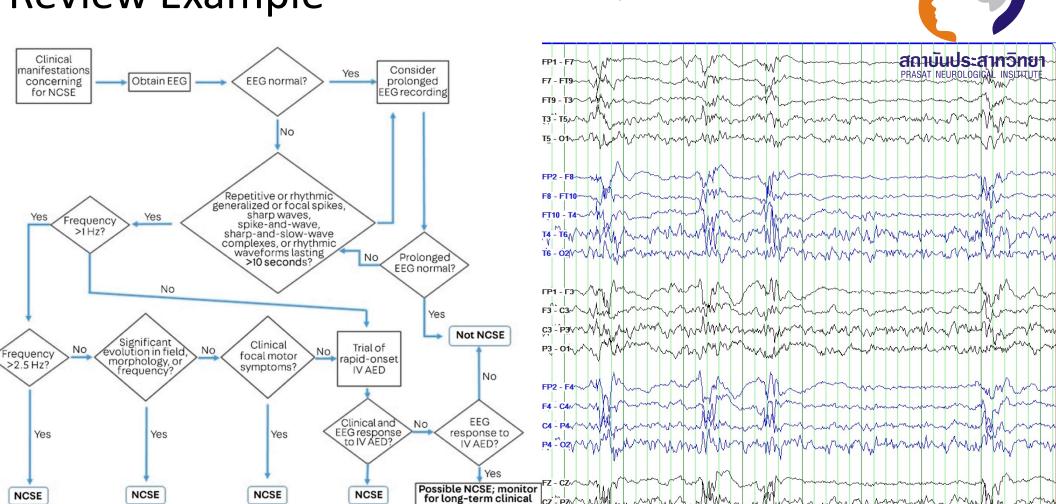
EEG patterns	Do NOT reflect NCSE <u>NOT TREATED</u>	Reflect NCSE Should be <u>TREATED</u>	BORDERLINE Of NCSE in coma One additional criteria is needed to diagnose NCSE
<ul> <li>Classical coma patterm</li> <li>Diffuse polymorphic delta activity</li> <li>Spindle coma</li> <li>Alpha/theta coma</li> <li>Low votage</li> <li>Burst suppression</li> </ul>	× × × ×		
<ul> <li>Ictal patterns with typical spatiotemporal evolution</li> <li>Epileptiform discharges &gt; 2.5 Hz in comatose patients</li> </ul>		×	
<ul><li>❖ GPDs or LPDs &lt; 2.5 Hz</li><li>❖ Rhythmic discharges (RDs) &gt; 0.5 Hz</li></ul>			× ×



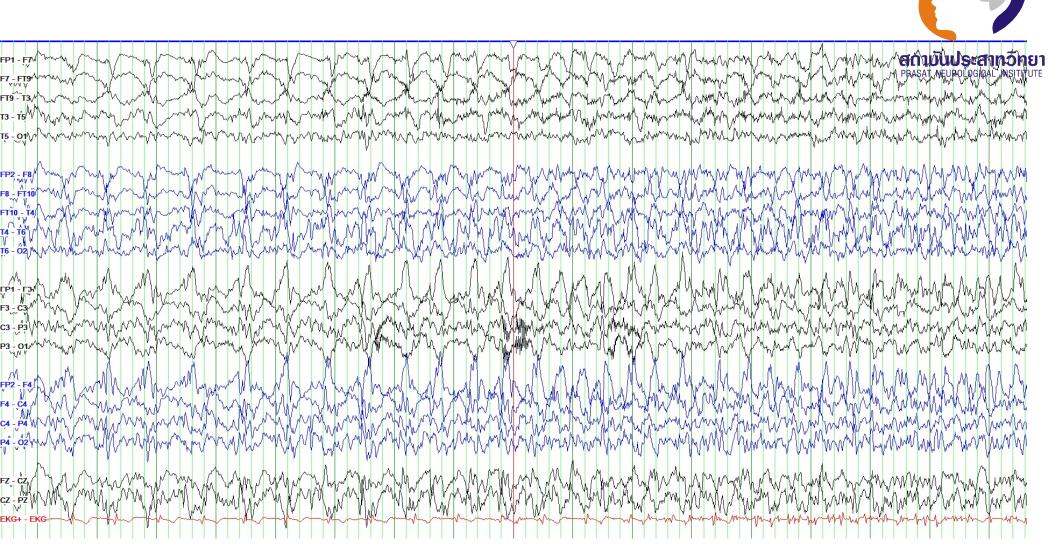


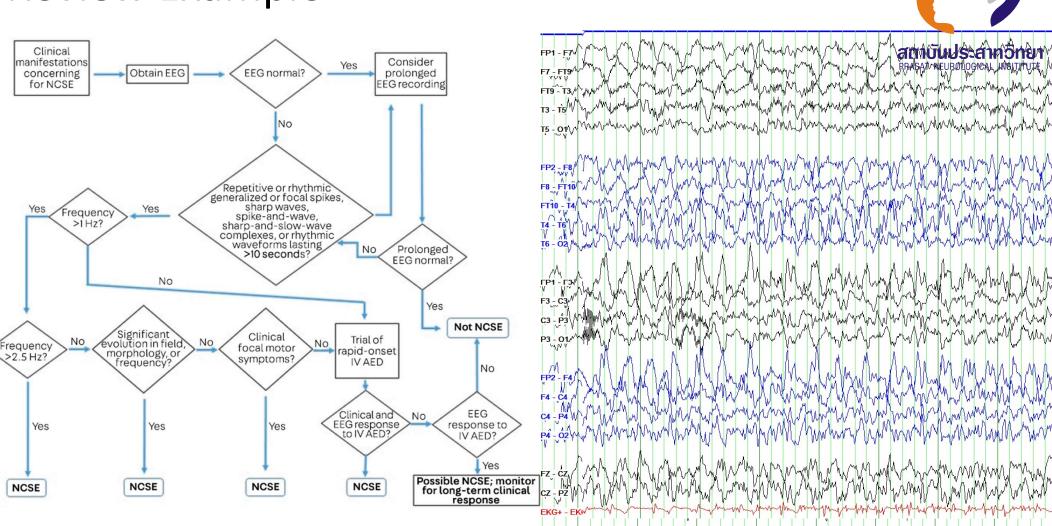


#### Patient with fever and unresponsive



response

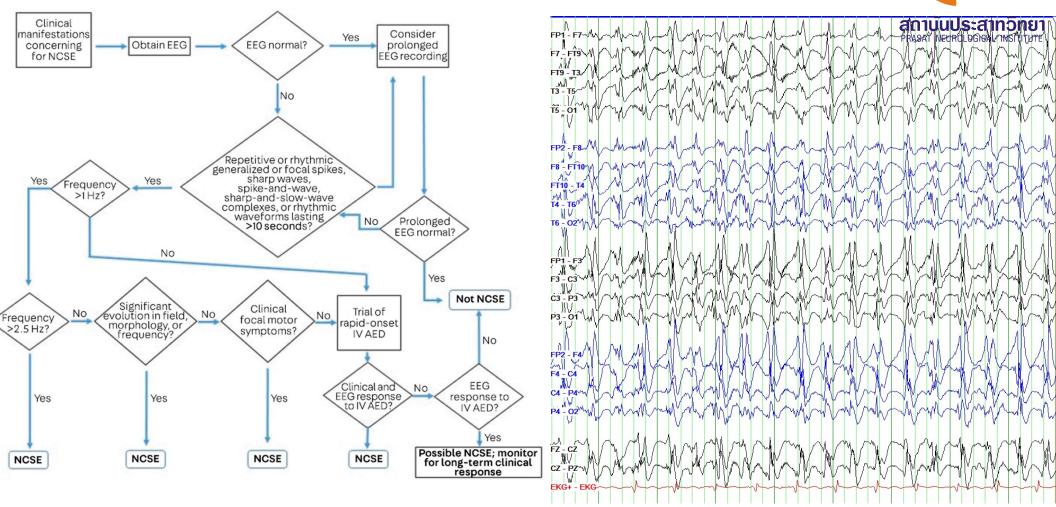




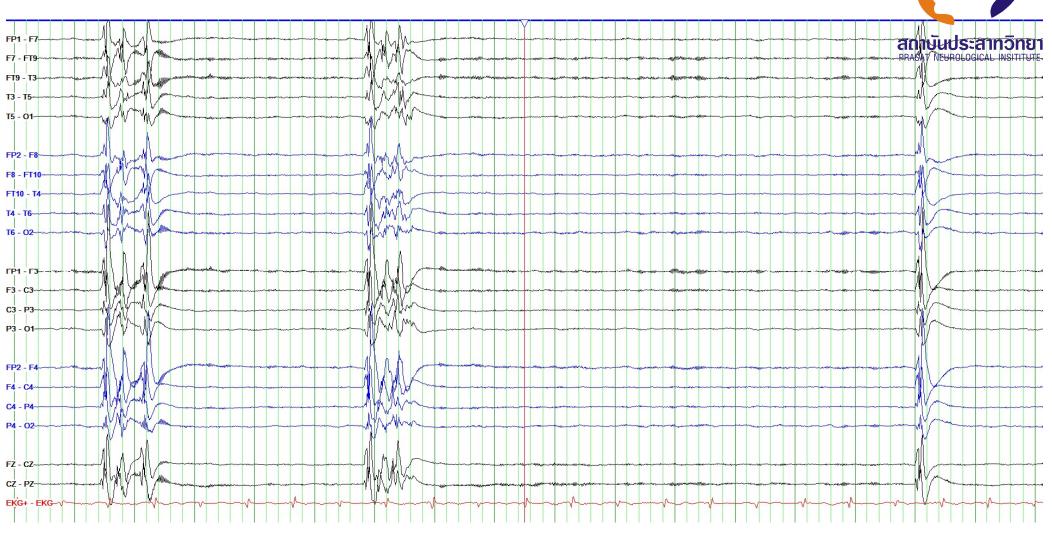


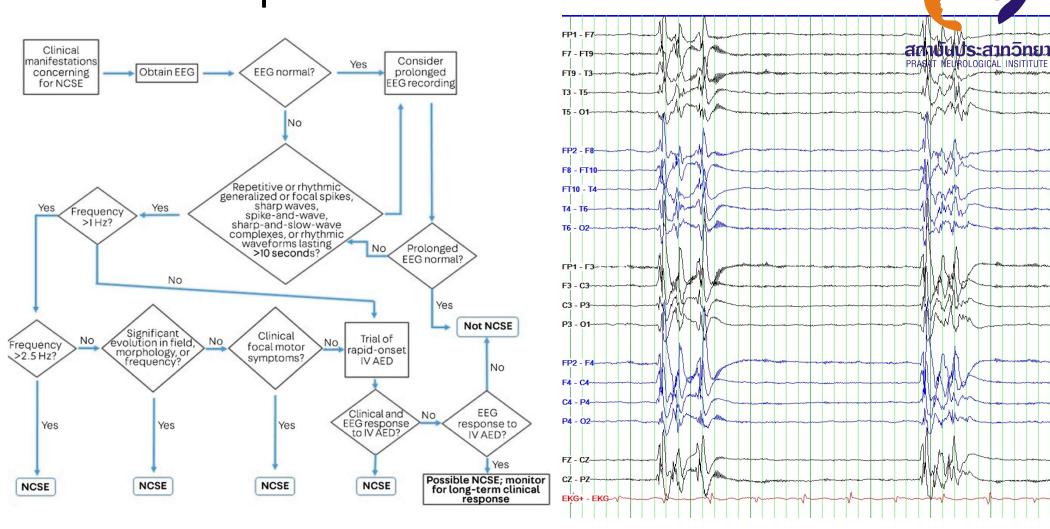










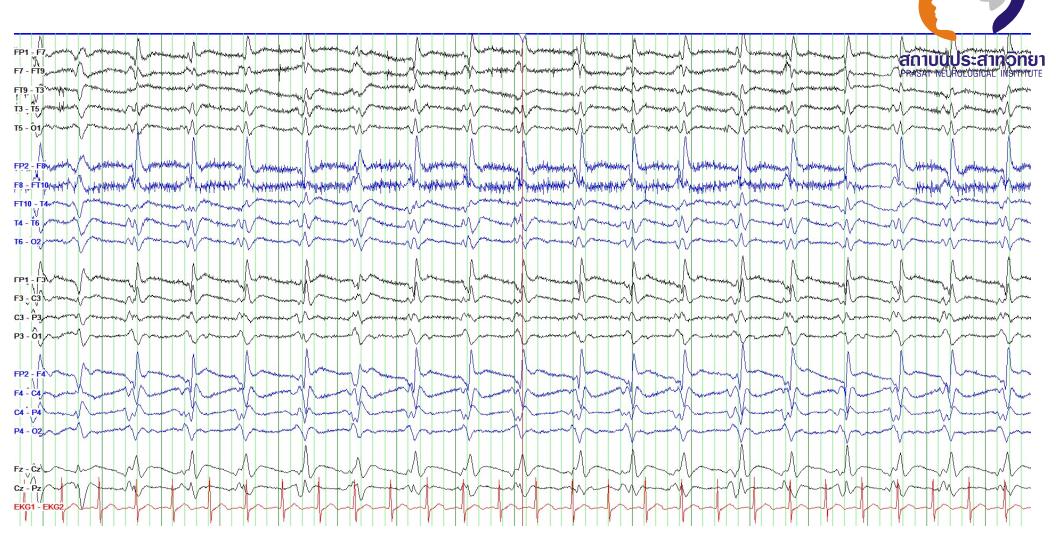


# **Main Term: Definitions**

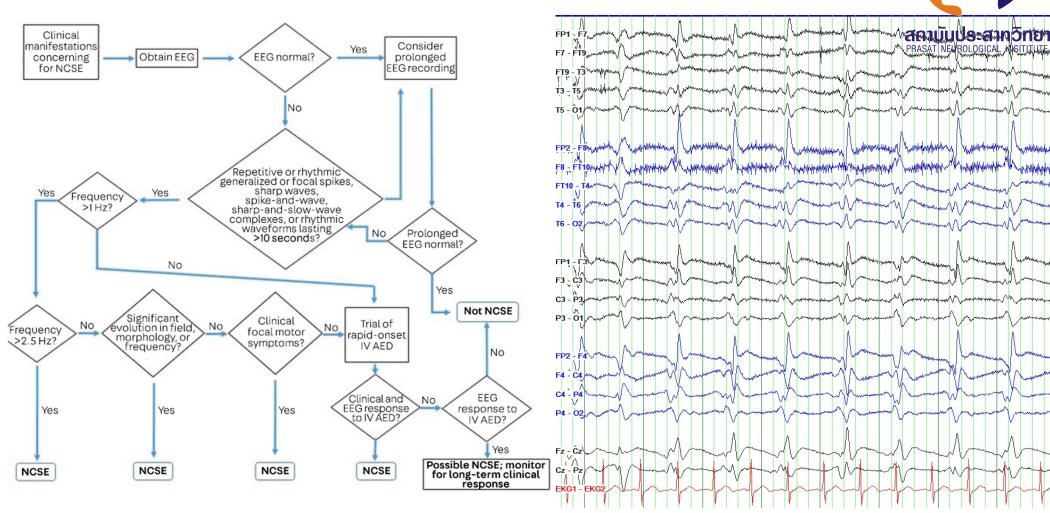


•Periodic discharges = repeating waveforms/discharges with (relatively) uniform morphology at nearly regular intervals. Applies only to <u>single discharges</u> (must have ≤3 phases [i.e. ≤2 baseline crossings] <u>or</u> any discharge lasting ≤0.5 sec regardless of number of phases) and not to <u>bursts</u> (discharges lasting >0.5 sec <u>and</u> having ≥4 phases [i.e. ≥3 baseline crossings]). "Nearly regular intervals" = cycle length (period) varying by <50% from one cycle to the next in most (>50%) cycle pairs.

•*Rhythmic* = repetition of a waveform with relatively uniform morphology and duration and without an interval between consecutive waveforms. Duration of one cycle (the period) should vary by <50% from the duration of the subsequent cycle for the majority (>50%) of cycle pairs to qualify as a rhythmic pattern.







#### **ICTAL PATTERNS**

